



**A HEALTHY LYNNFIELD  
MINUTES  
Monday April 8, 2019**

**Present:** P. Sallade, Chief Davis, Fire Dept.; K. Cyr, LPS; A. Nardone, L. Athletic Assoc.; K. McRae, Health Department; Rev. Glen Mortimer, Clergy Collaborative; R. Dolan, Town Administrator; R. Block, Rotary, L. Barrett, Wakefield Cooperative Bank; M. Stewart, Resident; C. Dalton, Resident, D. Kilduff, YMCA; Guest: Paul Kusiak, Partnership for Drug Free Kids

**I: Introductions and Community Round Table**

- Amy indicated the LAA is underway planning for the 4<sup>th</sup> of July Race/fundraiser and they are looking for sponsors.
- Riverside is sponsoring a “dry month” and has a new psychoeducation group starting up.
- Health Department: Kristin indicated she wrote to the FDA, Cannabis Control Commission, and Dept. of Agriculture to determine regulatory roles, specific to BOH responsibility, around new CBD products.
- Kevin recapped the successful school presentation with Cathy Sullivan on underage drinking. Thank you to the AHL volunteers (Amy and Carmella) for assisting!
- Chief Davis reported on Fire Department training.

**II: Coalition Business**

- A. Minutes from March were approved.
- B. Committee Updates

Fundraising Committee:

- The book signing event was not well attended. Discussion about Board involvement and letting Peg know if you cannot be there in advance of the event is appreciated. The event was not covered in the press. (See communications).

Grant Committee

- An application for the federal SAMHSA Partnerships for Success grant was successfully submitted. Thanks to the Police Department for facilitating the submission through their grant portal systems. This is a large grant focused on underage drinking and e-cigarette/tobacco use prevention. Many of the strategies outlines matched our planning discussion and align with school’s future program directions. Notice of Award, most likely August.
- An application to the North Shore Community Health Network was submitted to partially fund INTEFACE. Notice of Award in May.

Youth Action Team

- State House Filed Trip: 5 LHS student leaders attended the full day field trip to the State House as part of the Mass Tobacco Advocacy Kick Butts Day with students from across the state. There was a rally, a march to the statehouse, followed by opening presentations, training, and speaking with Senator Crighton and Representative Brad Jones' legislative aide. The girls were well spoken on flavored tobacco products and learned that they do have a voice on social justice and health issues.
- Wellness Days: Scheduled for this Wednesday and Thursday. AHL Youth Action team will have a table with a student display on “21 Healthy Things to Do Instead of Vape”, a Tobacco Free

Generation pledge, and a signature page to FDA on regulating flavored tobacco products. Banner and materials were part of the Tobacco Free Kids Campaign mini grant.

- LMS Vaping Prevention Education: Nine LHS students delivered one lesson from the CATCH curriculum on vaping prevention to 170 middle school 7<sup>th</sup> graders in Mrs. Week's class. The youth leaders did an awesome job. This was also part of the Tobacco Free Kids Campaign mini grant work. Handout: Press Article.

#### C. Communications

The group discussed getting information out to a broader audience, e.g. Facebook for parents, but Instagram for kids. PTO's will not distribute AHL flyers in which the event is a fundraiser. There was a request for Board members to join the AHL Facebook and Twitter pages and to actively share with their networks. AHL currently uses FB more than Twitter. Schools use mainly Twitter. Town does not use Twitter. Actions include: create a youth-driven Instagram page; write more letters to editor, and look into an email database/marketing tool, like Mail Chimp. Leo offered looking into a raffle for Geranium Fest to get people to give their email address and sign up to enlarge our database.

#### D. Fiscal Requests

The board reviewed a request from the Lynnfield Public Schools to fund a one year subscription (\$550+ base \$0.63/student x 2163 students = \$2,192.00) to the Middlesex Partnership for Youth. After discussion, the Board voted to fund the subscription. Handout: Funding Request Form/MSPY overview

### III: Upcoming

- DEA Take Back Day April 27-Does anyone know if the Police Department is sponsoring this year or if we are just using they disposal systems in place. Do we need special advertisement in the press? Chief Davis will check with Chief Breen when he returns.
- Mental Health First Aid Training May 8 & 10: This training has been scheduled at St. Paul's Episcopal Church on May 8 and 10 from 8:30 to 12:30 for clergy. Registration is required. Handout: MHFA Flyer
- Lahey Health Assessment: Please take this community health survey. It is important for Lahey to assess the health needs of Lynnfield Residents. Peg will resend the link via email. Please share the link widely.
- Geranium Fest Volunteers: A sign-up sheet to staff an information table at Geranium fest on May 18 was passed around. Peg will not be available that day, but will put together materials for the table. If you can help out for an hour or two, email Peg. Phil needs help! Thank you to Townscape for donating the cost of our table.
- June Meeting/Summer Schedule: We will meet at our regular monthly schedule over the summer: July 8 and Aug. 12 at 9 am.
- Training Opportunities: An email was circulated with many opportunities related to community prevention for individuals to take advantage of.

**Next Meeting: May 13, 9 am at the Merritt Center!**