

UNSTUCK BREATHWORK WITH TANYA

# COME GET UNSTUCK

OPEN YOUR HEART AND LET GO

EXPERIENCE THE POWER  
OF BREATHWORK

NEW MOON, NEW  
INTENTIONS CLASS.

JUNE 9, 8-9pm.

\$18 VENMO OR CASH.

LOCATION: RESIDENCE  
IN WESTWOOD,  
ADDRESS PROVIDED  
UPON SIGN UP.

PLEASE BRING YOUR OWN YOGA MAT,  
EYE MASK, AND BLANKET.

