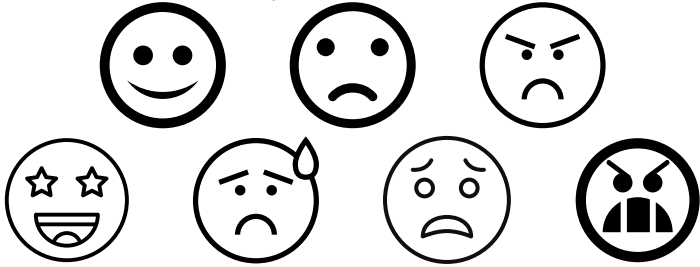


Individual SEL Action Plan

1 Ask the student:

WHAT MAKES YOU FEEL...



2 Ask the student:

WHAT DO YOU NEED/LIKE WHEN YOU FEEL THIS?



3 Ask the student:

HOW CAN I HELP?



Happy






Sad

Mad

Excited

Worried

Individual SEL Action Plan

What makes you feel...?	Enter student response	What do you need/like when you feel like this?	How can I help? (e.g., Talk, Quiet, Sit with me, Give space)
HAPPY 			
SAD 			
ANGRY 			
EXCITED 			
WORRIED 			
<hr data-bbox="73 1550 403 1562"/>			

Individual SEL Action Plan

What makes you feel...?	Enter student response	What do you need/like when you feel like this?	How can I help? (e.g., Talk, Quiet, Sit with me, Give space)
HAPPY			
SAD			
ANGRY			
EXCITED			
WORRIED			
<hr/>			