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### Authorization to Release or Request Personal and Confidential Information

I, \_\_\_\_\_, hereby authorize and consent Dr. Daniel Christiano, PhD, 1630 E White Mountain Boulevard, Suite B, Pinetop, Arizona 85835 to release or request the personal and confidential psychiatric, psychological, medical, therapeutic, and/or academic/educational information (written and/or oral) to the individual or institution identified below.

\_\_\_\_\_  
Name of Person or Agency Phone Fax

\_\_\_\_\_  
Address/City/State/Zip Code

Re: The continuing care of \_\_\_\_\_  
Client/Patient Name Date of Birth

\_\_\_\_\_  
Address/City/State/Zip Code Phone

I understand that my records are protected under various confidentiality laws and regulations and cannot be disclosed without my written consent unless otherwise provided for in the laws. I certify that this consent and release has been made freely, voluntarily and the information given above is accurate to the best of my knowledge. I understand that I may revoke this authorization at any time, except to the extent that action has already been taken to comply with it.

This authorization expires on \_\_\_\_\_ or one year from the date of signature.

A photocopy of this authorization is as authentic as the original.

To the party receiving this information, this information has been disclosed to you from records whose confidentiality may be protected by federal law. Federal Regulations prohibit you from making any further disclosure of this information without the specific written consent of the person to whom it pertains or as otherwise permitted by such regulations.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date