

Minutes: March 13, 2024

Lynnfield Substance Misuse Prevention Committee/A Healthy Lynnfield

Participants: Carmela Dalton, TOM, Heather Day, Riverside, Erin Denehy, AHL, Tiffany Leyne, MAWC, Toni Rebelo, LPS, Nick Secator, LPD, Glen Davis, LFD, Natasha Shah, MD, Sterling Key, Calvary Christian Church, Tom Bentley, Centre Church, Linda Ladd, Centre Church, Linda Naccara, COA, Jessica Tortoal, AHL, Michelle Snyder, BI Lahey, Phil Crawford, Chair, Diana DeLeo, AHL, Peg Sallade, AHL

I: AHL Business

- **Grant Signature-Sectors Representatives**
 - Peg explained that the DFC grant application Years 6-10 has changed the requirement and format for demonstrating participation from community sectors. Even though we have multiple representatives, only 12 need to sign. Peg will follow up with the signatures needed from those who are not here today.
- Youth Program Updates
 - Erin Denehy is assisting with the high school youth program. She has a HS Youth Council meeting this week, 3/13 to finalize the Friendship Bookmarks from the elementary school project. LMS Youth Council had a GREAT wellness week program last week. We had 9 teens complete the national Teen Mental Health First Aid Training on March 3. See our facebook posts.
- Parent Advisory Committee Updates
 - [Make Mealtime Matter Campaign Plan](#)
 - Jessica Tortola reported our highly successful dinner with MultiLingual families. Over 40 people attended. We launched the MMM Campaign and had Conversation Starters (boxes with labels and inserts) translated in 4 languages-Chinese, Arabic, Spanish and Portuguese. Jessica provided some information on how to translate materials on the school newsletter, school website, google, canva, and using some new apps.
 - Marketing overview-Dave T. & Diana
 - MMM postcards were mailed. There will be 4 versions mailed between now and mid April to homes of LPS families.
 - 2 Ads will be placed in each paper.
 - Social media posts feature different things on different days: recipe of the week, also on website [campaign page](#), benefits of family mealtime, tips for families, conversations starters.
 - Next up: Partnering with Summer Street PTO on pasta palooza on 3/27 and with Centre Church for an April meal. Also Huckleberry Hill's take out fundraiser the first week of April.



- Parent Caregiver Survey Results-Results in March, presentation moved to April
- Upcoming Programs

II: **Community Updates**

- Public Health & Safety
- Schools
 - YRBS School Committee presentation is Tuesday.
 - Civics fair is this Wednesday from 1-2 pm. Come support the students! They had great health advocacy projects.
 - Toni is working on an allergy education program for elementary schools and teaching CPR to 16 LHS students today after school.
 - It was acknowledged that the Nurse Coordinator's position is being eliminated from next year's budget. There is an opportunity to speak at the school committee this Tuesday regarding proposed budget priorities.
- School Committee: Kate was not able to attend but sent the following updates.
 - Thank you to all the HHS heroes on an outstanding Variety Show last night! We thank our staff for their amazing video of support. Big thanks to Mrs. Wyland, Mother Goose, on her last show, as well as a surprise guest in costume, Mr. Geary!
 - We are thrilled to announce that Lauren King will be principal of HHS starting July 1, 2024. Lauren has distinct elementary education and principal experience. Her passionate engagement and enthusiastic leadership will push HHS forward toward continued growth and success.
 - Thank you to all members of the principal search committee for their engagement and thoughtful collaboration. We appreciate their dedication to Lynnfield Public Schools.
 - 3) Our next meeting is tomorrow, Tuesday 3/12. We have a brief executive session @5:30pm. Budget Hearing @6:00pm. And our meeting will follow immediately after the budget hearing. We look forward to discussing the results of the Youth Behavior Risk Survey.
 - Lastly, we look forward to our 10th grade Civics Showcase on Wednesday @ LHS from 1-2pm. This is such a huge success each and every year and I am excited to see what students have been working on!
- Community



- Calvary Christian Church reminded everyone of their **Recovery Group on Tuesday evening at Lynnfield location**. They are also expanding recovery services to Boston and Beverly.
- The Fire Chief discussed the value of school behavioral health response protocol and the value of practicing safety drills. Schools are utilizing the system in place well.
- COA reported a successful men's group, and over 25 fitness classes per week going strong!
- Lynnfield for Love discussed
- Jessica spoke about coordinating resources for increased presentation of needs from Lynnfield families, such as having food pantry food available at the schools. More families need assistance, beyond the free and reduced lunch numbers.
- Town
 - BOS budget hearing tonight at 7 pm. Construction for town hall is moving forward. Fencing is going up around the lot. Will be about 1.5 years in progress.
 - Opiate funds-a question was asked about use of opioid settlement funds. Glen reported that special equipment, medication storage units, were purchased to safely store Narcan for first responders. Phil reported that a portion of funds will help support AHL next year.

V: New Business

- [Health Expo/Town Day](#) - May 18, 12 to 4 pm, Town Common
 - Sponsorships needed-check the website
 - Vendors needed-please take this up but make sure people fill out the vendor form to help us track everyone in an updated manner.
- Grant and Budget Updates
 - AHL applied for the Lahey Community Benefits grant in partnership with the YMCA.
 - AHL applied for a PFS FY 24 grant for a regional program focusing on student athletes.
 - AHL is working on the Drug Free Communities Grant.
 - If you are interested in partnering or have a new idea, please contact Peg
 - Heather indicated Riverside is working on gambling prevention.