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https://raypecsunriseoptimists.com

# PROMISE YOURSELF RP SUNRISE OPTIMIST, OCTOBER 7, 2025 Vol 10 - Issue 2

# A New Year, New Connections, and Renewed Optimism

The Ray-Pec Optimist Club kicked off the new fiscal year with warmth, purpose, and powerful moments of connection. President Mike Sanders led today's meeting with enthusiasm, ushering in a fresh chapter of service and growth.

# Welcome to Our New Members!

We're thrilled to officially welcome Greg Rich to the club! Also joining us today was Dave McDougal, whose story touched every heart in the room. Dave shared that he lost his wife on 9/11 and had been eating breakfast alone just weeks ago when he was invited to join our meeting—and his meal was covered by the club. He called us "lifesavers." His gratitude reminds



us why we gather: to uplift, include, and serve.

## **Conference Reflections**

President Sanders reflected on the recent joint East-West District Conference, calling it "one of the very best conferences" he's ever attended. The keynote by Middle America Regional Vice President Liz Christman was described as "the best speech" he's heard—an inspiring moment for all who attended. Members from both districts left energized and informed, with a commitment to host another joint conference in the first quarter of next year.

# **Looking Ahead**

With new members, renewed energy, and a shared vision, we're entering this fiscal year ready to make a difference. Let's continue to be the kind of club that changes lives—one breakfast, one conversation, one act of kindness at a time.



Ray Pec Sunrise Optimists were awarded the Top Club in the WEMO District out of 42 clubs. Ray Pec Optimists scored 89,220 points for the 31 projects and club building completed in 2024-2025 fiscal year! Next Week: Bring Trucks, Vans and Dollies to transport dictionaries to 3<sup>rd</sup> Graders!

# **Upcoming Events see**

Greg Rich, Ed Russell, Mike Sanders, Richard Sanders, Kris Turnbow, Denise Woolf

https://raypecsunriseoptimists.com for details

**Tue 10/14** – 6:30 am Amy Hellums, Art Department **Tue 10/21** – 6:30 am Students of the Month, Candela Cazoria Benitez (Spain), Zach Houston &

Lake Mary Residential School

**Tue 10/28** – 6:00 pm TBA



Governor- Brian Mills 2025-2026 Home Club – Ray Pec Sunrise Optimists

Outgoing Governor: Don Beaty



# These individuals were spotted at today's meeting!

Rob Arner, Connie Circo, Tom Circo, Gerry Eftink, Jodie Huston, Frank Jiminez, Pete Kerckhoff, Renee Kerckhoff, Alan Klein, Jim Kopetsky, Kathy Lust, Dave McDougal, Joe O'Neal,

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Alan Klein, Optimist of the Year 2024-2025 Pictured with President Mike Sanders

# **PROMISE YOURSELF**

To be **SO STRONG** that nothing can disturb you peace of mind
To talk *health, happiness and prosperity* to every person you meet.
To make all your friends feel that **THERE IS SOMETHING IN THEM** 

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to **work** only for the best and to expect only the best. To be just as enthusiastic about the **success** of others as you are about your own.

To forget the mistakes of the pass and press on to the GREATER ACHIEVEMENTS of the future.

To wear a cheerful countenance **at all times** and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have **NO TIME TO CRITICIZE OTHERS.** 

To be to large for worry, to noble for anger to strong for fear and too happy to permit the presence of trouble.

