



MINUTES: AHL March 11, 2019

Present: Phil Crawford-BOS, Rob Dolan-Town, Jen Inglis-Library, Chief Davis-Fire, Leo Barrett-Wakefield Cooperative Bank, Amy Nardone-Lynnfield Athletic Assoc., Ron Block-Rotary, Kristen MacRae-Health Dept., Glen Mortimer-Clergy Council, Carmela Dalton-Parent, Ryan Rivard-Riverside, Paul Kusiak- Guest, Partnership for Drug Free Kids/Center on Addiction

I: Introductions and Community Round Table

- Jen Inglis, the new Director of the Lynnfield Public Library, attended and discussed a collaborative effort with AHL to designate a specific area of the library for Recovery related resources.
- Chris and Kathy Sullivan will present to all LHS students on Marcy 22 and to parents/community on March 28 at **7 pm at LMS**. Peg asked for volunteers to staff an information table. Amy and Carmella volunteered. **(Flyer Distributed)**
- Guest Paul Kusiak provided information cards on how to access the Parent Help/Text line at BMC/Partnership for Drug Free Kids collaboration. It's a resource for parents to talk to other parents with family members experiencing substance use disorder. The number is also on our AHL resource directory and website.

II: Coalition Business

- January minutes were approved.

Fundraising Committee

- The annual appeal letters and some follow up calls were made. Database needs cleaning up. Carmella suggested a "phone a thon" format for next year. We have \$1,100 income so far.
- Wahlburger Night was successful. Thank you to all who attended. The Market Street Restaurant events are positive outreach, but net small \$\$ for income. We are waiting on checks from Skate Night and from Wahlburgers
- In April, author Maureen Cavanagh will do a book read and signing event at California Pizza Kitchen. We will get 20% of dinner proceeds. Please share widely. This is part of the national Community Conversation events sponsored by SAMHSA each April. April is alcohol awareness month. We need to build in talking points and handouts on underage drinking for this event. Ideas welcome.

Grant Committee

- Peg reported delays in the issuing of the RFP for the Drug Free Communities grant at the federal level. It is still anticipated to be issued this fiscal year.
- AHL will apply for a new federal grant, Partnerships for Success, focusing on reducing health disparities in underage drinking and vaping prevention, ages 9-22. AHL Board members were asked to sign Letters of Commitment pertinent to this specific funding request.

- Mini grants from the Campaign for Tobacco Free Kids (\$500) will support vaping prevention at Wellness Days, and SAMHSA (\$750) will support the Community Conversation event on Underage Drinking/April Book Signing Event and speaker fee.

Youth Action Team

- Special thank you to Health Teacher Sheri Weeks and to the 10 LHS youth leaders that successfully taught over 170 7th grade youth a lesson on vaping prevention during health class on March 11, 12, and 13 as part of LMS Wellness Week. The group is set to assist with LHS Wellness days in April.

Communication

- The Resource Directory went out after spring break to 2,000 subscribers of the Lynnfield Villager. Thanks to Glen & Melanie Dolebear and staff for their assistance. Copies are available for distribution. Coalition members should distribute/display at their organizations.
- Thanks to Eric Hamlin and Town Administrator Rob Dolan. We produced an inaugural session of Town Talk, Mr. Dolan's new Cable Access Show. The first edition featured A Healthy Lynnfield. Several folks have commented positively. You can view it here <https://vimeo.com/322784425>.
- In late February, The "joint Chiefs" and Peg did a successful presentation at the Council on Aging on medication safety for about 25 seniors. It was well received and there was a nice press article by the COA. This was a great example of simple, effective collaboration. Thanks to all.

III: Funding Requests

Funding request sheets were distributed before the meeting for the following.

- MHFA Training for Clergy and Lead Faith-based volunteers: \$1,200-approved-flyer out soon.
- Speaker Fee: April Book Signing Event-\$200-approved (cost offset by \$750 mini grant from SAMHSA for Town Hall Meetings/Community Conversations)
- Schools: Middlesex Partnership for Youth Subscription for Lynnfield Public Schools. Decision postponed for more discussion at next meeting.

IV: Other

- There was discussion around underage drinking and the upcoming school assembly and presentations with Chris and Kathy Sullivan which touch on this theme. Feedback and concern was expressed about parents hosting house parties after the after prom substance free class party hosted at the school. Addressing social host liability at the upcoming parent evening as suggested. Peg will follow up with School/Police to see if this can happen. We also discussed the potential opportunity to look at local social host liability regulations. Mr. Dolan explained that in Melrose, this worked as a deterrent.

V: Planning Part 3

- Phil reviewed a handout of potential strategies for the next 1-3 years that were discussed by the Planning Team in a subcommittee meeting. These are still under discussion. **(Handout)**