

# EMPOWER U

MAGAZINE ISSUE #02 MAY 2021

## DO NOT CROSS

MENTAL HEALTH NUGGET P. 35



OUTSIDE OF SPORTS ...ASZAH & INDYA P.10

BINDING BOUNDARIES WITH CRYSTAL & SHURITA P. 32

State Rep Crystal Quade

## BINDING & BOUNDARIES

Dr. Shurita Thomas-Tate

with AGLMN 3rd Sundaes