



A HEALTHY LYNNFIELD

PREVENTION SERIES: SPRING 2019

MORE INFORMATION

Click the links below for more information on how to talk to your kids about substance use.

[Prevention tips for Every Age](#)

[Underage Drinking: Myths vs Facts](#)

[Why to Have the Underage Alcohol Talk Early](#)

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A HEALTHY LYNNFIELD

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SAFE CELEBRATIONS

As a parent, the things you do and say have tremendous influence on the decisions your child makes. With upcoming prom, graduation, and end of school transitions when families celebrate positive milestones with their children, it is a good time to reflect on celebrating safely.

For young adults under the age of 21, celebrating safely means celebrating without use of alcohol, tobacco/e-cigarette products, marijuana, or other substances. The law is clear: for persons under the age of 21, recreational use or possession of alcohol and marijuana is NOT legal. For persons over 21 years of age, use or possession is legal. Tobacco retailers may not sell tobacco products to anyone under the age of 21.

Current laws are based on science that demonstrates teen brains are still developing until the age of 25. During this time, the brain is particularly sensitive to the effects of drinking and drugs. Impulse control and the ability to make rational and sensible decisions is not well-developed in teens. Alcohol or other drug use in adolescence can be a risky endeavor.

Families often allow teens in their homes for post-prom or post-graduation gatherings hoping to provide a safe environment. And it can be, with proper planning and monitoring. However, if alcohol is allowed, safety is automatically compromised and there may be legal consequences.



A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.

