



A Healthy Lynnfield Minutes, January 14, 2019

I: Introductions –Welcome to Rotary, the Lynnfield Clergy Collaborative, our new Fire Chief, and to all attending our first 2019 meeting!

a. December Minutes were approved.

b. Community Roundtable

- Schools: Kevin Cyr reported that the faculty training by Lynn Lyons was well received and there will be follow-up within the district helping teachers build behavioral management skills to better manage student anxiety. This was funded by Lahey, and evolved as a response to discussions from Youth Survey Needs.
- Health Department: Kristen indicated that the Mass Cannabis Control Commission is seeking members to participate on social consumption committee. She suggested collaborating on a fact sheet with police, health and AHL on the facts about current marijuana law in MA. There are many questions and much public confusion.
- Rotary: Ron said their current initiative is to implement a lock box safety program for seniors.
- Police: Chief discussed need to include Council on Aging and reaching out to seniors, as well as a joint presentation with Fire, Police and AHL at the COA.

a. Old Business-Assessment Process

- Please complete your **One on One Interview** sheets and return to Peg by mid-month. Email or phone interviews work too. The intent is to 1) broaden community input 2) begin the process of community dialogue by having a conversation with other about their perceptions of this issue.
- Please complete the **Organizational Assessment Survey**. It serves as a baseline for organizational growth over time.

II: Committee Updates & Other Business

a. Fundraising Committee

- Market Street is hosting a skating rink fundraiser for AHL. \$2.00 off every admission ticket will go to AHL. Date TBA for February.
- An annual appeal letter will go out to businesses in February.
- Funding request form is complete and will be on website. Any group requesting funds must have a Board member “sponsor”.

b. Grant Updates

- Membership forms were passed for signature.
- A preliminary grant application was submitted to the Tower Foundation. We are waiting to hear if we will be invited to full proposal.
- Next committee meeting is January 16 at 7 pm.

a. Communications

- New brochure (draft version) was distributed. Final edits will be made and sent to print. Copies will be available for distribution throughout our partner organizations and on line.

- A Resource Directory has been sent out for design. Will be distributed to 2000 households in February through the Villager.
- Peg demonstrated where meeting dates, agendas, handouts, etc. can be accessed directly from the www.ahhealthylynnfield.org page.

b. Ethics Paperwork

- Reminder to Steering Committee members that the Ethics Policy *Acknowledgement of Receipt* form is due this month.
 - c. **Other:** The AHL Steering committee voted to fund \$330 to send 4 LHS youth to the statewide MIAA Opiate Prevention Conference on Jan.16.

II: Interface Referral Service

The Interface Referral service is a subscription-based navigation/referral service for behavioral health available in 48 Mass communities, including our neighbors: Melrose, Wakefield and Reading. A video was shown and a handout provided. Discussion ensued about the numerous benefits and potential limitations. Rev. Mortimer and Lindsay Weiss spoke about the program and Kristen asked for clarification on how this was different than the statewide Help Line. Overall, there was good support for moving forward with this as it is a service for all residents in Lynnfield and directly related to our goal of improving access to care/quality of life for those impacted. A representative from William James College will be at our February meeting to answer questions. A proposed split between town and AHL fundraising efforts was suggested to support the initial costs.

III: Planning Activity

- Peg reviewed the **Risk and Protective Factors** the group prioritized for Lynnfield from last month's discussion, as well as **SAMHSA's 7 Effective Prevention Strategies** as a framework for planning. (Power point slides)
- Goal Setting: The group brainstormed initial broad goal for AHL for the next 1-3 years. These will be reviewed, shaped, prioritized and then linked with best strategies over the next few meetings.

IV: Next Steps-Planning

Come ready to answer the question: "**As a result of our work, what changes will we see?**" for an outcome based discussion next month.

NEXT MEETING: FEBRUARY 11, 9 to 10 am at 600 Market Street