



Minutes: November 12, 2019

Participants: Ron Block, David Bree, Chris Caprio, Diane Courtney, Phil Crawford, Kevin Cyr, Carmela Dalton, Stacy Dahlstedt, Glen Davis, Rob Dolan, Jen Inglis, Rob Lowell, Julie McCarthy, Kristin McRae, Reverend Nancy Rottman, Peg Sallade, Mary Stewart, Ashley Hall, Kelly Russell

I: Introductions and Brief Community Round Table

- Diane Hurley was not in attendance to speak about the Black Balloon awareness day.
- Ashley Hall, Program Director, NE Tobacco Free Partnership introduced herself as our guest today.
- Ron Block said Rotary voted to continue the lock box program this year.
- Phil acknowledged Girl Scout troop involvement and a successful Veterans Day celebration yesterday.
- Veteran's Day service went well. Rev. Rottman discussed the Interfaith Service on Tuesday 11/26 at 7 pm at the First Parish Church of Wakefield as a continuation of collaboration among clergy across the community.

II: Coalition Business

- a. **Approval of Minutes:** A Motion was made and seconded and October minutes were approved.
- b. **Fiscal Updates:** AHL Treasurer Julie McCarthy provided a cash transaction report for AHL 501c3 with a \$21,309 balance, much of which is restricted under the Lahey and North Shore Community Health Network grants for Interface and youth development work. There is about \$7,000 unrestricted. Phil reported on the total expenses from Think of Michael (TOM) as \$4672.50 and AHL at \$4001.12. The difference paid by TOM was \$671.38 split between the two organizations or \$335.68. A motion was made and approved for AHL to reimburse TOM for this amount to even the expenses between the two organizations.
- c. **Program Updates**
 - i. **Youth Risk Survey:** Kevin reported a successful implementation of the YRBS at the Middle and High School the last 2 weeks of October. Preliminary data is being cleaned and validated by the evaluators. A community presentation will be made in February at school committee.
 - ii. **Mental Health First Aid:** Rev. Nancy Rottman reported on a successful MHFA training for clergy and volunteers in October, with favorable comments about the facilitator and expressing an interest on behalf of the Clergy Collaborative to also participate in a youth mental health first aid. Discussion ensued, and some community members are also interested in youth mental health first aid. Decision was made to offer 2 courses in late February, early March. Daytime for clergy using similar model, and for community-one evening and one weekend day was suggested.
 - iii. **Youth Action Team:** Peg reported high school group is promoting the great American Smokeout on Nov. 21 with "Quit Kits" and posters to support students who want to quit vaping.
 - iv. **Vaping Prevention Presentation,** MA Tobacco Free Partnership: Members who attended the community presentation had favorable comments. About 20 people attended

with an equal split between elementary, middle and high school. The presentation will be available on video for those who were not able to attend.

d. Upcoming Events

- i. Kevin mentioned Jon Mattleman a speaker for parents about how to best communicate with teens and tweens and some of the issues/risks today's adolescents face. This is timed with the school's implementation of SOS screening. Thursday, 11/16 7pm at LMS.

e. Partnerships for Success Goals (Handout)

- i. A handout of grant goals was distributed. Peg discussed that these goals were linked with the YRBS and other community feedback and assessment from the first two years of work. The community will continue to have input on future year's strategies and Peg asked the group to think about future programs of interest to the community.
- ii. Parent and youth focus groups are slated for January.
- iii. There was some discussion of a spring educational forum with Dr. Kevin Hill author of The Truth About Marijuana. The group agreed this would be of interest.

f. Other-Alcohol Licensing Board updates

Phil discussed the town meeting article that passed allowing sale of liquor on Sunday's to accommodate restaurants serving Sunday brunch. Phil also mentioned Dick Dalton's discussion with license holders about seating of children at bars and potential policy changes regarding this. Peg mentioned that there is a body of literature that documents best practices for alcohol policy recommendations, and provided an example of coalitions how focusing on alcohol prevention form a policy subcommittee to review what is in place, research the best practices, and make recommendations to the appropriate policy board. The coalition will have future opportunity to discuss this and will plan a survey of training needs with licensees to assess needs.

III: Ashley Hall, MA Tobacco Free Partnership

- Public Health Updates/Vaping Ban: Ashley gave current numbers of people impacted nationally and deaths in MA. She indicated that there Vitamin E Acetate has been linked with the majority of cases of illness, but is not yet a causal factor.
- Tobacco prevention resources: Several handouts were distributed, including web links to current factual information: CDC, MMWR, and Mass.gov among them. These will be sent with minutes and posted on AHL website. There is also a new school tobacco diversion curriculum just released by the American Lung Association. Peg will look into sharing this with schools and has offered to support school clinical staff and nurses trained in the UMass Medical School tobacco cessation program.
- Roles of State Funded Tobacco Entities:
 - Ashley does the education part of tobacco prevention work for DPH under the Northeast Tobacco Free Partnership, a regional grouping of communities. Ron Beauregard does the technical assistance on tobacco related policy to Boards of Health and he work on compliance to local regulations.
 - Health Resources in Action coordinates the84.org—the tobacco youth groups across the state. Lynnfield is a chapter.
 - Tobacco Free Mass is the statewide coalition and advocacy group spearheading state tobacco policy efforts.
- State and Potential Local Policy Initiatives: The current state initiative is to pass policy to ban flavors including mint and menthol. Locally, the Lynnfield BOH has a flavor ban, but it does not include mint and menthol. Only 7-9 communities have this in place locally. Many communities have a cap on the number of tobacco licenses allowed per community. Lynnfield does not. Kristin McRae indicated that tobacco is part of the upcoming November BOH meeting.

Next Meeting: Monday, December 9, 2019: Lahey Health Community Needs Assessment Presentation