



A Healthy Lynnfield: Minutes April 13, 2020 Meeting Held Virtually

Attendees: Peg Sallade, Kelsey Coughlin, Phil Crawford, Mary Homan, Leo Barrett, Ashley Hall, Linda Nacarra, Carmela Dalton, Jennifer Inglis, Kristin McRae, Stacey Dahlstedt, Ryan Rivard, Reverend Glen Mortimer, Rob Dolan, Natasha Aurora, Glenn Davis, Amy Nardone, Scott Formica, David Thompson, Chief Breen, Ron Block, Julie McCarthy, Chris Caprio, Rob Lowell

I: Community Roundtable/Updates

Peg opened the meeting with a few tips for managing a zoom meeting. Thanks to Ashley and Kelsey for assisting with the technical meeting set up. Great to see so many of us connected! Congratulations to Phil on his new grandson, Joey!

Phil: Fantastic job town safety - police, fire, DPW workers, town administrators, school leadership. Everyone is working hard to keep Lynnfield safe and Healthy during this challenging time. Peg acknowledges that work has been happening across the community very fluidly during this challenging time and that is a testament to teamwork and sense of community.

Chief Davis- Fire and EMS

- Emergency management team meets daily, office is at senior center
- Town EMS daily report tracks numbers daily-report is sent out daily
- Dept. is okay with staffing and PPE supplies, some public safety staff are safely quarantined, but well
- 24/7 hotline for residents and town employees: **781-334-8141**, email address for questions is EOC@lynnfieldoem.org
- **EMS Website is central place for information at <https://coronavirus-response-lynnfield-ma-dgl-ssu.hub.arcgis.com/>**

Rob D. -Town

- 18% increase in COVID-19 cases in the county
- Board of Selectman meeting tonight and will be extending tax breaks, yard drop offs, increased flexibility
- Library has a lot to offer - check website
- MCAS cancelled - Jane meeting w/ Board of Education tomorrow
- Town meeting extended 30 days to 5/27 and town election extended to 6/28

Chief Breen -Police

- Police work continues as usual to keep the community safe.
- Video conferencing w/ judges and clerks
- No officers in station or entering one at a time; policy and practices have changed, some for better
- Working to enforce social distancing (people on golf course and kids in parks)
- Peabody District Court closed except for emergency orders and arraignments done via teleconference

Kristin McRae-Public Health

- Working every day since 3/9
- Using Maven system for confidential tracking of those in isolation / quarantine (town nurses trained in system)
- Communicating with state

Stacey D. -School Committee continued interviews for a new Superintendent, despite the challenges of this time. Process was transparent and well designed for community input. New Superintendent is Kristen Vogel from Tewksbury with over 30 years' experience.

Mary H. - School Health

- Schools have launched online learning at all levels, did a great job launching last week
- Elementary schools had a parade in town, student Bryan Mallett worked with teachers to create positive videos to connect with kids-posted on YouTube and Facebook
- Meeting w/ nurses 2x/week and collaborating w/ Board of Health

Kelsey C. - A Healthy Lynnfield, Welcome to Kelsey as our new AHL part time outreach coordinator

- Currently assisting with DFC coordinator interviews, creating marketing materials, speaking with youth coordinators from other towns, working with YAT members; graduating in May from Salem State with MS in School Counseling

Ron B. - Rotary club meeting weekly via Zoom and shifting its focus to virtual fundraising as spring events are cancelled;

- Good Hope food bank needs are increasing - Rotary is helping
- Have Rotary volunteers willing to shop for seniors / those in need

Reverend Glen Mortimer-Faith Community

- All services are stopped; Remote worship and keeping in contact w/ parishioners and community
- They have volunteers willing to help community members in need with errands-connect with Linda re: Seniors needs
- Wakefield Food Pantry in need and prefers monetary donations
- Wakefield and Lynnfield clergy meeting virtually for prayer and to share ideas
- **Action Item: Asking community members of all faiths and non-practicing to put candle in window to spread hope**

Ryan R. - Riverside,

- Moved all services to virtual and there's **no wait for therapy** or other services, accepting all insurance
- Referral #781-246-2010 x2014
- Questions - rivard@riversideecc.org

Jennifer I. -Library

- Library offering online services and increased database of e-books, audiobooks, and films
- Loosened library card requirements, Library active on social media and offering virtual meetings to card holders starting this week

Linda N. - Council on Aging

- Calling seniors to check in and sends email blasts to over 1500 seniors
- All exercise classes are online
- Working on homemade masks for seniors
- Need for people to shop for seniors

Rob L., YMCA

- YMCA offering virtual classes to people of all ages and virtual activities for daycare children
- Calling senior members
- Had Easter Bunny at YMCA for drive-up photos, 200 cars came

Leo B. -Wakefield Cooperative Bank

- From chat: Wakefield Co-operative Bank has been open and operating under restricted hours but I have to come in every day. The big thing we are working on right now is the PPP loans through the SBA which we have processed a lot since last week and we are funding loans to help small businesses, nonprofits including churches. If anyone needs this in the community have them contact me directly at lbarrett@wcbbank.com. This has been a very popular program and money is going fast from the government.

Natasha A. -

- Converted primary care clinic to almost all telemedicine; answering questions and treating anxiety around COVID, Interface only serves Lynnfield, so only useful for a portion of primary care patients.

Chris C. -Finance committee meeting virtually; kids having positive interaction with teachers on-line!

Amy N. -Lynnfield Athletic Association 4th of July road race postponed; Scholarship deadline is today, will be awarding 10 \$1500 scholarships to graduating seniors

Ashley H. -NE Tobacco Free Coalition

- Those w/ a histories of smoking are 9x more likely to develop serious illness if they test positive for COVID-19
- Menthol tobacco will be off shelves in all businesses except for on-site consumption
- Email ashley.hall@glfhc.com for info sheets and press releases

II: Community Needs / Ideas for AHL To Support Needs via monetary donation or other:

Peg and Phil facilitated a discussion about needs in Lynnfield under current crisis, and how AHL can be supportive. Peg shared a PowerPoint with several ideas discussed to date:

- A Tewksbury substance use residential treatment program for pregnant women and children, detox, and residential step-down program in need of chrome books for access to on-line recovery supports.
- Thanking police and fire with dinner or in some other way
- Peg checked in with school guidance and Superintendent to see if there were any families in need-not currently;
- Mary mentioned the school food service (part of town) might assist in some way, but that numbers serving free school lunches were small.
- Idea to support local businesses by ordering food delivery
- Linda, Ron and Jen all suggested Calvary Christian Church Food Bank in need - get contact info from Ron. Reverend Mortimer supports this idea and said Wakefield food pantry is also in need. There was much agreement that this would make sense to support local food pantries that serve Lynnfield. Ron and Jen have contacts for the Good Hope, Inc. entity that does the food pantry service.
- **Next step: Peg and Phil will check with Julie on allowable use of funds, consider the group's discussion and interest in helping with food security and quality of life (quality of life for Lynnfield is part of our mission). An Executive Vote is needed to approve any funds spent from the 501c3.**
- **Peg and Phil will follow up. Vote will be by email by the Executive team.**

III: Coalition Business Updates:

Scott F. -SSRE Assessment and Evaluation

- Preparing technical report for coalition assessment and will be done this week. Will talk to peg with when/how to roll out; perhaps in May and in a mini-webinar.

Dave T. -Thomson Communications

- Article on substance use recovery during COVID featured AHL and was printed in the Item last week.
- Lynnfield Villager article will be out this week; April is Alcohol Awareness Month-Peg & Dave to work on article. See handout from WHO on COVID and impact on immune system.
- Idea to create profile each week on coalition member in Lynnfield Weekly –**Action Step: Email Peg or Dave if you are willing to do a profile by end of this week.**

Peg S. - Additional Business

- Peg participated in several webinars about grant funding with federal officers. Grant funding timeline and scope, funding and contracts, will not be impacted, but the volume of work/metrics reported will be taken under consideration because of the national emergency. Challenge will be that programs at the community level have been cancelled, and we don't know expectations beyond May for school/community to reopen and/or be able to gather.
- DCF Coordinator Position for new DFC Grant: final interviews to happen late April / early May - working with Jane and Kevin for school participation in interviews.
Action Step: If coalition members have interview questions for a DFC Coordinator, they should email them to Peg who will compile a list
- **Action Step:** Email Peg any ideas for remote programming or collaboration. *What is of interest to community?* Asking members to think about how we can be relevant right now.