



## **AHL MEETING MINUTES**

Monday, November 8, 2021

**Al Merritt Media and Cultural Center, 600 Market street, 2nd Floor**

**Time:** 9 am to 10 am Business Meeting; Networking & Community Updates 10 to 10:30 am

**Participants:** Peg Sallade, Julie Greene, Leanne Bordonaro, Phil Crawford, Chief Glenn Davis, Linda Naccara, David Thomson, Stacy Dahlstedt, Rob Dolan, Leo Barrett, Chief Nick Secatore, Olga Sanchez, Diane Courtney, Ashley Hall, Kristin McRae, Michelle Snyder, Brian Holihan, Heather Day, Natasha Shah, Lisa Costa, Rev Rob Bacon, Mike Bierworth, Abby Porter

### **I: Introductions & Welcome to Guests/New Members**

John Smolinsky from the Wakefield-Lynnfield Chamber of Commerce sent his regrets.

### **II: Beth Israel Lahey Health Community Needs Assessment - Michele Snyder, Community Relations Manager**

- Michelle presented on the Community Health Needs Assessment (CHNA)- which is done every three years.
- The CHNA identifies key health needs and issues through systematic, comprehensive data collection and analysis.
- Surveys, Key informant Interviews and Focus Groups are part of the process to gather data. The survey has been released and it is out until November 15th. **Please take the survey [HERE](#).**
- A community health assessment gives organizations comprehensive information about the community's current health status, needs, and issues. This information can help develop a community health improvement plan by justifying how and where resources should be allocated to best meet community needs.
- A Healthy Lynnfield collects much youth data, this data helps round out adult health data in Lynnfield.

**Action Items:** AHL will send a link out with a script for taking the survey in email. COA will send it to seniors . Library will post. Others please share with your constituents.

### **III: Coalition Business**

- **Approve Minutes**
  - A motion to approve the October minutes was made. Motion approved.
- **Staffing Changes**
  - Farewell to Leanne Bordonaro, AHL Outreach Coordinator - she is pursuing new job/ career opportunities with Lahey Health. She will be missed for all her administrative assistance with our AHL programming. Good Luck Leanne!
- **Sub Committee Updates/Programs In Progress**
  - Tips Training - Free responsible beverage sales and service training for local Businesses - Tuesday Nov. 16th 9am-3pm - [Register here](#)
  - Healthy Conversations, Healthy Kids Series - Session 2: Blunt Talk on Marijuana: What Every Parent Needs to Know - Wednesday, Nov. 10th 6:30pm-8:00pm at the Media Center at MarketStreet Lynnfield, 600 Market Street, 2nd Floor. [Register Here.](#)
  - 12th Annual Turkey Trot Road Race (Lynnfield Rotary Club) - November 21, 2021 - [See Flyer Here](#)
- **For Future Discussion**
  - Healthy Living Expo - Coalition interested in coordinating a health expo for next spring with the Lynnfield Chamber of Commerce. Stay tuned as we hear more from Mr. Smolinsky.
- **Press/Public Relations**
  - Thomson Communications reported that Peg and Phil were interviewed by the 01940 magazine. Next issue should be released by the end of this week.
  - The Daily Item, The Lynnfield Weekly, The Patch and The Lynnfield Villager all had articles in them related to AHL. Some examples include:
    - *Healthy Conversations, Healthy Kids Series* - Session 2
    - Kendra Scott Fundraiser
    - Tips Training
    - Parent Survey Results
- **Fiscal/Grant Updates**
  - Working collaboratively with MassCall3 partners-North Reading, Peabody, Tri-Town area. Discussing a possible policy forum in February.
  - PFS annual grant report has been submitted
  - DFC grant Year 3 - waiting on approval
  - New grants are available for different topics. Peg shares opportunities regularly with partners that might be interested in new funding, e.g. DESE released a new I SEL/Mental Health Request for Proposal. The North Shore Community Health Network will be looking at behavioral health

workforce development. Most grants require strong and innovative community partnership and collaboration.

#### **IV: Youth Council Virtual Updates**

- **Youth Highlights 2021**
  - Youth handed out purple ribbons in September during lunches in honor of Night of Hope event
  - The Youth Council is working on team building, and creating an “Identity” Project -Young people need to believe in their own self-worth and to feel that they have control over things that happen to them. Strong personal identity is a protective factor against drug use.
  - Lynnfield middle school participated in Red Ribbon Week (National Prevention Week). Each day was a different theme. Example: ‘Scare drugs away’ - the kids dressed up for Halloween and ‘too bright for drugs’ - the kids dressed up in neon colors.
  - Evy & Teanne created a Red Ribbon Week poster that was displayed at the Library.
  - National speaker Ashley Bendickson presented at LHS on October 27, about Healthy Relationships - The Youth Council is planning to do a follow up peer based activity.

#### **V: Other:**

- **Art Guild:** Thanks to everyone who helped at the AHL information table at the Art Guild this Saturday.
- **Kendra Scott Fundraiser:** Thanks to everyone who participated in the Kendra Scott fundraiser this past Saturday.

#### **Business Meeting Adjourned**

#### **Community Round Table and Updates**

- **Rotary Turkey Trot:** Peg shared a flyer on the [Lynnfield Rotary Turkey Trot](#) scheduled for Sunday, November 21 at 8:30 am at the high school. Registration is online on the Rotary’s website linked above.
- **Mike Bierworth, Athletic Director**
  - Student/Athlete programs available through MIAA in November/December
  - Captains club held seasonally to share what they learned at MIAA seminars.
- **Fire Chief Glenn Davis**
  - Lynnfield is holding two vaccine clinics - November 13th and 14th

9am-4pm at the Lynnfield Middle School for children ages 5-11. Volunteers are needed to help with these 2 clinics. Please email [salladem@lynnfield.k12.ma.us](mailto:salladem@lynnfield.k12.ma.us) if you can help out. Registration for vaccination is required. More information here: [Click here.](#)

- **New Business/Healthy Opportunity**
  - Our AHL member Chris Caprio's wife recently opened '[The Vault](#)' - fitness and wellness center in Lynnfield. She invited AHL to use her space when needed.
- **Phil Crawford - Veterans Day**
  - Veterans Day Celebration on Thursday November 11th at 11 am on the Lynnfield Town Common. A car parade is scheduled at 10 am to start from the OLA parking lot and end at the Lynnfield Common where there will be speakers, foods and local organizations. Diane Courney indicated that the Girl Scouts will sing at the event.
- **Heather Day, LMHC - Riverside Community**
  - Riverside provides drug/alcohol education programs and has an 14 week DUI/OUI program for adults. They do not currently have wait times for adult outpatients, but still some for adolescent work.
- **Abby Porter, Library Director**
  - The library is providing virtual presentations including 'Intro to Gender Diversity and Pronouns' and 'Steps to Managing Memory, Alzheimer's Disease and Dementia' - [Please Register Here](#)
- **Police Chief Nick Seccatore -Drug Take Back Day**
  - 70lbs of Rx medication was collected during the last Drug Take Back Day. Thank you to our police department for this initiative!!
- **Ashley Hall, Northeast Tobacco Free Community Partnership**
  - Funded by DPH - provides tobacco education, prevention and cessation. There is new information on the Mass.gov website which provides an array of resources on tobacco education for adults and youth. The website has recently been updated and there are brand new campaigns on there.
    - [Information for Adults: Get Outraged!](#)
    - [Information for Youth: Facts. No Filters.](#)
    - [Quitting Tobacco: Take The First Step](#)
    - [About MTCP](#)

**Next Meeting at Lynnfield Market Street is Monday, December 13, 2021**

*A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.*