



A Healthy Lynnfield Highlights Community Report

July 1, 2019 to June 30, 2020

ABOUT US

The Lynnfield Substance Abuse Prevention Coalition, known as A Healthy Lynnfield (AHL), is a 501(c)3 organization. It is a partnership between the Town of Lynnfield, residents, and many partner organizations working on the issue of substance use prevention.

Our Chairman:

Phil Crawford serves as the founder and Chairman of A Healthy Lynnfield. His leadership guides the mission of and work of substance use prevention in the community.

Our Staff:

Peg Sallade, Director, Office of Prevention, serves as the Substance Use Prevention Coordinator for the Town of Lynnfield and oversees the operations and programs of A Healthy Lynnfield.

Julie Greene, Program Coordinator, oversees the coordination of the Drug Free Communities grant and focuses on Healthy Lynnfield's youth programming.

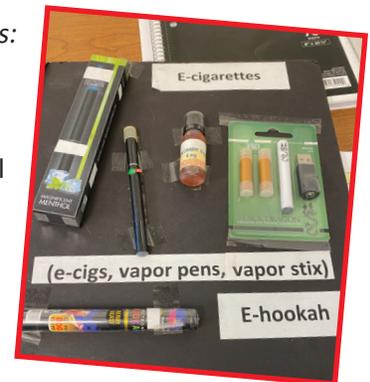
Kelsey Coughlin, Outreach Coordinator, provides administrative support and coordinates community outreach projects.

MISSION: A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.

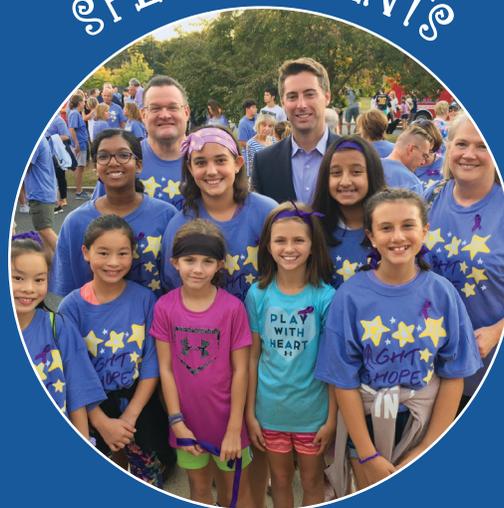
COMMUNITY EDUCATION

Past-year presentations sponsored by A Healthy Lynnfield in collaboration with Lynnfield Public Schools:

- Film screening of *Angst* and Panel Discussion with Experts on Childhood Anxiety
- *The New Look of Nicotine Addiction* with Ashley Hall
- *The Secret Life of Tweens and Teens* presented by Jon Mattleman
- *Teens, Tweens, and Quarantines* webinar with Minding Your Mind-helping Teens during COVID-19



SPECIAL EVENTS



- Bright Night Fundraiser at Market Street
- A Night of Hope Recovery Month Event with the Think of Michael Foundation
- Stop the Stigma Event with the Torigian YMCA
- Lynnfield Learns with Lynnfield Public Schools



SUPPORTING PREVENTION IN LYNNFIELD

Lynnfield Public Schools

- **Educator Professional Development-Enhancing Skills**
 - QPR (Question, Persuade, Refer) Suicide Interventions Skills
 - How to Access the Interface HelpLine
 - Responsive Classroom Curriculum Training for Elementary Level Paraprofessionals
- **Lynnfield Learns District Wide Educator Day**
 - In Plain Sight Interactive Display: Recognizing drug paraphernalia and signs of risky behavior in teens
 - Educator Workshops: Vaping Trends for Educators, Depression in Adolescence-Typical or Troubled?; Compassion for Caregivers
 - Special Keynotes Speakers: Deb Hult from Core Training, and author Charlie Applestein, *No Such Thing as A Bad Kid*
- **Narcans Access Initiative**
- **Signs of Suicide Curriculum**



Town Employees

- Health Equity and Diversity Training

Police & Fire

- Implicit Bias Training
- Crisis Intervention & De-escalation Training
- Safe Medication Disposal Kiosk
- Charcoal Medication Disposal Bags
- Opiate Overdose Response Brochure



Residents

- Lock Box/Home Safety Check Program Expansion with Fire Department and Lynnfield Rotary, including new Medication Lock Boxes and Medication Safety Information
- Interface Resource & Referral HelpLine
Free help accessing outpatient counseling and other resources for mental well-being • 1-888-244-6843

Youth & Youth Serving Organizations

- MIAA Teen Wellness Conference with LHS Athletes
- Wellness Days Assembly at Lynnfield Middle School
- High School Mentor Program-Sponsored a Leadership Training for 40 Student Mentors at Lynnfield High School

A Healthy Lynnfield Middle and High School Student Clubs

Faith-based & Youth Serving Community

- Mental Health First Aid and Youth Mental Health First Aid Certificate Training for the Faith Community
- Ministry and Mental Health Seminar with Our Lady of Assumption



FY 2019-2020 FUNDING

DONORS

Geoffrey and Patricia Bemiss
 Jeffrey A. Worth
 Kimberly Buonopane
 Lila T. Bury
 Donald Skinner
 Diane & Richard Pizzi
in memory of Jeanne Swanson
 Wakefield Cooperative Bank



501C3 FINANCIAL STATEMENT

Beginning Balance \$30,570.66

Revenues

Donations 3,871.50
 Interest 4.21
 Total Revenue 3,875.71

Expenses

Programming 10,846.00
 Supplies 1,904.65
 Miscellaneous 4,633.66
 Total Expense 17,384.31

Ending Balance \$17,062.06



GRANTS

Federal SAMHSA /CSAP Partnerships for Success Grant
 Federal Drug Free Communities Grant
 MA Bureau of Substance Addiction Services
 North Shore Community Health Network Community Impact Grant

Grant funds are administered by the Town of Lynnfield in collaboration with the Board of A Healthy Lynnfield and in support of Lynnfield's Community Substance Use Prevention Plan and are not included in the 501c3 financial statement.

2019 AHL MEMBERS*

AHL Executive Committee

Rob Dolan, Town of Lynnfield
 Kevin Cyr, Lynnfield Public Schools
 Glen Davis, Lynnfield Fire Department
 David Breen, Lynnfield Police Department
 Philip Crawford, Lynnfield BOS and AHL Chairman

Additional Board Members

Jamie Hayman, School Committee
 Kristin McRae, Health Department
 Mary Homan, R.N., LPS
 Julie McCarthy, AHL Treasurer

Partner Organizations

Lahey Health
 Lynnfield Athletic Association
 Think of Michael Foundation, Inc.
 Torigian YMCA
 Riverside Community Care
 Lynnfield Clergy Collaborative
 Lynnfield Catholic Collaborative
 Lynnfield Public Library
 Lynnfield Rotary Club
 Lynnfield Senior Center
 Wakefield Cooperative Bank

Additional Members

Natasha & Sanjay Aurora
 Chris Caprio
 Stacy Dahlstedt
 Russell Kelley
 Mary Stewart

Senior Youth Leaders

Grace MacDonald
 MacKenzie Schena
 Elena Moises

Technical Consultants

Social Science Research & Evaluation
 Thomson Communications
 Northeast Tobacco Free Coalition

**There are many other youth, individuals, and Town Departments that participate in our work.*



A Healthy Lynnfield meets the second Monday of every month from 9 am to 10 am via Zoom until further notice. Email us if you are interested in attending!

PHOTO GALLERY 2019-2020



A Night of Hope Recovery Event with the Think of Michael Foundation



Health Fair at the Senior Center



In Plain Sight: Lynnfield Learns event



National Coalition Training in Texas



Project Adventure Social Emotional Learning Training for School Health & PE Staff



The Mental Health First Aid Training with Lynnfield Clergy



Elementary Responsive Classroom Training

AHL AROUND TOWN



Better Days Ahead parade



Peaceful Black Lives Matter demonstration



Superintendents Farewell event