

## Middle School Transition!

It's exciting and can feel a little scary... for students and families alike.

(updated June 2025)

<u>A Healthy Lynnfield</u> has assembled helpful information, tips, and resources to support you and your student's transition into Lynnfield Middle School.

We hope these resources and articles will help ease concerns for your student (and you!) as you both move from the small and familiar environment of Huckleberry or Summer Street to the larger and welcoming middle school. This collection of tips and resources may be helpful to have on hand throughout the transition and during the first year of middle school.

Remember to SAVE THE DATE - August 25th - for 5th Grade Locker Night at LMS! More details to come this summer! If you have any questions or concerns –



A Healthy Lynnfield is here for you!

#### LMS Resources:

Caregivers - Frequently Asked Questions (FAQ)

Students - Frequently Asked Questions (FAQ)

**Meet the Middle School Counselors** 

LPS District Calendar (click "add calendar" to add the LMS calendar to your Google, Apple, etc.)

#### Tips for Success:

13 Tips for Success in Middle School

**Tips for Making and Keeping Friends Sheet** 

7 Steps to Succeeding in Middle School

"What's the best way for my teen to handle a mean friend?" Podcast

"Middle School Matters" Podcast

# Supporting the MS Transition:

Adolescence and the Transition to Middle School

Awkward! The tough transition to middle school

**Kids' Biggest Middle School Fears** 

**Headed to Middle School? Be Prepared for Changes!** 

Help Your Student's Transition to Middle School

Making and Keeping Friends Article

### General Resources on Healthy Development, Mental Health, and More:

**Building Youth Assets** 

A Healthy Lynnfield's Current Events!