



Middle School Transition!

*It's exciting and can feel a little scary...
for students and families alike.*

(updated June 2026)

[A Healthy Lynnfield](#) has gathered helpful information, practical tips, and resources to support you and your student as you prepare for the transition to Lynnfield Middle School.

Moving from the familiar surroundings of Huckleberry Hill or Summer Street School to a larger middle school is an exciting milestone—and it's normal for both students and parents to have questions along the way. We hope these resources help build confidence, ease any concerns, and provide guidance throughout the transition and during your student's first year at LMS. **NEW this year** - our A Healthy Lynnfield Middle School Youth Council created wonderful and informative [REELS](#) to show new students around the building!



Be sure to **Save the Date** for **5th Grade Locker Night on August 31st!** This fun and informative event is a great opportunity for students to become familiar with the school before the first day. Additional details will be shared later this summer.

If you have any questions or need support, A Healthy Lynnfield is here to help. We wish your family a wonderful summer and look forward to welcoming you to [Lynnfield Middle School!](#)

LMS Resources:

Caregivers - [Frequently Asked Questions \(FAQ\)](#)

Students - [Frequently Asked Questions \(FAQ\)](#)

[Meet the Middle School Counselors](#)

[LPS District Calendar \(click "add calendar" to add the LMS calendar to your Google, Apple, etc.\)](#)

Tips for Success:

[13 Tips for Success in Middle School](#)

[Tips for Making and Keeping Friends Sheet](#)

[7 Steps to Succeeding in Middle School](#)

["What's the best way for my teen to handle a mean friend?" Podcast](#)

["Middle School Matters" Podcast](#)

Supporting the MS Transition:

[Adolescence and the Transition to Middle School](#)

[Awkward! The tough transition to middle school](#)

[Kids' Biggest Middle School Fears](#)

[Headed to Middle School? Be Prepared for Changes!](#)

[Help Your Student's Transition to Middle School](#)

[Making and Keeping Friends Article](#)

General Resources on Healthy Development, Mental Health, and More:

[Building Youth Assets](#)

[A Healthy Lynnfield's Current Events!](#)