



**Lynnfield Substance Abuse Prevention Committee
Minutes: September 11, 2023**

Present: Scott Formica, Heather Day, Diane Courtney, Marita Klements, Kate DePrizio, Diana DeLeo, Peg Sallade, Stacey Dahlstedt, Lydia Sweetser, Toni Rebello, Nick Secatore, Dave Thomson, Care Green, Ron Block, Natasha Shaw, Tiffany Leyne

I: Program Director Peg Sallade called the meeting to order. Introductions were made.

II: Approval of Minutes: A motion was made to approve August 2023 minutes. The motion was seconded and approved by all.

III: Coalition Business

- **Annual Meeting RSVP:** Please rsvp. If you bring a guest there is a \$25 cost. Coalition members are asked to sit at different tables to facilitate welcoming conversations and help with end of meeting discussion around keynote presentation. Please arrive by 5:45pm so we can begin promptly at 6pm.
 - **Volunteer Commitment Forms:** Please complete and return to Lydia.
- **Family Engagement Specialist Hired:** Welcome Jessica Tortola to the team! Jessica is an experienced Spanish teacher and Lynnfield resident working with the English Language Learner Director of LPS to assist multilingual families and students.
- **Wizards Sponsorship:** For this event, we are looking for *new-to-us businesses* to sponsor the event, so we are not overlapping our ask with Health Expo in May. [See Sponsorship Sheet.](#)
- **Youth Program Updates:** Youth will speak at Night of Hope, Club Fair at the high school this Friday to recruit new members. The Middle School group is meeting in the coming two weeks. Program in elementary schools on how to be a good friend with a bookmark contest and lesson from older students.
- **[Healthy Conversations, Healthy Kids Series](#) Flyer:** First event October 18th at Huckleberry Hill School, Dr. Englander on technology safety, screen time, and social media geared toward elementary school parents.

IV: School (5)

YRBS: Peg, Toni, and Lydia are reviewing question sets provided by JSI. Need to loop in the HS and MS administration. There will be questions surrounding cyberbullying on the survey. There will be a middle school survey and a high school survey distributed, beginning with 6th graders.

Toni: Vaccine clinics begin soon, every Friday in October, for school staff. Student vaccine clinic October 18th. This year, we are looking to do another wellness series with older students teaching 4th grade about mental health. 4th and 3rd grade will learn about nutrition, 2nd grade sugar shock, and 1st grade hand hygiene. CPR classes for staff as well as Middle School and High School students are in the works. Others discussed the need for a community CPR class. Peg, Toni and Coral will connect on this.

Stacey/Kate: School committee will review district strategy this week. 3-year plan being presented by Kristin Vogel. We will revisit the AHL Master Plan calendar for coalition meetings, and see where other school personnel can join.

V: Treatment/Recovery (5)

Riverside: Groups going well. Have hired an adolescent specialist to be able to add more high school groups. Heather will email flyers again.

MCAW: Tiffany reported that they have received their Mental Health License and are now treating both SUD and mental health diagnoses for adolescents in IOP. They are planning to be approved for Partial Hospitalization services by the end of September. They have a new medical director from MassGeneral, Dr. Rubin.

VI: Public Safety/Public Health

- 9/11 Memorial Service today at 6 pm on the common. Ceremony at the Fire Station this morning.
- **Police:** Reported they are continuing to collect data of incidents involving substances. Will share next month , and with Scott Formica. Reporting due in October.
- Narcan is available at Town Hall.

VII: Community (10)

- **Night of Hope:** 6 pm at the Middle School Sept 17th. There will be many vendors with resources available. There will be two speakers from different recovery homes, student voices, as well as an interfaith blessing from Glen Mortimer.
- **Rotary:** Buddy Benches may expand in town, and will reach out to school building principals. Sept. 22nd Rotary Golf Tournament. Proceeds to benefit student scholarships, and rotary projects for the town.
- **YMCA:** Where in the World Gala Sept. 21st. Silent and Live Auction. AHL Board to discuss potential sponsorship.
- **Town:** 9/11 Memorial for local first responders on the Common tonight at 6pm.
- **Library:** Tours of the library will commence soon as we close in on the town vote on the new building.

VIII: New Business (10)

- [Draft Annual Plan 2024](#): Please take a look and let us know any questions/comments/concerns
- Interest in community CPR/AED and Narcan plus Stop the Bleed training group. This idea has been presented to us before and conversations have been started.
- Thank you to Dave for your Press help getting content and blogs out on time!
- Thank you to those of you who have written blogs so far, if you are interested and have not written one, please reach out to Diana.

Adjourn Meeting

Next Meeting is TUESDAY October 10, 2023 9 am at Market Street