

FEBRUARY 2026

ALAMEDA BIG							SAN FRANCISCO						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS		DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON							MON					
	TUES							TUES					
	WED							WED					
	THURS							THURS					
	FRI							FRI					
1/31/26	SAT	EMTC	AM R1	6AM	ERIC	REN		SAT	EMTC	AM R1	6AM	ROGERS	MENSING
		EMTC	PM R2	11:15AM	ERIC	REN			EMTC	PM R1	11:15AM	ROGERS	MENSING
	SUN	EMTC	AM R1	6AM	ERIC	REN		SUN	EMTC	AM R2	6AM	SANNER	MENSING
		EMTC	PM R2	11:15AM	ERIC	REN			EMTC	PM R2	11:15AM	SANNER	MENSING

LITTLE/IRC				VALLEJO LITTLE			VALLEJO BIG						
DATE	DAY OF THE WEEK	CLASS	INSTRUCTORS	DAY OF THE WEEK	CLASS	INSTRUCTORS	DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON			MON				MON					
	TUES			TUES				TUES					
	WED			WED				WED					
	THURS			THURS				THURS					
	FRI			FRI				FRI					
1/31/26	SAT			SAT				SAT	EMTC	AM R1	6AM	CLARK	
									EMTC	PM R1	11:15AM	CLARK	
	SUN			SUN				SUN	EMTC	AM R2	6AM	CLARK	
									EMTC	PM R2	11:15AM	CLARK	

ALAMEDA BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
2/7/26	SAT	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN
	SUN	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN

LITTLE/IRC			
DATE	DAY OF THE WEEK	CLASS	INSTRUCTORS
	MON		
	TUES		
	WED		
	THURS		
	FRI		
2/7/26	SAT		
	SUN		

VALLEJO LITTLE		
DAY OF THE WEEK	CLASS	INSTRUCTORS
MON		
TUES		
WED		
THURS		
FRI		
SAT		
SUN		

SAN FRANCISCO						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	ROGERS	MENSING
		EMTC	PM R1	11:15AM	ROGERS	MENSING
	SUN	EMTC	AM R2	6AM	SANNER	MENSING
		EMTC	PM R2	11:15AM	SANNER	MENSING

VALLEJO BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM		
		EMTC	PM R1	11:15AM		
	SUN	EMTC	AM R2	6AM		
		EMTC	PM R2	11:15AM		

ALAMEDA BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
2/14/26	SAT	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN
	SUN	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN

SAN FRANCISCO						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	ROGERS	MENSING
		EMTC	PM R1	11:15AM	ROGERS	MENSING
	SUN	EMTC	AM R2	6AM	SANNER	MENSING
		EMTC	PM R2	11:15AM	SANNER	MENSING

LITTLE/IRC			
DATE	DAY OF THE WEEK	CLASS	INSTRUCTORS
	MON		
	TUES		
	WED		
	THURS		
	FRI		
2/14/26	SAT		
	SUN		

VALLEJO LITTLE		
DAY OF THE WEEK	CLASS	INSTRUCTORS
MON		
TUES		
WED		
THURS		
FRI		
SAT		
SUN		

VALLEJO BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	CLARK	
		EMTC	PM R1	11:15AM	CLARK	
	SUN	EMTC	AM R2	6AM	CLARK	
		EMTC	PM R2	11:15AM	CLARK	

ALAMEDA BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
2/21/26	SAT	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN
	SUN	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN

SAN FRANCISCO						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	ROGERS	MENSING
		EMTC	PM R1	11:15AM	ROGERS	MENSING
	SUN	EMTC	AM R2	6AM	SANNER	MENSING
		EMTC	PM R2	11:15AM	SANNER	MENSING

LITTLE/IRC			
DATE	DAY OF THE WEEK	CLASS	INSTRUCTORS
	MON		
	TUES		
	WED		
	THURS		
	FRI		
2/21/26	SAT		
	SUN		

VALLEJO LITTLE		
DAY OF THE WEEK	CLASS	INSTRUCTORS
MON		
TUES		
WED		
THURS		
FRI		
SAT		
SUN		

VALLEJO BIG						
DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM		
		EMTC	PM R1	11:15AM		
	SUN	EMTC	AM R2	6AM		
		EMTC	PM R2	11:15AM		

ALAMEDA BIG

DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
2/28/26	SAT	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN
	SUN	EMTC	AM R1	6AM	ERIC	REN
		EMTC	PM R2	11:15AM	ERIC	REN

SAN FRANCISCO

DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	ROGERS	MENSING
		EMTC	PM R1	11:15AM	ROGERS	MENSING
	SUN	EMTC	AM R2	6AM	SANNER	MENSING
		EMTC	PM R2	11:15AM	SANNER	MENSING

LITTLE/IRC

DATE	DAY OF THE WEEK	CLASS	INSTRUCTORS
	MON		
	TUES		
	WED		
	THURS		
	FRI		
2/28/26	SAT		
	SUN		

VALLEJO LITTLE

DAY OF THE WEEK	CLASS	INSTRUCTORS
MON		
TUES		
WED		
THURS		
FRI		
SAT		
SUN		

VALLEJO BIG

DATE	DAY OF THE WEEK	CLASS	SESSION	START TIME	INSTRUCTORS	
	MON					
	TUES					
	WED					
	THURS					
	FRI					
	SAT	EMTC	AM R1	6AM	CLARK	
		EMTC	PM R1	11:15AM	CLARK	
	SUN	EMTC	AM R2	6AM	CLARK	
		EMTC	PM R2	11:15AM	CLARK	