



MINUTES:
Lynnfield Substance Abuse Prevention Coalition d/b/a/A Healthy Lynnfield
Monday, February 10, 2020

Present: Phil Crawford, Rob Dolan, Glen Davis, Kevin Cyr, Mary Homan, Amy Nardone, Carmela Dalton, Maureen Cavanaugh, Kristin McRae, Ashley Hall, Linda Naccara, Diane Courtney, Jen Inglis, Rev. Nancy Rottman, Rev. Glen Mortimer, Ron Block, Scott Formica, Tob Lowell, Chris Caprio, David Thomson, Stacy Dahlstedt, Russel, Peg Sallade

I: Introductions and Brief Community Round Table

Guest: Maureen Cavanaugh, author of the book *If You Love Me*, chronicles the story of her daughter's opiate addiction. Maureen discussed her non-profit Magnolia New Beginnings, and the access to on-line support programs nationwide. Maureen also offers public speaking, intervention, and training. She is a family recovery coach and can assist families in navigating through difficult times. Her number is 617-291-3266. The group briefly discussed how important it is to know of and be able to access the many resources that are available as there are many doors leading to treatment.

Guest: Dave Thomson, Thomson Communications introduced his work as a public relations specialist. He has experience working with other substance use prevention coalitions and can assist future efforts with social marketing campaigns. His firm has won awards working with parents on messages related to home access to alcohol and he will assist with our new magazine targeted toward back to school time.

II: Coalition Business

- a. A motion was made and January minutes were approved.
- b. Updates Since Last Meeting
 - i. Scott Formica, SSRE, stated that the 2 parent focus groups on 1/28 and 1/30 went very well. There were 8 and 10 participants, per group. There are copious note that are being collated and there will be more information on results in upcoming months. Peg thanked Diane, Amy and Stacey for helping to recruit people. Peg would like to host a coffee hour to review information and YRBS data with community.
 - ii. Coalition Assessment: Scott also updated the group on the coalition assessment. Response rate was very good among both active participants as well as others who may not be as active. Scott will provide results for discussion by next meeting.
 - iii. Phil welcomes Kelsey Coughlin, MS School Counseling, from Salem State as our new part-time PFS outreach coordinator.
 - iv. MHFA Updates: Peg reported that 8 clergy have signed up for this program running March 4 & 6.
- c. Interface Service Utilization Report: Peg neglected to bring report, but will share with the group.
- d. New:

- i. RAD Class –there was interest for AHL to sponsor a RAD class. Peg indicated that if the instructor allows AHL to link a piece of underage drinking prevention to one of the classes, we could in fact sponsor it. The instructor is currently checking with community schools to see if it will be offered there.
- ii. Mock Car Crash LHS Wellness: Public Safety is planning a day in April before Prom Time. They are also building in messages about texting and driving, and driving under the influence of ANY drug, per our YRBS results.
- iii. AHL Youth Projects: 12 LHS Students are going to MIAA Wellness Workshops on a AHL sponsored field trip Wed. Feb. 12.
- iv. Elementary Outreach –Summer Family Run/Event: Peg was asked by elementary PTOs to help support a new summer event across both elementary schools. The group agreed that this would assist building relationships with younger parents.
- v. Dr. Kevin Hill Save the Date-March 30-SAVE the date. Great presenter on facts about Marijuana!

III: Youth Risk Behavior Survey Presentation
Here are Links to this year's data.

Monday, March 9, 2020: Riverside Mindwise Screening Platform-presentation