

**All sandwiches come with side.**

**hot sandwiches:**

**Italian Chicken Panini** chicken, mushrooms, sundried tomatoes, spinach, provolone, & pesto on focaccia \$7.95

**Turkey Veggie Panini** turkey, spinach green peppers, mushrooms, sundried tomatoes, provolone, & mayo on focaccia \$7.95

**Grand Ham Slam Panini** ham, provolone, colby, & mayo on focaccia \$7.95

**Horseradish Roast Beef Panini** roast beef, grilled mushrooms, onions, horseradish cheese, & mayo on focaccia \$7.95

**Roast Beef Cheeser Panini** roast beef, provolone, colby, & mayo on focaccia \$7.95

**Veggie Panini** spinach, onions, peppers, mushrooms, sundried tomatoes, provolone on top & bottom, mayo on focaccia (vegan cheese avail.) \$7.55

**Italian Grilled Cheese** swiss & provolone cheeses, sundried tomatoes, fresh spinach, & pesto grilled on sourdough (vegan cheese avail.) \$6.95

**Ruben's Reuben** turkey, kraut, onions, swiss, & 1000 Island grilled on sourdough \$7.65

**Ham Swiss Melt** ham, grilled onions, mushrooms, swiss, & mayo grilled on sourdough \$7.65

**Chicken Ranch** chicken, sundried tomatoes, mushrooms, provolone, ranch on sourdough \$7.65

**Black Bean Burger** available reg. or vegan/ gluten-free, onions, greens, mayo on a bun \$7.95

**Vegan Nugget Sandwich** vegan ranch, sriracha, onions, shredded cabbage on a bun \$7.95

**cold sandwiches:**

**Chicken Salad Sandwich** on wheat \$7.95

**Turkey or Ham Sandwich** greens, onions, peppers, provolone, & mayo on wheat \$7.55

**Pimento Avocado Cheese Toast**  
Pimento jalapeno cheese spread, mashed avocado, greens, tomatoes, cucumber, onions, green peppers on wheat toast \$7.95

**Turkey Crunch Wrap** turkey, seeds, spinach, cucumber, green peppers, cabbage, carrots, herb parmesan spread on a wrap \$7.95

**other items:**

**Quinoa Veggie Bowl** quinoa, grilled vegetables teriyaki sauce served with a side \$7.95

**Pita Hummus Veggie Wrap** pita warm grilled veggies, feta, hummus, served with a side \$7.55

**Hummus Plate** hummus served with veggies & pita bread (gluten-free chips avail.) \$6.95

**Kids Meal** (for kids 11 & under) small PB&J, cheese, ham, or turkey sandwich with a side \$4.95

**Soup Bowl** \$4.25 **Soup Cup** \$3.25

**Daily Specials** \$7.95 rotating specials

**salads:**

**Small House Salad** \$3.95

**Pick Two:** small house salad, bowl of soup, OR half cold sandwich: chicken salad or ham/turkey \$7.95

**Seeds & Greens Salad** greens, broccoli, onion, peppers, carrots, seeds \$6.55

**Spinach Salad** spinach mix, cranberries, eggs, broccoli, seeds, red onions \$6.95

**Cobb Salad** greens, ham, turkey, eggs, cheese, carrots, broccoli, green peppers, red onions \$7.95

**Chicken Salad On Greens** greens with chicken salad, broccoli, red onions, seeds \$7.95

**Dressings:** Balsamic, Poppy Seed, Honey Mustard, Blue Cheese, Ranch

**breakfast: served until 11:30**

**Greens, Eggs, & Ham Sandwich** 2 eggs, ham, spinach, provolone on grilled sour dough \$5.95

**Omelette** 3 eggs, pick 4 ingredients: spinach, ham, peppers, grilled onions, mushrooms, broccoli, sundried tomatoes or provolone, with toast \$6.95

**French Toast** 2 pieces served with syrup \$4.95

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*Request: gluten-free bread or low-carb bread, vegan cheese available*

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**207 W 1st St., New Albany**

**Dine-in:** seating for 50, reserve our private room for luncheons seats 24, seasonal seating in the garden

**Carry out:** call 812-944-3800

**Hours:** Tue-Fri 9:30-6 & Sat. 9:30-5