



A Healthy Lynnfield Coalition Meeting Minutes: June 11, 2024

Present: Phil Crawford, Rob Dolan, Diana DeLeo, Glen Davis, Toni Rebelo, Jenny Sheehan, Ron Block, Diane Courtney, Heather Day, David Thomson, Scott Formica, Jessica Tortola, Erin Denehy.

I: Introductions

- Approve Minutes: April and May: Phil Crawford made a motion to approve meeting minutes for April and May 2024. Motion was approved.

II: AHL Business

- Youth Program Updates
 - Graduating Seniors - Diana DeLeo welcomed and introduced Addie Connelly as a graduating senior from LHS who made great contributions to the AHL Youth Leaders program. Addie commented that her experiences with the youth leaders program and AHL had been life changing, especially with respect to her ability to now be confident in her public speaking skills. Addie enjoyed her work with the elementary school programming specifically with the stress project last year and the friendship project work this year. She plans to attend St. Anselm College and study nursing. The Coalition congratulated Addie and thanked her for her work with AHL.
 - AHL 501c3 Scholarship Winners - Diana named the scholarship committee and recipients. The committee included Phil Crawford, Officer Alex Dotto and Lauren Hurton. There were 10 applicants this year. Phil mentioned that these were a group of amazing students and that it was a very difficult decision to make. Two recipients were selected: Brendan Sokop and Meghan Woods.
- Parent Advisory Committee Updates:
 - Make Mealtime Matter Post Campaign Survey Results and Write-Up: Diane shared that the evaluations had been sent out and that approximately 44% of respondents said that they would be changing their family meal mealtime routines as a result of the program and what they had learned.

Key takeaways included the importance of the partnership between AHL and the schools as most of the respondents heard about the campaign through LPS. The majority of respondents shared what they learned from the campaign with others and the “conversation starters” were identified as a useful tool.

- Healthy Expo Follow-up/Feedback: Everyone was in agreement that the Expo was a very successful event. Diana shared that feedback from vendors included a shorter timeframe (12-3pm), but that the afternoon time frame with food offerings was great. Phil shared that even with the weather forecast, the Expo was certainly well attended. Jenny Sheehan added that there was a variety of activities for all age groups which was nice to see.

III: Community Updates

- Public Health & Safety
 - Health Department Survey; LCOT Review and Updates: The Health Department was not able to attend today's meeting. Glen Davis shared that the LFD continues to collaborate with the police department and LCOT. Last week the FD had 3 responses for emotionally disturbed individuals. Glen shared that they are seeing these reports more with adolescents. Glen also shared that Peg has been a great resource and now we have places to send people for services.
- Schools:
 - School Committee - Kate Deprizio was not able to attend, however, she shared the following updates for the meeting:
 - Thank you to Toni and our nurses for our Summer nursing Smore. The LPS community received lots of great health, safety, and nutrition tips for the Summer. My kids were excited about trying the delicious recipes!
 - Tomorrow we have a School Committee meeting where Superintendent Geary will discuss his goals for the 2024-2025 school year and we will highlight our Summer reading program.
 - Congratulations to all students and families celebrating our end of year celebrations! Last week we celebrated HHS 4th graders and our Preschoolers! This week we celebrate our SSS 4th graders and our LMS 8th graders.
 - Such a wonderful time for families!
 - Athletic Night - June 10, 2024 - Diana shared that Athletic night was this evening at the middle school for parents and all rising high school athletes interested in playing a sport. AHL will do a short presentation for parents on positive ways to support athletes and positive decision making. Mia will review the chemical health policy. AHL will have a table of information for students and parents related to athletes and substance use, social host laws, eating disorders and other important topics.
- Community

- Rotary - Ron shared that Rotary concerts on the common will be beginning soon, they have 4 concerts scheduled.
- Diane Courtney shared the new date for the Lynnfield Pride Event of 6/14 at 6pm.
- Lynnfield for Love will be hosting a walk from the middle school to the Lynnfield Common for Juneteenth Day recognition and flag raising to be held on June 17th at 6 pm.
- Riverside - Heather Day shared that Riverside will be starting an online support group for problematic gambling for people ages 18 and over. They also have 3 interns beginning with them this coming Fall.
- David Thompson shared there has been a lot of publicity in the recent months and that he would be looking for blog writers for the coming year. Phil suggested that a blog with an update on the work that LCOT is doing would be a good idea.

IV: New Business - Diana passed out a document including a status update on each of the grants submitted for AHL and shared the date for National Night Out: August 6, 2024

NO July Meeting. Next Meeting - Monday, August 12 at 9 am.