



A Healthy Lynnfield Meeting 11/12/2024 Minutes

Participants: Diana DeLeo, Jenny Sheehan, Diane Courtney, Heather Day, Nick Secatore, Coral Hope, Carmela Dalton, Adam Federico, Ron Block, Colleen Bertolino, Marita Klements, Cara Green, Glenn Davis, Rob Dolan, Jessica Tortola, Alex Doto, Mirza Arshad

Minutes

I: Introductions -

Phil unfortunately injured his back and won't be in attendance.
Welcome to Adam Federicio, Assistant Superintendent LPS and School Resource Officer Alex Doto - new to our Coalition meetings

II: Staffing Updates - Re-introduced Jess Tortola. Jess was our Family Engagement Specialist under the PFS grant last year and is joining us this year as our STOP ACT grant coordinator focused on underage alcohol prevention in vulnerable populations- LGBTQ+, english as a second language and underlying medical conditions. Jess is also working with LPS and Meg Valentine with multilingual families within LPS.

III: Action Team Process

- Groups have been meeting in “action teams” over the last month. This is on a trial basis. We are going to see how things progress. Feedback has been good so far. We appreciate everyone's patience as we figure it all out!
- Public Safety and behavioral health agencies met over zoom.
- Community group programming met in-person last week - Lynnfield Community Schools, Library, Rec, AHL.
- Our school “action team” is going to try partnering with the LPS Wellness Committee as one meeting/group for both purposes.
- Diana will be sending out Coalition Updates monthly to keep everyone informed on the great work we are doing! Stay tuned.
- We broke up into small groups by sector to discuss what programming/projects we would like to see this year.
 - Open Gym connection made with YMCA. In Lynnfield, gym space has been an obstacle on Friday nights for a Rec/LPD/AHL partnership on open gyms for middle schoolers. We will explore this further.



- School team is excited for the more interactive programming we are implementing rather than just speaking “at” kids.
- Other community programming examples - Library would like to do a “memory cafe” for seniors struggling with dementia/alzheimers.

IV: Community Updates - 15 minutes

- Community
 - Turkey Trot 11/24 at 8:30am with a kids fun run
 - YMCA Livestrong 5K 11/23 at Ross Park
 - Jr. Celtics program at YMCA just started and is still recruiting players as well as coaches and refs. Cara will send Diana info to share.
 - Diane: 5 Lynnfield Girl Scouts (teens) are attending the first ever Youth Summit at the State House on 11/13.
- Public Health & Safety
 - LCOT updates - over 100 Post-Incident follow-ups have been made in the last year and more than 80 people have accepted services.
 - Board of Health - Vape Sale Violation - Pump n Pantry was found in violation of selling a 5 mg vape cartridge (illegal in MA) to a minor. They were fined over \$3K. The Board of Health is having a meeting 11/21 to review the possibility of revoking their license. Diana will be reading a [letter](#) on behalf of the Coalition and our Youth Councils.
- Schools
 - SC meeting tomorrow 11/13 before Town Meeting. Reviewing concussion policy to make sure it is in line with our procedures.
 - LHS Health Education Update - AHL is partnering with Mia and LHS on a Health Ed Seminar for half of the senior class (74 students) over the next two semesters. The students will complete Alcohol Edu, Vaping, Prescription Drug and Mental Wellness online training via Everfi. They will also have a session with the NAN project on transitioning from high school to college, a trade, the work force. They will complete a 6 session Teen Mental Health First Aid certification. We are also trying to have them receive CPR and First Aid training.
 - Youth Council Updates - 37 students at LMS, and over 30 at LHS (3 meetings so far, and one this coming week). Separating into groups



and working on projects in smaller group settings. We have the 84 Movement coming in a couple of weeks to do a Public Speaking training with our high schoolers.

- Other
 - Wizards game is Sunday. Still looking for volunteers.
 - If anyone is looking to donate time or resources to the local fires, look up Roger Baker and REHAB 5 on social media.

Next Meeting: January 13th
Health Expo 2025 - May 17th