



Minutes: A Healthy Lynnfield Meeting Monday, September 13, 2021-Town Meeting House

Participants: Peg Sallade, Leanne Bordonaro, Phil Crawford, Glenn Davis, Diane Courtney, Ron Block, Olga Sanchez, Nick Secatore, Heather Day, Rob Bacon, Nancy Rottman, Stacy Dahlstadt, Natasha Shah, Ryan Rivard, Julie McCarthy, Dave Thomson, Glenn Mortimor, Guest Speaker: Matthew Peiken

I: Welcoming Remarks, Phil Crawford, Chair

Phil welcomed the coalition back to our first in-person meeting since March 2020!

II: Guest Speakers, Justice Resource Institute

Matthew Peiken, LICSW

Greater Lynn Area Director

Children's Friend and Family Services, a Division of Justice Resource Institute

Matthew spoke about JRI and what his agency's services and experience with adolescent health since the pandemic started. JRI is one of the larger behavioral health providers in the north shore. Overall, the nation has seen an increase in substance use. It works in the short term but is not an effective or coping healthy strategy and it often comes with severe consequences. He mentioned that there has been a decrease in child abuse cases but that is only because there is less cases being reported due to the pandemic. Children were home more often during the pandemic without the support / trusted adults they have from being at school or other organized activities. Matthew also talked about building resiliency by making sure youth know they matter and helping show their purpose. "Let them laugh, let them have fun." See the [newspaper article](#) from our meeting with Matt's comments.

II: Coalition Business (10)

- Approve Aug. Minutes: A motion was made and seconded to approve the Aug. minutes. All approved.
- [Night of Hope](#): September 26th at 6pm. Special event will start at the middle school and end at the Lynnfield Common. Guests will receive purple shirts, masks, votives and lapel ribbons, there will be guest speaker from the Malden Peer Recovery Center and a blessing from clergy.
- Information Packet: If you missed this meeting, be sure to download all the handouts. The folder provided to the group featured middle school artwork from the 8th grade health classes with teacher Matt Angelo. Artwork depicted students' creative representation of what it means to be "Above the Influence." There were membership agreements, our annual community report showcasing our work from July 1, 2020 - June 30, 2021 and new INTERFACE materials. If you need more Interface materials please contact Leanne Bordonaro.
 - Overview of [Areas of Focus 20-21](#)
 - [Annual Fiscal Report](#), AHL 501(c)3 -Julie McCarthy gave an overview of the 501c3 fiscal year report.
 - Dates for Upcoming Programs

- [Healthy Kids, Healthy Conversations](#) 1: Parent Survey Discussion
October 13, 6:30 pm at Market Street
- [TIPS Training for Businesses](#), with Regional Partners
 - November 16, 9 to 3 pm
- [Kendra Scott Fundraiser](#), November 5-7th
 - A Healthy Lynnfield is partnering with Kendra Scott in fundraising for AHL nonprofit. Join AHL on November 6th for a shopping party at Kendra Scott (MarketStreet Lynnfield) from 4pm-6pm. There will be snacks and soft beverages available and 20% of each purchase will be donated to A Healthy Lynnfield. Also anytime from November 5th-7th you can walk into the Kendra Scott store in Lynnfield and mention AHL for donation or purchase products online using the special Give Back Code - ANZJH.

V: Community Forum

- The idea was proposed to host a round-table community forum to report back to the community after 3 full years of growth and programming; to engage additional residents; and to continue community-informed planning. Discussion followed:
 - It was discussed and the group agreed that a community forum should be held
 - Group decided that springtime is a better time to host a community forum.
 - Clear objectives for the forum need to be established with answering the question “what is in it for me?”
 - If the forum is in person, child care and transportation should be considered. Translation should be included.
 - Zoom might make it more comfortable and accessible for the community.
 - Food is a draw
 - A special speaker could help draw in the community.
 - This community forum needs to be framed the right way so the community can understand what the purpose is.
- Committee Sign-Ups went around to help plan the forum. If you are interested contact Peg Sallade.

Adjourn Meeting

10-10:30 Optional Community Connections/Conversation Time

- Peg applauded Fire Chief Glenn Davis and Acting Chief Nick Seccatore at the First Responders Day / Tribute to September 11th event on Saturday Sept. 11th.
- Fire Chief Glenn Davis: Summer was a success in regards to keeping Covid cases low. There were weeks where there were zero cases, however with the Delta Variant cases are increasing. A high percent of Lynnfield residents are vaccinated. Lynnfield schools are offering additional clinics.
- Ryan Rivard, Riverside: No wait for adults seeking services. There is a new telehealth program which is growing rapidly.
- Diane Courtney: Through the Girls Scouts, Diane has 20 14 year olds who are CPR certified and are babysitters if we would like to use them for future events to provide childcare with adult supervision.

2021 Meeting Dates:

TUESDAY October 12 at Market Street, In Person

Monday, November 8 at Market Street, In Person

Monday December 13 at Market Street, In Person

A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.