



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD

If you were a teacher and could teach your students anything at all, what would you teach them?





THE
FAMILY
DINNER
PROJECT.ORG



MAKE MEALTIME
MATTER

A PROGRAM OF A HEALTHY LYNNFIELD



CONVERSATION STARTER

What is one thing you are
waiting for, or looking
forward to, right now?



WellpointSM
formerly UniCare



CONVERSATION STARTER

What has been your proudest moment so far?





CONVERSATION STARTER

What was your last thought
before going to sleep last
night?





CONVERSATION STARTER

What makes you laugh?





CONVERSATION STARTER

How have you failed today?
What did you learn?



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD




**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD

CONVERSATION STARTER

How do others help you?


WellpointSM
formerly UniCare


**THE
FAMILY
DINNER
PROJECT.ORG**



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD

CONVERSATION STARTER

What was the
happiest day of your
life so far?

WellpointSM
formerly UniCare

**THE
FAMILY
DINNER
PROJECT.ORG**



CONVERSATION STARTER

Who do you feel most excited to see during the day?



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD

CONVERSATION STARTER

If you could have a zoo animal as a pet, which animal would you pick?





**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD

CONVERSATION STARTER

If you could be one age for
the rest of your life,
what age would you be?





CONVERSATION STARTER

If you could join in any scene from a book or movie, what would it be and why?



**MAKE MEALTIME
MATTER**

A PROGRAM OF A HEALTHY LYNNFIELD



CONVERSATION STARTER

If you had to write a book,
what would you
write about?



**MAKE MEALTIME
MATTER**
A PROGRAM OF A HEALTHY LYNNFIELD