

# BEYOND YOUR WALLS

DISCOVER THE WORLD BEYOND YOUR WALLS



## Winter Camping Preparation Checklist



Presented by *Beyond Your Walls*

*Embrace Adventure, Creativity, and Connection*

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### About Us

At **Beyond Your Walls**, we are passionate woodworkers, makers, and outdoor lovers. We live for the unknown, the wilderness, and crafting things with our hands. Whether you're tackling DIY projects, building your off-grid dream, or escaping into nature, we're here to guide you with practical insights, quality craftsmanship, and community support.

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### ✅ Pre-Trip Planning

- Research your destination (weather, terrain, rules)
  - Monitor weather forecasts for storms or freezing temps
  - Tell someone your itinerary and expected return
  - Plan your route with GPS and backup maps
  - Acquire permits (camping, fires, access)
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### Essential Gear

- 4-season tent built for snow and wind
  - Cold-rated sleeping bag (below-freezing temps)
  - Insulated sleeping pad for ground protection
  - Portable stove + fuel for cold conditions
  - Headlamp with extra batteries
  - Multi-tool or sturdy knife
  - First aid kit (include frostbite supplies)
  - Compass, GPS, or map
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## **Clothing & Personal Items**

- Thermal base layers (moisture-wicking)
  - Mid-layer (fleece or down)
  - Waterproof jacket and pants
  - Insulated gloves and warm hat
  - Wool/synthetic socks (extras!)
  - Gaiters to keep snow out of boots
  - Hygiene items (biodegradable soap, toothbrush)
  - Sunscreen and lip balm (yes, in winter too)
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## **Food & Hydration**

- High-calorie meals (freeze-dried, hot meals)
  - Trail snacks (nuts, bars, jerky)
  - Insulated water bottles (prevent freezing)
  - Water purification tablets or filters
  - Thermos for hot drinks or soups
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## **Safety & Emergency**

- Emergency bivy sack or space blanket
  - Fire-starting kit (lighters, waterproof matches)
  - Emergency whistle
  - Personal Locator Beacon (PLB) for remote areas
  - Know the signs of hypothermia and frostbite
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Stay warm. Stay safe. And remember—your next adventure starts just *beyond your walls*.

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