



AHL MEETING MINUTES

Monday, April 12, 2021

Present: Peg Sallade, Julie Greene, Leanne Bordonaro, Ron Block, Phil Crawford, Andreeane Britton Carboneau (Guest / presenter), Chief Glenn Davis, Robert Lowell, Linda Naccara, Rev. Glenn Mortimer, Kevin Cyr, Jen Inglis, Scott Formica, David Thomson, Stacy Dahlstedt, Rob Dolan, Leo Barrett, Rev. Nancy Rottoman, Acting Chief Nick Secatore, Pastor Leighton O'Connor, Olga Sanchez, Diane Courtney, Ashley Hall, Kristin McRae

Meeting Powerpoint: A Healthy Lynnfield April 2021

I: Introductions & Welcome to Guests/New Members

- Phil welcomes new guests
 - Jeana Tecci-Parent, part of the Lynnfield for Love group & on both AHL's and School's Equity Committee

II: Special Topics & Discussion (45)

Presentation: [How does equity relate to substance use prevention?](#) with Andreeane Britton Carboneau, ACBC Consulting

- Andreeane Britton Carboneau, Equity Consultant, gave a presentation with an overview of terms related to 1) understanding that equity is an important component of effective substance use prevention and 2) that it is imperative to integrate principles of equity into all of AHL's work. Please review the linked presentation.

Overview: A portion of the presentation looked at definitions of Diversity, Inclusion, and Equity, social determinants of health, and root causes of disparate health outcomes, as well as data that demonstrates people with substance use disorders do experience disparate health outcomes.

- Populations more at risk for SUD include: adolescents, those with co-occurring mental or behavioural health disorders, those with disabilities, LGBTQ, and those whose primary language other than English. Data was cited for national, state and local indicators for these populations.
- People/populations are at risk for substance use, **not because of who they are but what they experience.**
- "Social determinants" of health for substance use include:
 - Societal and family stigma, lack of proper health care, socioeconomic status (including houselessness), homogeneous social networks, especially networks with an established culture of drug use, etc.

- Root Causes: Racism, Poverty, Ageism, Structural Inequities, Religious Prejudice, etc. *To facilitate change in health outcomes we need to focus on root causes.*
 - **Discussion:** Examples of equity-centered approaches coalition members are doing in Lynnfield (there are many positive examples)
 - Schools: New Equity Initiative, ELL Curriculum Support, New Parent Engagement Specialist and outreach to parents, IEPs for Students with Disabilities, great METCO program and more.
 - Library: working to collect diverse set of books, audio books (visual disabilities), e-books, mindful of the ramp at the library
 - Senior center: Give a senior a buddy (hands on approach) - to ease in joining the program-way of establishing a comfortable, supportive network
 - Faith Based-working to engage youth
 - YMCA - working to not have technology be a barrier to using Y services. E.g. Pool sign-up requires an AP that is hard for some.
 - Rotary - all clubs are offered training in DEI
 - **Next steps for AHL**
 - Develop an Organizational equity statement and guiding principles for AHL's equity-centered work
 - Create a broad overarching health equity goal and integrate into workplan
 - Form a short-term action team to do this over spring/summer. The following expressed interest in helping with these plans: Rob Lowell, Nancy Rottman, Jen Inglis, Jeana Tecci, Ashley Hall, Olga Sanchez

III: Coalition Business (15)

- Approve March Minutes
 - A motion to approve the March minutes was made. Motion approved.
- Youth Council Update
 - [Selectboard Meeting](#)-10 youth council members had an opportunity to speak at the April 7 Selectboard Meeting. The School Committee was also present. The video is on the town website and cable.
 - Phil Crawford and Dick Dalton received the award of Honorary Champions for Youth Award
 - Please watch the [Youth Council Video: 21 Reasons to Stay Above the Influence](#)
 - Thank you to Dave Thomson & the videographers for working with the youth on this video.
- Subcommittees/Programs In Progress
 - Successful seminar on Athletic Development (28 attendees)
 - Thank you Michael Bierwirth for making this happen
 - Thank you Rob Lowell for the YMCA teen membership raffle
 - [See Flyer for Film "Don't Wait" about talking to kids about substance use](#)
- Community Assessment and Evaluation
 - SSRE finalized Parent Survey

- Launch of Parent Survey grades 5-13, May 3rd-talk it up!
- Youth Focus Group Results in May
- Press/Public Relations
 - Champions for youth (4 teachers in Lynnfield)
 - See sample press articles
 - ATI highlights: see links to articles
- Fiscal/Grant Updates
 - Proposed use of carry over funds (Kevin, Peg)
 - AHL will need to carry over funds from Year 1 to Year 2 of DFC to be used by 12/30/21.
 - Kevin and the school district have proposed AHL contributing to the Connections Program, a contracted service that assists high risk youth and families with accessing wrap around services.
 - There were no questions or concerns from the group about the use of carry over funds for this purpose.

IV: Other /Community Input

Adjourn Meeting

10-10:30 Optional Community Connections/Conversation Time

- Phi Crawford: Town Elections Tuesday (tomorrow)
 - Tuesday's BOS meeting will be in person and announce new members of the selectboard and new school committee members.
 - Town meeting has changed again - June 12th
- Pastor Leighton/Leann Bordonaro - AHL handed out 150-175 resource bags at the Good Hope Food Pantry - Thank you to Olga Sanchez helping out and talking to Spanish-speaking families and explaining resource information
- Kevin Cyr - Grades 3-12 full time back at school.
- Stacy Dahlstadt - Thank you everyone for getting the youth back to school.
 - Athletic Development presentation was well received
- Chief Nick Secatore - April 24th 10am-2pm [Annual Drug Take Back Day](#) at the police station. (We usually collect over 100 pounds).
- Chief Glenn Davis -
 - Along with the Take Back Day there are also disposable medication bags available to share with residents.
 - Emergency Management Team: Not really seeing an uptick in COVID after Easter. 95% of 65+ residents of Lynnfield have at least one dose of the vaccine
 - Continue to social distance, wash your hands, wear your masks
- Jen Inglis - The library is open by appointment but they can accommodate walk-ins if they are not booked up. Details [HERE](#)

- Kristin McRae - Lynnfield Board of Health is continuing with business and inspections of new restaurants coming to MarketStreet
- Walking Program: Leanne is coordinating a walking program for teachers and staff at LHS. Group walks on Mondays after school. Great way for teachers to stay connected in a healthy way!

Next Meetings: May 10th and June 14

A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.