

Med:12oz / Lg:16oz



*We use organic fair-trade coffee beans*

## coffee:

Hot Latte Med \$3.75 / Lg \$4.50

Iced Latte Lg \$4.50

Cappuccino Med \$3.50

Espresso Shot Single \$2

Americano Med \$3 / Large \$3.50

Coffee Med \$2.50 / Lg \$3

Iced Black Coffee Large \$3

## other drinks:



Sweet Chai Tea Latte \$4.50

Hot Med or Iced Lg black tea, chai spices, choose milk

Matcha Latte \$4.50

Hot Med or Iced Lg choose milk

Warm Apple Cider \$4 Med

Hot Chocolate \$4.50 Med

Hot Tea \$2.50 Med (choose from a variety of teas)

Iced Black Tea \$2.50 Lg 16oz

Iced Herbal Tea \$2.50 Lg

Chai Collagen CBD MCT \$4.50

Hot Med or Iced Lg choose milk

Chaga Mushroom Tea \$4.50 Hot Med or Iced Lg

Chaga, dandelion, chicory, astragalus, maple, choose milk

Beer \$4. craft beer

Wine Glass \$5.50 / Organic Bottle \$17.

## Organic Sweet Flavors

Med \$.65 / Lg \$.80

**Chocolate, Vanilla, Caramel, Pumpkin Spice, Honey** (sugar free flavors available)

choose your milk: whole, almond, or oat

## smoothies:

Fruit Smoothie \$6.39 (16oz)

**Hawaiian** pineapple, mangos, coconut milk

**California** berries, mangos, almond milk

**Hoosier** peaches, berries, apple juice

**1st Street** bananas, strawberries, almond milk

Super Smoothie \$6.99 (16oz)

**Seeds & Greens** spinach, peaches, almond milk, hemp seeds, flax seeds

**Summer Snap** spinach, pineapple, peaches, coconut milk

**Caramel Green** banana, spinach, almond milk, maple syrup

**Green Monkey** bananas, spinach, pb powder, almond milk

**Brain Juice** bananas, coffee, cocoa, coconut sugar, almond milk

**Starburst** bananas, berries, plant protein, almond milk, ginger, tumeric

**C-Me** bananas, orange carrot juice, spinach, almond milk, coconut sugar, Vit C powder

*Add: Plant Protein, Whey, Collagen, Green Powder +\$2*

*Add: Mushroom Blend Powder +\$2.50*

*Add: Vit C, PB fit, Maca, Tumeric, Beet Powder +\$1.50*



**207 W 1st St., New Albany**

**Carry out & call ahead: call 812-944-3800**

**Hours:** Mon 9:30-5, Tue-Fri 9:30-6 & Sat. 9:30-5

**Dine-in:** seating for 50 or in our outdoor Garden Cafe  
Reserve our private room or garden for your next events.

**daily special are posted on Tuesdays at**  
[www.facebook.com/seedsandgreens](http://www.facebook.com/seedsandgreens)