



Minutes: February Lynnfield Substance Use Prevention Committee/A Healthy Lynnfield

Participants: Phil Crawford, Rob Dolan, Nick Secatore, Dave Thomson, Toni Rebello, Linda Ladd, Rev. Tom Bentley, Heather Day, Carmela Dalton, Erin Denehy, Coral Hope, Marita Klements, Kate Deprizio, Linda Naccara, Natasha Shah, Michele Snyder

I: AHL Business

- Youth Program Updates
 - Sticker Shock campaign was completed by two LHS youth council members, Ereeny and Shaelyn, with Officer Alex Doto. They placed stickers on packs of beer and alcoholic beverages reminding purchasers of the law-it is illegal to buy alcohol for a minor! Store owners were happy to support this activity during superbowl weekend!
 - Friendship Project, 3rd Grade-LMS Youth did their first presentation at Summer Street School on Friendship-helping youth develop healthy relationship skills. Huckleberry is coming up.
 - Wellness Week March 3 at LMS-LMS Youth council are supporting a week of wellness activities and an assembly for all students on March 5th.
- Committee Updates
 - The Healthy Living Expo Committee met in January, February mtg. was postponed.
 - [Make Meal Time Matter-Campaign Plan](#) Check out the attached plan to see all that we are doing with this prevention campaign. It's huge! (and fun!)
 - This week The Family Dinner Project will conduct a 2 session training for our team working with us on implementing this project. Training Feb. 13 and 15, 6:30 to 8 pm
 - March 7, MLL Family Night-this is our second annual meal with families across the district. We will pilot our MMM materials.
 - Calendar Project-looking for a sponsor for each page. We will use funds to offset printing costs.
- Upcoming Programs
 - March 3 & 10-Teen Mental Health First Aid-8 hour certificate program at Multi Purpose room at Huckleberry. Registration on website. We need more kids!
 - Sponsorship Opportunities
 - [Healthy Living Expo](#)-see our website page for this event.
 - Zumba Fundraiser-we were approached by OLA and a zumba instructor to do a charity dance. Stay tuned for more information. Targeting April.

II: Community Updates

- Public Health & Safety
 - Toni and LFD conducted CPR and Narcan training for us. It was canceled due to snow but rescheduled and went well.



- Library Narcan Training-Peg is working on getting trainers to do Narcan training for library staff and town employees. Public health will provide the narcan. Healthy Streets will do the training in late March. Date TBA
- School
 - Budget process and discussions are in progress.
- Community
 - Rotary Build A Bed event is coming up in May. There are opportunities to “buy a bed” for \$350 and bring a team to put it together!
 - Library is working hard to continue plans for a new building.
 - Lahey has opened its Community Impact grant for the communities of Peabody, Lowell and one other community of need. Lynnfield is considering partnering with the Torigian YMCA on an application.

V: New Business

- Welcome to Erin Denehy-Erin is working with AHL part time through June 30 to ensure our planned youth programs get implemented.
- Funding Opportunities and Grants
 - CIA’s & Letters of Support-thanks to those that completed these for the Partnerships for Success Grant. AHL is reapplying for this federal grant for a regional program to support Cape Ann Student Athletes.
 - YMCA/Lahey Grant-Due Feb 16
 - PFS-Due Feb 21 and DFC-Release Date Feb 15
- If you see a grant that fits our mission and needs of the community, reach out to Peg. We are interested in collaborating, as our funding ends 9/30/24.