



## A HEALTHY LYNNFIELD Meeting Minutes

**Board/Committee Name:** Lynnfield Substance Use Prevention Committee/A Healthy Lynnfield  
**Day/Date:** Monday, January 12, 2026  
**Time of Meeting:** 9 am  
**Location:** In Person: 600 Market Street, Lynnfield

**Attendees:** Diana DeLeo - AHL, Carmela Dalton - Think of Michael, Rev. Tom Bentley - Centre Church, Nicole O'Brien - Ruth's Way, Ron Block - Rotary, Scott Formica - SSRE, Chris DeCarlo - LPD, Mike Lawrence - LPD, Phil Crawford - Chair, Ruth Buxton - Centre Church, Kristen Elworthy - School Committee, Kate DePrizio - School Committee, Toni Rebelo - LPS, Heather Day - Riverside, Dave Thomson - PR, Colleen Bertolino - Recovery Practices, Abby Porter - Library, Alex Doto - LPD, Natasha Shah - Lynnfield for Love, Diane Courtney - Girl Scouts, Tom Geary - LPS, Darlene Kumar - Lynnfield for Love, Lynnfield Cultural Council

I: **Introductions**, if needed - Ruth Buxton, new Community Outreach Coordinator for Centre Church. Mike Lawrence- LCOT, LPD Clinician

Approval of **November minutes**. Phil, Diane, Natasha - all in favor. Approved.

II: **2026 Healthy Living Expo** - Date set - Saturday, May 2, 12pm-3pm on Town Common. Fifth year. Town Common, Meeting House and back up LMS all reserved. Tables and chairs reserved. The date has been shared on social media. Emails will go out this week to past vendors and sponsors. Planning committee volunteers - Nicole, Diane, Chris, Ruth, Carmela, Colleen. We will meet monthly and then biweekly in April. Hoping to have a new AHL staffperson assisting with the Expo. Be on the lookout for emails soon.

III: Action Teams:

Community:

- **Parent/Caregiver Survey** - Scott - This is our 3rd round of this survey. It's on our social media and website. We are working with the schools to promote the survey. Our last survey had 170 respondents. After 1 week, we are already at 161. Our goal is 263. The survey will close 2/13. Diane will send to Girl Scouts. Kate will send to Softball. Abby will share from the Library. Diana will make a flyer for the school gyms and auditoriums and work with Shay to promote during the LMS play weekend. Everyone please continue to promote on our behalf. Text the link to parent friends. Survey is for ALL Lynnfield parents/caregiver, not just LPS. Diana will share with Essex Tech for parents of tech students from Lynnfield. Posts and emails are scheduled for the next month.



- **LPL Community Conversations** - Abby - monthly offering, last Wednesday of the month 7pm at the Library. January topic is DEI, partnering with Lynnfield for Love. Hoping for respectful, community dialogue. LPL is also holding a pet food drive.
- **Rotary** - AED box at Meeting House and working with LFD to secure backpack AEDS. May 9 -Build A Bed.
- **Think of Michael** - Friday, April 10, Trivia Night. Sunday, September 22, Night of Hope.
- **Clergy**
- **FORGOT TO MENTION - New this year!** Tomorrow night, 1/13, DPW is leading a meeting with all sports leagues that utilize our fields in the spring to go over field rules, regulations, and expectations, including AED machines and alcohol/substance use on property. Diana and Coral will be joining the DPW team in presenting.

#### Health & Public Safety:

- **Lynnfield's Community Safety & Preparedness Series** - AHL, LPS, Rec, LPD, LFD, Rotary and Health Department. All registration links are on our [website](#). Diana to share with Dave for a media pitch.  
"How to Save a Life in the New Year"
  - Community Safety Skills- - AED, CPR, Narcan, ChokeSaver, Stop the Bleed (**Feb 8th**)
  - Blood Drive (**Saturday, January 24, 9am-2:30pm**)
  - Home Alone Safety Training for 4th and 5th grade students and their parents (**Tuesday, February 10 | 4:00–6:00 PM**)
  - Mental Health First Aid certification program (**March 3 and March 5 - 2 evenings, 5:00–9:00 PM**)
- **Board of Health Updates** - Kratom was banned in mid December at our Lynnfield Board of Health Meeting. Stores are not allowed to have any kratom items as of 12/31. We still plan to have a student group propose a ban on vapes to the Board of Health. more to come.
  - Here is the link to the documentary on cannabis induced psychosis that I referred to. I will follow-up with LHS about a possible viewing.  
[https://johnnysambassadors.org/cip/?mc\\_cid=950997436a&mc\\_eid=40ebcd822b](https://johnnysambassadors.org/cip/?mc_cid=950997436a&mc_eid=40ebcd822b)
  - Here is the link to the Operation Parent Webinar (January 13th at 1pm) that Diane referred to: [Growing Minds and Modern Highs: THC, Hemp & Kratom](#)
- **LPD, LFD, LCOT** - Krypto machines were banned in Lynnfield, over \$11 million in scams just in Essex County.
- **Riverside** - [Mass impaired driver education](#)



School:

- **Lynnfield Youth Wellness Survey** - Diana, Toni, Jess, Adam and the assistant principals worked to fine tune the surveys. Surveys and DFC Core Measure questions have officially been approved by Feds. The principals have PDFs to share with parents that wish to view it in advance. We are planning to launch the surveys in February and present findings in March to the school committee and a community presentation by the youth council. We are hoping for the youth council to make video FAQs for their peers to address anonymity, etc.
- **CADCA** - Link to details. [2026 CADCA Annual National Leadership Forum](#)  
School committee votes tomorrow. Our plan is to take 4 LHS students with Diana, Risa Ferrara- LHS Youth Council advisor and school nurse, and SRO Alex Doto.