



## **AHL MEETING MINUTES**

Monday, June 13, 2022

**Al Merritt Media and Cultural Center, 600 Market Street, 2nd Floor**

**Participants:** Peg Sallade, Julie Greene, Phil Crawford, Diana DeLeo,, Heather Day, Chief Glen Davis, Dr. Natasha Shah, Diane Courtney, Ron Block, Scott Formica, Dave Thomson, Rob Dolan, Phil Crawford, Vasu Ganju, Lisa Costa, Carmela Dalton, Chief Nick Secatore, Rob Lowell, Mary Homan, Coral Hope

### **I: Introductions: Welcome & Retirements (10)**

- Welcome Diana DeLeo, Community Engagement & Outreach Coordinator and Retirement Remarks for Mary Homan
  - Group welcomed Diana DeLeo as our new Community Engagement & Outreach Coordinator. Diana comes to us with great non-profit management and community engagement experience having spent over 13 years with the American Cancer Society, and most recently, time as Director of Development at the Boys and Girls Club of Salem, MA. Diana is a Lynnfield resident with three children and (many nieces and nephews!) in the Lynnfield School System.
- Retirement Acknowledgements for Lynnfield Public Schools Nurse Coordinator Mary Homan. Mary was acknowledged for her pivotal role in the formation of A Healthy Lynnfield and thanked for her work throughout the years ensuring the health and wellness of Lynnfield youth.
- Welcome to Coral Hope, Lynnfield's new Health Director. Coral comes from working with the Melrose-Wakefield health departments.

### **II: Coalition Business (10)**

- Approve May Minutes
  - May minutes were approved
- Fiscal/Grant Updates/Staff Changes
  - Julie announced that she will be reducing her hours starting July 1 in order to be able to complete her clinical internship required for her Masters Degree in Mental Health Counseling. She will maintain all AHL youth work responsibilities.
  - [DFC Workplan](#) was submitted April 5, for Year 4. Funding awards typically announced in August before Sept fiscal year start. Work Plans and budgets need federal approval.
  - Goals and strategies were highlighted for the Year 4 workplan with intention of complimenting and enhancing existing work of schools and community. A new objective was added this year for collaborating with schools to support students experiencing school refusal.
  - Stop Act Grant Opportunity-Underage Drinking Prevention Focus
    - STOP ACT Grant: Opportunity for additional funding for a federal grant specific to strategies for Underage Drinking, this specific funding does not come out often and there's a quick

- turnaround for submission, June 21
  - Some potential prevention strategies we are looking to implement are an evidence-based peer leadership program partnering with Community Schools, shoulder taps with law enforcement, and working on captain leadership training with the Athletic Department
- Extension of Regional Grant (MassCALL3) with Peabody, N Reading & Topsfield; Peabody is receiving additional funds next fiscal year.

### III: Program Updates (20)

- Youth program updates & Be Well with SEL Program Overview (10)
  - AHL Funded 3 sessions of this program through Community Schools. Sarah Perkins, Community Schools, and AHL Youth Emma Rose and Ella Hayman (Zoom) Sarah gave an overview of 3 Social Emotional Enrichment Programs run by Kristen Perrotti, owner and facilitator of **Be Well With SEL**. Enrichment programs ran for 6 weeks each, and serviced 43 students across Huckleberry Hill and Summer Street Emma and Ella volunteered and supported Kristen in the program and highlighted the repetition of strategies they taught like whole body listening and personal space that students were also learning in their school classroom. Emma and Ella also highlighted their experience in volunteering and opportunity for development of college and career readiness skills. A question was asked about the cost of program and equitable access if families could not afford to attend. Community schools have a policy to address this.
- Community Outreach/Events-AHL has been at many community events sharing information and resources.
  - Rotary, Think of Michael Fundraiser, Huckleberry Hill Fun Run, Pride Day. Lynnfield for Love members invited the community to the upcoming Race Amity Day and Opal Lee Walk.
- Sub Committee Updates
  - Health Expo Recap-Thanks again to everyone who assisted. We will host this event again next year. We are waiting to close out expenses with the Chamber of Commerce. Event feedback on a survey form was collected for improvements next year.
  - Health Education Assessment-AHL funds Light House Health & Wellness consulting to do an assessment of Health Ed k-12 across the district against SHAPE standards and with recommendations for improvement. A Draft will be done by June 30-presentation to the school committee with the new Athletic Director in the fall. This will connect with our grant to support gaps in substance use education and evidence based curriculum, training and teacher capacity for primary prevention.

### IV: New Business (10)

- Fundraising Goals/Ideas & Discussion-Diane introduced the concept of a signature fundraising event for AHL. She has much experience in this area. We discussed multiple ideas including softball fundraiser, pancake breakfast, pickleball, fashion show and more. If you have ideas, reach out to Diana.
- Summer One on One's-**We will NOT have a July meeting**. In Lieu of a coalition meeting, please set up an individual time with Peg and Diana Deleo.
- Annual Meeting September 12, 2022
  - Ad Hoc Committee/By Laws Review
    - We need volunteers to sign up for planning an annual meeting and for reviewing by-laws.
  - Board Commitment & Committee Roles-clarify for all existing and

new members

- o Commitments and Recruitment: we hope to double our volunteer base this year with a focus on organizational development and outreach.
- o School & Business Representation-we need new sector representatives here to fill in for Wakefield Cooperative Bank and the LPS.

### **Adjourn Meeting**

#### **10-10:30 Optional Community Connections/Updates and Conversation Time**

- Ron mentioned that Rotary had a very successful Build A Bed community service event. Concerts on the common will run Wednesday evenings in July. A Golf Tournament is planned for September.
- Rob Lowell announced that he has a new position as Director of Fundraising for Metronorth YMCA but will continue with the coalition! Contrats Rob!
- Diane Courney announced that she is the new Lynnfield Girl Scout Council Coordinator.

**Upcoming Meeting: NO JULY MEETING. August 8, 2022, in person at the AI Merritt Media and Cultural Center**