



Client and Therapist Agreement

This Client and Therapist Agreement ("Agreement") is made between Harmony by Design with Samantha, an Australian-based online support service (referred to as "the Company"), and the individual seeking support services (referred to as "the Client").

1. Services Provided:

The Company, represented by Samantha, agrees to provide online support services to the Client. These services may include Rapid Change Therapy, hypnotherapy, coaching, emotional support, or guidance for personal development.

2. Client Responsibilities:

The Client agrees to:

- Actively engage in the support process with an open and honest attitude.
- Collaborate with Samantha to establish goals and objectives for the support services.
- Participate actively in the therapy process, follow any instructions or assignments provided by the therapist and attend scheduled sessions punctually.
- Provide accurate and truthful information during sessions.
- Acknowledges the importance of a quiet and private space for online sessions and will ensure a suitable environment for therapy.
- Respect Samantha's professional boundaries and adhere to appointment schedules.

3. Therapist Responsibilities:

Samantha, as the Therapist, agrees to:

- Provide compassionate support and guidance to assist the Client in achieving their goals.
- Maintain the confidentiality of all information shared by the Client during sessions, in accordance with legal requirements and ethical guidelines.
- Conduct sessions in a professional and respectful manner.
- Adhere to the Company's Code of Ethics and professional standards.

4. Session Scheduling and Cancellation:

The Client and Samantha will mutually agree on the timing and frequency of support sessions. If the Client needs to cancel or reschedule a session, they should provide a minimum of 24 hours' notice, except in cases of emergencies.

5. Fees and Payments:

The Client agrees to pay the fees as outlined. Payment for services should be made prior to the appointment or as agreed upon between the Client and the Company.

6. Confidentiality:

All information shared by the Client during support sessions will be kept confidential, except where required by law or when the Client poses a risk to themselves or others. The Company and Samantha will take all reasonable steps to ensure the security of Client information.

7. Termination:

Either party may terminate this Agreement with written notice. The Client will be responsible for fees for services provided up to the termination date. The Company reserves the right to terminate the therapeutic relationship if, in their professional judgement, it is in the best interest of the Client.

8. Potential Risks:

The Client understands that while the services offered can be beneficial, there may be potential risks associated with these modalities. These risks may include, but are not limited to:

- Emotional discomfort or distress.
- Temporary increased awareness of challenging emotions or memories.
- The possibility of feeling temporarily vulnerable.
- No guaranteed outcomes or specific results.

9. Potential Benefits:

The Client recognises that the potential benefits of the services offered may include, but are not limited to:

- Improved self-awareness and self-esteem.
- Enhanced coping skills and stress management.
- Positive behaviour and habit changes.
- Achieving personal goals and increased life satisfaction.

10. Disclaimer:

The Client understands that the support services provided by Harmony by Design with Samantha are not a substitute for professional mental health or medical services. Samantha does not provide medical advice. Clients with mental health concerns should seek appropriate professional help.

11. Governing Law:

This Agreement is governed by the laws of the Commonwealth of Australia. Any disputes arising from this Agreement shall be resolved through negotiation or mediation.

12. Entire Agreement:

This Agreement represents the entire understanding between the Client and Harmony by Design with Samantha and supersedes all prior agreements or understandings, whether written or oral.

By signing below, the Client acknowledges that they have read and understood the terms of this Agreement and agree to be bound by its terms.

Client's Name (Printed): _____

Client's Signature: _____

Date: _____

Company Representative's Name (Printed): _____

Company Representative's Signature: _____

Date: _____

Harmony by Design with Samantha

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