



AHL Meeting Minutes

Monday, May 10, 2021

Present: Peg Sallade, Julie Greene, Leanne Bordonaro, Ron Block, Phil Crawford, Chief Glenn Davis, Robert Lowell, Linda Naccara, Rev. Bacon, Kevin Cyr, Jen Inglis, Scott Formica, Chris Caprio, David Thomson, Dr. Natasha Shah, Stacy Dahlstedt, Rob Dolan, Leo Barrett, Rev. Nancy Rottoman, Acting Chief Nick Secatore, Olga Sanchez, Mary Homan, Diane Courtney, Chief Breen, Michelle (Lahey Clinic), Michelle Snyder - Lahey, Vasundhra Ganju

Meeting Powerpoint: A Healthy Lynnfield May 2021

I: Introductions & Welcome to Guests/New Members (5)

- Phil welcomes everyone.

II: Coalition Business (15)

- Approve Minutes - Phil made a motion to approve the minutes as written - minutes approved.

● Youth Council Update

- School Committee Presentation on Tuesday, May 11
 - Youth council will be presenting the Lynnfield High School youth focus group data to the school committee.
- Meeting with Superintendent
 - Superintendent Vogel met with AHL LHS students to interview them for her entry plan. Students were asked their opinions on successes and challenges of Lynnfield Public Schools. They talked about what great things are happening at Lynnfield Public Schools & what things they would like to see changed.
- **Wellness Boards** in the High School
 - Senior tips & mental health tips was the theme for May.
- **Project Adventure Leadership Day**
 - The youth council will be going to Project Adventure in June. This is a great opportunity for leadership and team building through outdoor adventure activities.
- **Pride Month**

- MarketStreet will be displaying painted rainbows on the greens at MarketStreet in celebration of pride month (June 1). LHS Youth Council is partnering with A Healthy Lynnfield middle school youth group to paint the rainbows on May 25th. This is a great mentorship role modeling opportunity.

- **Sub Committee Updates/Programs In Progress**

- **Educational Forum on Alcohol Policy**

- The Mystic Valley Public Health coalition and A Healthy Lynnfield co-sponsored an educational forum on Alcohol Policy and best practices for protecting youth from alcohol harms. Senator Jason Lewis and Representative Kate Lipper-Garabedian hosted the forum. Thank you, Phil and Rev. Bacon for attending. David Jernigan, who is a global expert on alcohol policy & is a professor at Boston University school of Public Health presented an informative presentation on alcohol policy in Massachusetts. Also, three communities shared a story on how alcohol regulation impacts our communities.
- We had about 64 people attend the forum & a LHS student from the youth council, Sarah Doherty spoke at the forum to address alcohol harms and youth.
- Peg will schedule a time to review David's slides on Alcohol Policy with anyone interested.

- **Regional Hosts:** AHL staff hosted two regional **networking meetings:** PFS Grantees Coordinators Meeting & a Northeast Regional Prevention Coordinators Networking Meeting. We had positive feedback on these meetings & they will be continuing.
- **Walking challenge** - The walking challenge for Lynnfield High School staff/teachers was a success. The teachers and staff who participated said they really enjoyed it and it was motivational. The group walks are going to continue on Mondays after school; it's a great way for teachers to connect. They are hoping we will run the challenge next year!
- **National Take Back Day** was successful & it was great to help out the Police & Fire Departments with advertising this event. Over 100 lbs of drugs were collected!
- **Press/Public Relations**
 - Dave Thomson presented on press that went in the newspapers for the Above the Influence campaign which included Ads, Champion for Youth, Parent Survey, Don't Wait Film Viewing, Above the Influence Campaign. Thank you to the **Fire Department** for putting up the Above the Influence banner.

- **Don't Wait Film & Panel Discussion**
 - Moderately successful. Diane emphasized that she wished more people went to the panel discussion. She said it was a great informative discussion that every parent should take part in. Also-Girl Scouts heard the message of Above the Influence and liked the video from LHS older youth.

Upcoming Programs/Action Items

- **Parent Survey Open [HERE](#) Please Share with all you know!** ○ **ATI Campaign Survey Open** (this survey helps us understand what messaging you received around Above the Influence - **Coalition members, please take survey [Here](#)**)
- **Fundraising-National Golf Day Event** at Sagamore Spring Golf - Thursday, May 13th (11am-2pm)
 - The club will donate \$50 to A Healthy Lynnfield for every foursome that tees off during those hours and will double the donation to \$100 if the Guest Public Official can out drive the foursome.
 - Peg, Julie and Leanne will set up a table there
 - [See flyer here](#)

III: Special Topics & Break Out Discussion

- **Presentation: Summary of LHS Youth Focus Group**, Scott Formica, Ph.D. SSRE
 - Scott presented on AHL Youth Focus Groups (Lessons Learned from Discussion with High School Youth)
 - Presentation included topics such as Benefits and Challenges to Living Here, Impacts on Youth Health, Substance Use Among LHS Students, Where Youth Use Substances, Why Youth Use & Things that Promote Use.
- **Group Comments:** Areas of concern include parents providing/parent education, need for health messaging across all grades, more on positive mental health supports, enforcement/consequences and positive supports. Let's think about how we can be most impactful and effective during the next years to come. After we review the parent survey results this summer, we will host some planning meetings.

IV: Other /Community Input (10)

- Linda Nacarra (Senior Center) -Opening some outdoor and indoor classes in June (small groups). Keeping grab and go lunches - 80 meals a day (all Lynnfield Residents)
- Ron Block (Lynnfield Rotary) - Looking to restore summer Concerts on the

Common series if permissible.

- Jen Inglis (Library) - Allowing browsing without an appointment. You do need an appointment for using the computers and childrens room. May be back to full normal schedule in June. A middle schooler came by the first day they were back open!
- Reverend Nancy Rottman - Almost ready to open to their outside group including their woman's Alateen and AL -Anon. (Note: was being renovated from flooding) ● Fire Chief Glenn Davis - Public health data is trending in the right direction. As of today, we can have 100 people indoors and 150 people outdoors. Good things coming.
- Diane Courtney (Representing the Girls Scouts) as far as the Above the Influence Campaign, Diane thought it was well- received by the middle schooler students and Girl Scouts.
- Kevin Cyr- Launching working with Diversity Consultants starting in July: Starting with training for the school committee, and administrators and introduction to staff. The consultants will launch an Equity Audit to inform us where to go from here to support our school community with DEI initiatives.

Adjourn Meeting

2021 Meeting Dates through June: June 14

A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.