

Med:12oz / Lg:16oz



We use organic fair-trade coffee beans

coffee:

Hot Latte Med \$3.75 / Lg \$4.50

Iced Latte Lg \$4.50

Cappuccino Med \$3.50

Espresso Shot Single \$2

Americano Med \$3 / Large \$3.50

Coffee Med \$2.50 / Lg \$3

Iced Black Coffee Large \$3



other drinks:

Lemonades \$3.50 Lg 16oz organic

Lavender, Blackberry, or Strawberry

Iced Black Tea \$2.50 Lg 16oz (free refills)

Iced Herbal Tea \$2.50 Lg (free refills)

Hot Tea \$2.50 Med (choose from a variety of teas)

Hot Chocolate \$4.50 Med

Warm Apple Cider \$4 Med

Sweet Chai Tea Latte \$4.50

Hot Med or Iced Lg black tea, chai spices, choose milk

Matcha Latte \$4.50

Hot Med or Iced Lg choose milk

Cold Brown Sugar Spice Matcha \$4.50

16oz cold foamed Sweet Matcha Latte

Cold Chocolate Chai Latte \$4.50

16oz cold foamed Choc Chai w/Oat Milk Latte

Chai Collagen \$4.50

Hot Med or Iced Lg choose milk

Organic Sweet Flavors

Med \$.65 / Lg \$.80

Chocolate, Vanilla, Caramel, Pumpkin Spice, Honey (sugar free flavors available)

choose your milk: whole, almond, or oat

smoothies:

Fruit Smoothie \$6.39 (16oz)

Hawaiian pineapple, mangos, coconut milk

California berries, mangos, almond milk

Hoosier peaches, berries, apple juice

1st Street bananas, strawberries, almond milk

Super Smoothie \$6.99 (16oz)

Seeds & Greens spinach, peaches, almond milk, hemp seeds, flax seeds

Summer Snap spinach, pineapple, peaches, coconut milk

Caramel Green banana, spinach, almond milk, maple syrup

Green Monkey bananas, spinach, pb powder, almond milk

Brain Juice bananas, coffee, cocoa, coconut sugar, almond milk

Starburst bananas, berries, plant protein, almond milk, ginger, turmeric

Add: Plant Protein, Whey, Collagen, Green Powder +\$2

Add: Mushroom Blend Powder +\$2.50

Add: Vit C, PB fit, Maca, Turmeric, Beet Powder +\$1.

Beer \$4. craft beer

Wine Glass \$5.50 / Bottle \$17.



207 W 1st St., New Albany

Dine-in: seating inside or in our outdoor Garden Cafe

Carry out & call ahead: call 812-944-3800

Hours: Mon 9:30-5, Tue-Fri 9:30-6 & Sat. 9:30-5

Reserve our private room or garden for your next events.

daily special are posted Monday facebook.com/seedsandgreens