

## Middle School Transition!

It's exciting and can feel a little scary... for students and families alike.

(updated May 2024)

<u>A Healthy Lynnfield</u> has assembled helpful information, tips, and resources to support you and your student's transition into Lynnfield Middle School.

We hope these resources and articles will help ease concerns for your student (and you!) as you both move from the small and familiar environment of Huckleberry or Summer Street to the larger and welcoming middle school. This collection of tips and resources may be helpful to have on hand throughout the transition and during the first year of middle school.

Remember, if you have any questions or concerns –

A Healthy Lynnfield is here for you!



#### LMS Resources:

Caregivers - Frequently Asked Questions (FAQ)

Students - Frequently Asked Questions (FAQ)

**Meet the Middle School Counselors** 

LPS District Calendar (click "calendar sync" to download the LMS calendar into your personal calendar)

LPS 2024-2025 School Calendar

#### **Tips for Success:**

Making the Move to Middle School: Strategies & Tools

13 Tips for Success in Middle School

**Tips for Making and Keeping Friends Sheet** 

7 Steps to Succeeding in Middle School

# Supporting the MS Transition:

Adolescence and the Transition to Middle School

Awkward! The tough transition to middle school

Kids' Biggest Middle School Fears

Headed to Middle School? Be Prepared for Changes!

Help Your Student's Transition to Middle School

**Making and Keeping Friends Article** 

### General Resources on Healthy Development, Mental Health, and More:

**Building Youth Assets** 

A Healthy Lynnfield's Inspiring Healthy Teens Guide

A Healthy Lynnfield's Current Events!