



Minutes: Healthy Lynnfield Meeting

Monday, July 13, 2020

Virtual Meeting, 9 to 10 am

Participants: Julie Greene, Peg Sallade, Kelsey Coughlin, Carmela Dalton, Chief Glenn Davis, Sheri Weeks, Lisa Costa, Scott Formica, Stacy Dahlstedt, Natasha Shah, Colby Thompson, Mary Homan, Chief Dave Breen, Chris Caprio, Leo Barrett, Reverend Glenn Mortimer, Linda Nacarra, Ashley Hall, Diane Courtney, Kristen McRae, Ryan Rivard, Phil Crawford, Dr. Natasha Shah, Rob Dolan

I: Introductions & Community Updates:

- Kevin Cyr, Lynnfield Public Schools - Taking state guidance in reopening. Attending a virtual superintendent conference with Kristen Vogel for the next 2 days. Next week there will be a task force on July 23rd to prepare 3 plans for reopening. Summer institute just finished, over 150 teachers involved planning for fall. School committee meeting next Tuesday.
- Kristen McRae, Lynnfield Board of Health - Case numbers of COVID not increasing but still an issue. Very busy at the BOH but cases seem to be going in a good direction.
- Linda Nacarra, Senior Center-Van is back on the road and grab-n-go lunch is going well. Almost all programs are up online.
- Chief Glenn Davis, Lynnfield Fire Department - Echoed Kristen's comments, we can't forget COVID is still here. They review reopening plans as businesses open. There is a lot going on and it's important people remain vigilant and wear masks.
- Mary Homan, Lynnfield Public Schools Nurse - Community schools opened July 6th. There were 80 kids last week and it went well.
- Ron Block, Rotary Club- Peggy Pratt Calle is new Rotary President as of July 1, 2020
- Chris Caprio - Commendations to Town Administrator and EMS Director, Chief Davis & staff for a successful socially distanced, modified Town Meeting in which over 100 people attended.
- Ashley Hall, Tobacco Free Communities Partnership - New incentive program at Massachusetts Smokers Helpline - individuals who call in and disclose they are menthol users and/or have a mental health diagnosis can earn a \$50 gift card.

II: New Business: September Recovery Month Event- Night of Hope

- Carmela Dalton, Think of Michael Foundation- Is hopeful to run Night of Hope similar to last year with extra precautions taken, tentative date is September 20, 2020. Will have masks for all attendees. Will decorate the town center with flags, banner, purple lights, etc. Speakers to be determined.

- Rob Dolan & Chief Davis- Anticipate no change from last year as long as masks are worn and social distancing happens. Will review with Kristen.
- Chris Caprio - Proposed the middle school football field if offers more space for social distancing, maybe reversing the route to end at the football field
- Reverend Mortimer offered clergy support similar to last year.
- Carmela - Looking for the same support from AHL as last year.
- Ron asked about First Responders Day. That event will most likely be modified with respect to serving food to a large crowd. Will be further discussed by town soon.

Action Items: Carmela will coordinate planning meetings w/ AHL over Zoom to begin the planning process, Reverend Mortimer will connect with Clergy to plan for similar support from last year.

III: Coalition Business

A. June Coalition Minutes Approved

B. State Funding-Bureau of Substance Addiction Services

Our \$50,000 state funding ended June 30. Thanks to Rep. Jones and Senator Crighton for their support. Focus was on opiate prevention and much was accomplished. Some highlights were:

- Medication Disposal Box to be available 24/7 to reduce access to unused medication has been purchased and is waiting installment at Police Station. Chief Breen will keep the coalition posted on the installation timeline.
- A new informational postcards was created to address disposal and medication safety.
- A New Overdose Response brochure was created for Police and Fire to use on the scene of an overdose or drug related incident.
- Charcoal Medication Disposal bags were purchased for EMS consumer disposal of medication.
- Expansion of Rotary Lock Box Program: As part of Home Safety Checks, the Fire Department can now distribute new Medication Lock Boxes and an educational piece on medication safety, along with the Exterior Home Lock Boxes. This collaborative effort with EMS and Rotary is good coalition work!
- Narcan Policy
 - i. A workgroup of EMS Director, Superintendent, AHL, and School Nursing, & school physician drafted a policy for school nurses to stock and administer Narcan. The draft was presented to all LPS administrators for feedback. It is now ready for review and approval from the School Committee . AHL will check on scheduled date for this. Mary Homan indicated that there will be training for nurses and for all building administrators. Chief Davis emphasized the importance of education around this. Peg provided context that the state law allowing for schools to have this health

policy was initiated in 2015 and currently a majority of school systems have this in place.

C. PFS Grant

- Filed budget amendment, waiting approval for \$30,000 reallocation to hire a consultant for schools to support developing a trauma sensitive and supportive environment for students transitioning back to school during pandemic
- Scott Formica, SSRE- Scott reviewed federal funding requirements for evidence-based strategies. The strategies/curricula are studied relative to outcomes for substance use prevention. There is a list of recommended program strategies that are promising and effective. Some are already included in Lynnfield's prevention plan. The key is to find a best fit for the community. A mix of strategies is recommended. If it is not evidence-based, it should at a minimum be in peer reviewed literature. This approach aligns community investment with outcomes.

III: Work Group Updates

A. Membership Diversity Workgroup: Group Recommendations

- Diversity Training for Town Employees and Law Enforcement
- Diversity Training for Coalition
- Book Read for Coalition Members: *Why Are All the Black Kids Sitting Together In the Cafeteria?* (Also being read by LMS teachers) This is in connection with our health equity lens in addressing substance use.
- Continued outreach to new members.
- Join/participate in Lynnfield for Loves 30-day challenge on Facebook.

Action: AHL staff will set up a google form of who is interested in participating in a book read and will host a few discussion forms in August. Books are available.

B. Youth Engagement Workgroup: Group Recommendations

Priorities for Youth Engagement this coming year include:

- Develop an alternative to suspension education program for LMS and LHS for students in violation of chemical health policy
- Reshape our AHL High School youth leadership program into a community youth council format & continue to support LMS middle school youth group expansion
- Coordinate a substance use prevention theme "Above the Influence" across community groups and allowing each group, e.g. PTO, sports team, business, student clubs, etc. to participate with their own innovative ideas. Rons suggested Rotary Interact club. More to come on this in August.
- Athletic/Sports related outreach is on hold per school feedback until we know what fall sports will look like.

Next Meeting:

Virtually Monday August 10, 2020

9-10 am