



# 5 ACTION STEPS

## to Ignite Your Dating Strategy

### **I. Initiate Approaches in Real Life**

Take the lead and start conversations in person, even in casual settings like coffee shops or social events.

If you're at a coffee shop and notice someone you find interesting, make eye contact, smile, and start a simple conversation like, "Hey, what are you reading? I'm always looking for new book recommendations. Look for anything on their person that you can connect to, don't be fake."

### **II. Try New Types of Dates**

Instead of the typical dinner or drinks, plan a date around something adventurous or creative that you haven't done before.

Suggest an art class, a cooking class, or a beginner's rock-climbing session. This opens up opportunities for fun, mutual discovery and shows a willingness to experience something new.

### **III. Be Vulnerable in Conversations**

There is a fine line between vulnerability and weakness. Don't be afraid to share personal thoughts, fears, or experiences that help build emotional connection but avoid negative conversation especially around past mates.

Instead of keeping conversations surface-level, share a current passion project or ask if they have a passion project they're working on.



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### IV. Embrace Rejection as a Growth Opportunity

View rejection as part of the process, not as a personal failure. Most importantly you're not a match don't dwell. Use each experience as a chance to improve your approach or mindset.

If someone turns down a date, reflect on what you learned from the interaction, then confidently approach someone else, knowing it's part of finding the right connection. It could be as simple as they're not your type and do not let yourself dwell where you do not fit.

### V. Experiment with Different Dating Approaches

Step out of your usual type or routine. If you typically stick to dating apps, try meeting people through social circles or interest-based groups instead.

Join a hiking group or attend a networking event where you can meet women with shared interests, allowing for more organic conversations and genuine connections.

These tips encourage you to break away from the ordinary and embrace new experiences, helping you grow both in dating and in life.