



Minutes: Healthy Lynnfield Meeting

Monday, August 10, 2020

Virtual Meeting, 9 to 10 am

Participants: Julie Greene, Peg Sallade, Phil Crawford, Carmela Dalton, Chief Glenn Davis, Sheri Weeks, Lisa Costa, Scott Formica, Stacy Dahlstedt, Natasha Shah, Dave Thompson, Kevin Cyr, Abby Porter, Chris Caprio, Leo Barrett, Reverend Glenn Mortimer, Reverend Rottman, Linda Nacarra, Ashley Hall, Diane Courtney, Kristen McRae, Ryan Rivard, Dr. Natasha Shah, Rob Dolan, Vasundhra Ganju, Ron Block,

I: Introductions & Community Roundtable Updates:

- Congratulations to Kelsey & Brian Coughlin and Baby Owen Coughlin
- Phil Crawford- Introduction of new Superintendent Kristen Vogel, joining Lynnfield as of July 1st
- Kevin Cyr- Update on Hybrid School Model that was approved by the school committee and pending review of the Teachers Union, the model will consist of group 1 and group 2 each attending two days Group 1) Mon-Tuesday, Wednesday a virtual day, and Group 2) Thursday-Friday
- Ryan Rivard- Riverside's Referrals have been picking up and they have been busy but still have openings and can usually connect someone in 2-3 weeks to a clinician
- Abby Porter- The library is beginning a community book read of the book *Guts* that is a graphic novel of a middle school aged girl experiencing anxiety, they will have activities associated with it, as well as a panel night of resources of support to answer questions for parents and their children

II: Coalition Business / New Business

- Coalition Approved July Meeting Minutes
- **Highlights National Coalition Training**-(CADCA and National Coalition Academy): Julie Greene attended two weeks of training and workshops from CADCA to work on products that support our DFC. Julie gained new ideas and perspective on work coalitions are doing nationally. She is grateful for the participation of AHL members and how well represented and active our coalition membership is. Kudos to you all!
- **Diversity/Bias Training** -
 - Police Department Training: AHL is supporting Lynnfield Police Department in a specialized training on De escalation techniques and Implicit Bias training with Commonwealth Police Legacy, Inc. About 20 officers will be trained. Thanks to the Central Office for the use of space.

- Town Employee Diversity Training: AHL will also support a 3-part training for town employees with 2 trainers on Cultural Competency and Diversity.
- Coalition Diversity and Implicit Bias Training-What is the group interested in?
 - Recommendations to make it a night time virtual training where we could open it up to community members to also attend
- **Action:** The Diversity Subcommittee will meet to plan a community/coalition Diversity Training for November timeframe. Interested in assisting are: Vasundhra Ganju, Stacy Dahlstedt, Ryan Rivard, Rev Rottman, Diane Courtney
- **Annual Report-** The AHL annual report is ready, coalition brainstormed ways to get our annual report out and timing wise. Kristin McRae suggested leaving copies at BOH for the community. Abby Porter- Could put in-bag of book pick up programs. Phil suggested putting it on the Town Website and as an insert in the papers. Reverend Mortimer and Reverend Rottoman- Churches have virtual newsletters that they could share it with.
- **Action:** Peg will resend a link that can be used to share with your constituents or organizations. Each coalition member should look for a way to help expand our communication across the community.
- **Summer Messaging Campaign:** Three ads were presented to the coalition for our summer campaign on Underage Drinking prevention. These ads were based on our parent focus group results and a group of parents/coalitions members provided feedback on the ads before distribution. We will do a LTE in August to go along with these. They will go in the papers, and on social media, and coalition members are encouraged to share them on their sites and in their newsletters.

III: Night of Hope-National Recovery Month, September

- Carmela Dalton, Night of Hope- National Recovery Month Event Carmela suggested a Drive By Parade for the Night of Hope event as a modified event keeping public safety in mind. The event will start and stop at the middle school on Sunday September 20. Start time to be announced. We will decorate the common with purple bows, etc. on Saturday 8/19. We will have purple balloons and purple lapel ribbons, and there will be a short blessing at the start of the event. We will pass out purple votives to each car. Peg asked coalition members to pitch in to help decorate on Saturday morning. Diane Courtney offered that maybe small groups of the Girl Scout Group could help
- **Mindfulness and Recovery:** A Healthy Lynnfield will sponsor Vasundhra Ganju in conducting a weekly virtual mindfulness workshop during the month of September in honor of recovery month. All are welcome to attend as a general wellness activity, open to the first 30 community members **(See Flyer Attached)**

IV: Midpoint Review of 2020 Action Plan

- **AHL and Lynnfield Public Schools Fall Initiatives-** The PFS Budget amendment was approved to support Lynnfield Public Schools with \$30,000 to be used with a consultant in support of district wide approach to returning students to school and adopting a trauma sensitive and supportive school

environment to meet the social emotional needs of all students during this difficult transition time. The consultant will meet with the Administrative team on 8/19 and a plan for work moving forward will be developed.

- Action: Kevin will provide scope of service for the consultant's work to AHL by end of August and includes a review of goals, objectives and intended outcomes as well as services provided (Scope of work) for consultant by end of August.
- **Above the Influence Campaign**-this will be our theme for the year in hopes of engaging youth, community groups and coalition members in a united voice and approach to substance use prevention in the community.
 - The group reviewed potential logos for a fall Above the Influence theme and provided feedback of bold fonts, possibly including the AHL logo inside the arrow.
 - Coalition discussed groups and partners taking a piece of ownership and including Above the Influence in activities, messaging, or curriculum
 - Diane Courtney says she could see Girl Schools developing a patch opportunity with the Above the Influence Logo
 - **Action Item:** The Youth Engagement Group will discuss and further plan the Above the Influence Campaign in our next meeting, **September 3 at 11:00 am.**

Postponed Until Next Meeting

- Discussion around Underage Drinking / and Pandemic implications of policy
- Workplan Review (**See presentation attached with completed and outstanding items**)

Next Meeting: Virtually Monday September 14, 2020, 9-10 am

Tuesday, October 13 (after Columbus Day)

November 9

December 14

Next Youth Engagement SubCommittee Meeting: September 3, 11:00 am