

TOWN OF LYNNFIELD

Board/Committee Name: Lynnfield Substance Abuse Prevention Coalition d/b/a/A Healthy Lynnfield



Minutes: February 11, 2019

Present: Leo Barrett, Wakefield Cooperative Bank; David Breen, Chief of Police; Kelly Christianson, MPH, Resident; Phil Crawford, Chair; Kevin Cyr, LPS; Carmela Dalton, Parent; Rob Dolan, Town Administrator; Mary Homan, School Nurse; Julie McCarthy, Treasurer; Kristin McRae, Health Director; Amy Nardone, Lynnfield Athletic Association; Healthy Byrne, Guest, Interface Referral Service; Peg Sallade SAP Coordinator

I: Community Round Table:

The group introduced everyone and welcomed Amy Nardone from the Lynnfield Athletic Association to the meeting.

- Kevin Cyr mentioned that Lynn Lyons was doing a follow up professional development training on March 6 for LPS faculty and the Chris and Kathi Sullivan were speaking on March 28 in a high school assembly and for a parent evening. Chris is a former New England Patriot that overcame a drug addiction and Kathi is parent who lost a daughter to an underage drinking tragedy.
- Chief Breen mentioned that there is an external storage container at South Station Fire that has some AHL water bottles and other items that AHL is welcome to store any additional things here.
- Amy Nardone, Lynnfield Athletic Association said they were gearing up for their July road race and that each year they give \$15,000 is scholarship funds to graduating seniors.
- Kelly reported on the Alternative Therapy seminar offered by Village Pharmacy last Sunday. Registration fees will be donated to AHL. Attendance was low.
- Rotary is having a Friend Raiser on 2/27 at Davio's at 6:30. Ron provided a flyer.
- Mary H. indicated that LHS is doing SBIRT screening in February, and that students did a Healthy Heart day for American Heart Health Month. She is gearing up for student wellness days in April.

II: Interface Follow Up

- Heather Byrns, Director of Operations from William James College/Interface program spoke in more detail about this mental health navigation service and the benefit to the community. Members had good questions, and expressed agreement that this was a needed service for the community. The cost of the service is \$12,500 annually. Rob Dolan, Town Administrator reported the town has a place holder in the budget to pay for \$6,000.
- A motion was made for AHL to set aside \$6,500 toward this initiative from its town account. A vote was taken and the motion passed to approve this expenditure for contract starting 7/1/19 with intention to raise more funds to cover the cost.

III: Coalition Business

1. January minutes were approved.
2. Fundraising Committee

- Skate night was a success. We are waiting to hear on the amount raised. The Lynn Area Chamber of commerce attended and also had members skating. Thanks to Market Street, the Town Administrator, the Health Director, Dawn Ripley and our Youth Leader for helping out!
 - A similar evening at Wahlburgers is set for March 7. (FYLER ATTACHED)
3. Grant Committee
- We will be receiving \$500 from the Tobacco Free Kids Campaign for national Kick Butts Day, and have applied for \$700 from the SAMHSA Town Hall Meetings to support an April book signing event at California Pizza. Author Maureen Cavanaugh will read an excerpt from her book “If You Love Me” and we will recognize April as underage drinking prevention month.
 - The Tower Foundation pre-application was denied as an invitation for full response citing not enough regional collaboration.
 - We are waiting on the Drug Free Communities application to be released. There has been a delay at the Federal level.
4. Communication
- Peg informed the group that Kate Kielty is no longer able to help with the website due to family and other time commitments. Peg would like to form a communications subcommittee to assist with the multiple communications pieces the coalition will develop over time, as community education is a priority goal.
 - Resource Directory is in its final phase of editing and will be distributed last February, early March.
 - Rx Disposal Cards are available for distribution. Ron asked for some for the Rotary senior group and is bringing a group to the information session at the COA on Feb. 19 with Chief Breen and Chief Davis.
5. Treasurer’s Report
- Julie reported a balance of \$5,521.89 in the AHL checking account, as well as on expenditures for the month. Julie will provide a written summary of financial transactions on a quarterly basis going forward.
 - Peg requested potential use of funds (\$1,200 estimate) to fund the Mental Health First Aid training for clergy. This would be open to Wakefield and Peabody clergy, and any spots not filled would then go to the community at large.
 - Peg also requested \$200 for speaker fees for Maureen Cavanaugh for April fundraiser, noting that we expect to receive a mini grant to cover this. No vote was taken to approve. These items will be put on March agenda.

IV: Planning Part 3

This has been postponed to our March Meeting due to length of discussion about Interface in February meeting. Peg requested a subcommittee to meet between monthly meetings to help shape the plan, as our regular meeting time is packed with business. Chief, Kelly, Mary and Phil volunteered for an early Monday. Peg will reserve space and date.