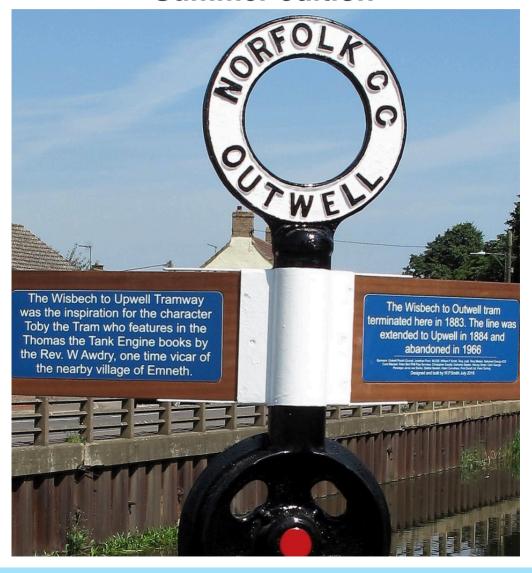


Free to read July 2024

## Summer edition



Brought to you by Outwell Parish Council

# Welcome to your newsletter

Outwell Parish Council Magazine - summer issue

Members of Outwell Parish Council unanimously agreed that there was space for a magazine to serve our village.

So 'volunteers' were appointed to start the project which will see four magazines each year, starting with this summer edition.

The others will be autumn, in mid-October, winter, in mid-January and spring in mid-April.

We aim to include news and reports from as many village organisations as possible so if you would be like to be included in a future edition, see the contact us strip at the bottom of this page.

Nobody is paid to produce the magazine and the advertising is sold to cover the cost of printing it each time. Any profit will be put back into the magazine to improve the paper quality, or add more pages - something along those lines.

We want to welcome our new residents and connect with those of you who may have lived in or around the village for many years.

Outwell has a lot to offer everyone who lives here or visits us, and we want to help tell all our readers about our local



### Beautiful sunset across the Fens from Outwell.

businesses, clubs, events and anything else which is of interest.

The village is well-served in terms of local businesses, with general stores, a post office, butcher and garage for starters.

We are also in the middle of a beautiful part of the country, and enjoy the unique Fens landscape which is home to a huge amount of wildlife.

Agriculture plays a big part in the life of this village and new residents soon get the hang of the seasonal nature of our farmers and how they work.

It's also best not to argue with a tractor if you're in a car. They do tend to be quite a lot bigger than the average family hatchback.

We have a busy school, equally busy village hall and a plethora of voluntary organisations of every type. The parish council meets each month to discuss a variety of subjects, from pot holes to planning applications.

Our powers are limited, but we can pass concerns on to other authorities.

We don't, for example, have the final say on a planning application. We may be consulted, but the actual decision rests with King's Lynn and West Norfolk Borough Council. Bigger developments may go to Norfolk County Council (pylons spring to mind!).

We hope you enjoy the magazine and look forward to receiving your club reports ready for the next edition.

We have a website - www. outwellparishcouncil.org.uk and our clerk can be contacted on outwellpc@btintenrnet.com

To contact the magazine email: opcmag@gmail.com
We print 1,000 copies each edition and they are free from collection points.
Some are delivered in certain areas, depending on volunteer availability.
The magazine is published by Outwell Parish Council.
We reserve the right to edit submissions.

# Big plans for our Old Rec

### Creating a community asset with orchard, wildlife area, garden of remembrance and walkways

A plot of land known as the Old Rec in Outwell is under the care of the parish council, and can only be used for recreation and for the good of the village.

For several years it has been left unloved, and lately seems to have become a magnet for antisocial behaviour, which is no fun for neighbours.

We are aiming to create a community orchard on the site, with accessible walkways and a central area of hard-standing with seating and raised planters.

A large part of the Rec will be planted with a variety of trees, including local and traditional types which will be there for the community to enjoy.

The proposal isn't cheap and

as well as trying to organise the land, we are also trying to secure funding to help us. We have enough to make a good start and hope to have paths cut and the start of an orchard planted later this year.

Part of the site will also become a garden of remembrance, where people can 'adopt' a tree or rose bush in memory of a loved one. Ashes may be strewn, with prior permission, and a small plaque can also be added.

Our village cemetery is full and the cost of creating a new one is beyond us at the moment. But we can use part of our new community garden. We won't be able to inter caskets of ashes, but the site is more than adequate for people to be able to strew ashes. We will have to make a small charge as we will need to pay for someone to maintain the area alongside the volunteer band we need to help with the rest of the garden.

There will be lots to do, planting, cutting back, digging - just about everything really!

We are holding an open Sunday event on July 28 from 10am to 2pm at the Old Rec, which is on Robbs Chase. Please don't bring your car down the lane as there is very little parking available. It's a very short walk from the road and we hope to see you there. It's just a chance to have a look at the plot and even sign up to help us.

Outwell Parish Council



# Busy diary for hall dates

### Our village hall is a vibrant hub of community life and it has a packed diary of popular events

Outwell Village Hall is the home of some fantastic events during the course of a year.

It hosts fundraisers for hall funds, from the Halloween fireworks night, on October 25 this year, to Outfest which we have all just enjoyed. (See pages 26 & 27 for photos)

The annual music festival is a major event to raise money for the hall and attracts hundreds of people, even when the weather is not great. As with this year. But it takes a huge amount of organising, and clearing-up afterwards and the committee does all of it.

Next year's event is being planned and the organisers are looking for bands to take part and stall holders to book pitches. It will be held in June/July.

This year's fireworks night will be £6 for adults and £3 for the under-16s. Gates open at 6pm and there will be a bar and barbecue. Cash is preferred please.

There are also craft fayres twice a year along with jumble sales - the details are always on our Facebook page and you can also check out the regular events that are held each week.

The Village Hall Committee keep this vital facility running year-in year-out and give their time to help with the events, from cooking burgers to putting up marquees, it all needs to be done by someone.

Weekly events include the

Monday auction with viewing from midday and bidding from 6pm at the Wisbech Road venue.

Tuesday has prize bingo every other week with doors opening at 6pm for 7pm eyes down.

Wednesday has yoga from 11.30am to 12.30pm and short mat bowls from 7pm.

Thursday is Slimming World at 9am and Pilates at 6pm to 7pm.

Friday is Zumba from 10am to 11am.

The hall is available for booking if you are planning an event and you can contact Tracey via Facebook. You can also text her on 07803 667209 or text Tara on 07880 624755. You can also make enquiries at The Crown pub and leave messages there.



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# All's Well in village creek!

### Looking after the Well Creek and everyone who uses our beautiful waterway and its banks

Did you know the Well Creek is maintained by the Well Creek Trust committee members as well as the Middle Level Commission?

The Trust is 54-years-old and was formed back on the March 23 1970, after Louis Doubleday lead a campaign to save the Creek.

The authorities of the time, back in the 1960s, wanted to fill in the Creek as they couldn't see that it was contributing anything in the area, such as drainage.

During springtime the annual clean up of the Creek is carried out by the committee members and volunteers. We usually end up with 30 odd bags of rubbish, but recently the amount of rubbish has reduced, thanks to the Well Creek members and residents of the village.

Angling is free on all banks but a national Rod and Line Licence will

be required and are available from the Outwell Post Office and online from the Environment Agency.

Anglers can use the Well Creek Trust public moorings but will need to be prepared to move site if a boat wants to moor there.

There are also designated fishing platforms for those with disabilities at the Aquaduct Bridge.

Children can learn how to fish at the purpose-built fishing platform which is jointly owned by the Fishing for Kids Club and the Well Creek Trust, and run by its founder Martin Hugh Scott, you can reach him at hughshugh@gmail.com

With respect, please ensure all fishing tackle including used and spent fishing lines and nets are taken home, as they represent danger to the wildlife that uses the Creek

We have several moorings along

the Creek, such as March Riverside Mooring Upwell, Church Mooring Upwell, Lance Hunter-Rowe (Basin) Mooring Outwell, Gladys Dacks Mooring Outwell, Nordelph Mooring and the Salters Lode Mooring.

The Trust is proud of the Creek and is always looking to enhance popular sites, such as providing information boards and installing benches for people to rest while hiking along the Creek, and Martin Scott's fishing for kids club platform.

Most of the funds raised are used for maintaining the moorings, such as the recently renovated Church Mooring Upwell.

See page 35 for more.

John Delaney



# Primary school term talk

A busy time for everyone at school - with ice cream and dinosaurs all arriving at the gates!

Welcome to Beaupré Primary School. As I write this, our summer term is in full swing.

We have just had an amazing sports day. The children all did amazingly well and parents/carers joined us for a picnic lunch after the event. Our fundraising group - The BFG - organised an ice cream van to visit and bought all the children a much-needed ice cream!

As the school year draws to an end, we always look back at how much has been achieved. Rainbow Class have completed their first year with us, learning and growing so much. Meanwhile our hardworking Yellow Class have now completed their SATs and are getting ready to begin their next adventure to secondary school.

This school year has seen us make use of our amazing woodland

area. When requests went out for donations to improve this area at the start of the year, the community took up the challenge and we received lots of items and some generous monetary donations, which have been put to good use. Whatever the weather, each class has utilised this wonderful space to extend and embed their learning.

We have had lots of visitors, from the local church community to dinosaurs visiting Rainbow Class and the Under 5s!

Orange Class experienced planet and stargazing in a planetarium in the school hall. I'm sure that you will have seen us out and about in the local community, during our visits to Outwell and Upwell Churches, the war memorial and river bank.

The whole school took part in



a skipping workshop early in the school year with an African dance and drumming workshop planned for July. Some of our classes have taken part in Wisbech Reads, and many have joined the library service following a visit from Wisbech library.

• see page 38 for more



# Well Creek is at our heart

The image below is taken from a painting of Norfolk Bridge c1900 by W P Smith showing the Rising Sun and the Norfolk Hero Public houses. The Swan sign can also be seen.

A small part of the Swan signpost still exists, it can be seen

near the steps. The arched bridge in this picture was replaced by a newer version in 1932.

The steps that are difficult to see at Norfolk and Isle Bridge were once used to access both canal transportation and the river taxi which was run by Whybrow of Nordelph up to c1920.

The Well Creek gets its name from a tidal creek that branched off the Well Stream and dates back to at least the Neolithic period, and is one of the oldest features in Fenland. It was extensively used.

The stream was made redundant in the late 13th century.

W P Smith



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# Changing names of our roads can be confusing!

### Historian Bill Smith takes a look back in time

Following a statement made in the Eastern Daily Press by an "outside our area" borough councillor claiming our local main roads, A1122 and A1101 are suitable for modern-day traffic.

Bear in mind the highway authorities considered these two roads were not suitable to carry the size and volume of traffic way back in 1935! This was the time when the A47 was diverted from Wisbech to King's Lynn and was the recommended HGV route.

The construction of the "Southern Bypass" c1980 at Downham

Market encouraged HGVs to use the old A47 route (A1101 and A1122) through the villages again because the difficulties through Downham had been eliminated by the bypass.

I remember once attending a council meeting after an accident to explain that the highway at Norfolk Bridge is only five metres wide at the apex. There are many other tight spots along the A1101 and the A1122.

An articulated vehicle needs a width of pretty much three metres, making it difficult for two HGVs to pass on a highway that is only five metres wide.

However, we are expected to ac-

cept this as the authorities consider these roads suitable for HGVs.

A long-serving Outwell parish councillor commented during the meeting, "I have lived in Outwell for nearly 30 years and I do not know where Norfolk Bridge is!"

Many village locations have been given local names and corrupted over the years, so the map should help not only visitors but also locals.

Norfolk Bridge has been called Sharman's and Wenn's Bridge, named after the butchers who traded from a shop opposite the bridge. It has also been known as Swan Bridge named after the nearby Swan Hotel.

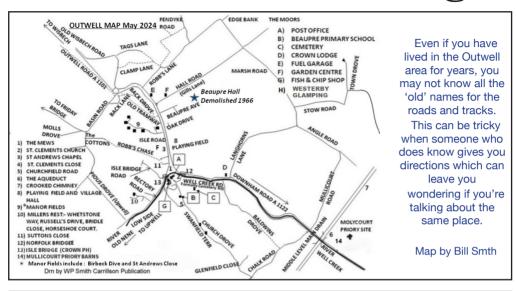


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# centre fit for the future

Ioin us in helping ensure the beautiful parish church is a community centre for generations of villagers

We are looking for enthusiastic people who would like to join us in making sure that St Clement's Church, a beautiful medieval building in the centre of Outwell, is used and developed as an important community centre for future generations.

We are at the beginning of a new fundraising era which is focused on ensuring that the building is safe and secure and developed to make sure that it becomes a vibrant and welcoming community centre.

To do this the building needs to be reconfigured so that it can be used for a variety of purposes, for example, a meeting place for parents and young children, a café for local residents and visitors, a venue for concerts and other community events, as well

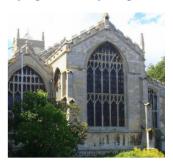
as remaining a place of worship and a venue for lifetime events.

The challenge of achieving this aim cannot be overstated.

To help us achieve our goals we need people with interests and skills in the following areas to become part of our friendly team:

- ♦ Community development
- ♦ I T
- ♦ Social media
- Applying for grants
- Fundraising skills and ideas
- ♦ An interest in local history
- ♦ Helping with the coffee shop
- ♦ Helping to maintain the building and churchyard

If you would like to look round the building, there is a coffee morning at the church every Tuesday from 11-12:00pm and a



cake stall on the first Saturday of the month from 9-11:00am.

If you would like any more information, please email me on info@stclementsoutwell.org.uk

For information regarding church services please visit 'achurchnearyou.com'

Kate Jackson



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Page 12 OPC Magazine July 2024

# Handy contacts to keep

KLWNBC www.west-norfolk.gov.uk 01553 616200 (borough council)

Norfolk County Council www.norfolk. gov.uk 0344 800 8020

Upwell Health Centre www. upwellhealthcentre.nhs.uk 01945 773671

Living Independently (Lily) - as KLWNBC

Silverline https://thesilverline.org.uk 0800 470 8090 free

Norfolk Age UK https://ageuk.org.uk 0333 9968333

CAB https://ncab.org.uk 0800 144 8848

Queen Elizabeth Hospital 01553 613613 North Cambs Minor Injuries Unit 01945 468787 Elv MIU 01353 772500

**Doddington MIU** 

01354 637078

**Anglian Water 0345 7919155** 

Distribution Network (Power cuts) 0800 029 4285 or 105 or see www. ukpowernetworks.co.uk

West Norfolk Disability Service 01553 776177

West Norfolk Deaf Association 01553 773399

West Norfolk Association for the Blind 01553 660808

Crimestoppers (free and anonymous) 0800 555111





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# Don't be a scam statistic

Households and businesses are increasingly using services online, making it crucial to protect sensitive information.

Unsolicited emails, often referred to as spam, can be more than just a nuisance; they can pose significant security risks. Cybercriminals frequently use these emails to spread malware, and other malicious activities designed to steal personal data or infiltrate systems.

Ignoring unsolicited mail is a key defence strategy. Many of them are crafted to appear legitimate, often imitating trusted organisations or friends and family. Opening them or engaging with content can lead to unintended downloads of harmful software or the inadvertent sharing of personal information.

Equally important is the caution against clicking on any links or attachments from unknown sources. These links can redirect users

to websites designed to harvest personal information, such as usernames, passwords, and credit card details. Attachments may contain ransomware, spyware, or other malware that can corrupt files, monitor activities, or hold data hostage. Even a single click can open the door to significant security breaches. Maintaining robust cvbersecurity practices. such as ignoring unsolicited emails and avoiding unverified links, is essential in protecting personal and professional data. These measures help to prevent unauthorised access. safeguard sensitive information, maintain the integrity and confidentiality of digital communications.

Vigilance in these practices reduces the risk of falling victim to cyber threats, ensuring a safer and more secure online environment.

Common Types of Scams:



- Investment These can be found in social media advertising celebrities have invested and made loads of money.
- Internet Shopping Callers ring you saying there is an issue with a payment and press a number to talk to an advisor
- Bank Scams Calls pretending to be from your bank asking for personal information.

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# County council updates

Norfolk County Councillor Chris Dawson (Cons) represents Marshland South

When I was asked to contribute to the magazine I immediately accepted. With so much going on in the village, not only did I want to support the Parish Council, but they had made the task so much easier for me by their efforts.

Not only have I been able to support and take forward their initiative to seek to deliver crossings over the A1101 and A1122, but I have also engaged with their plans to bring The Old Rec into regular use for the village.

They in turn have embraced my initiative to repair the railings along the creek through the village, and to improve those around Swan Bridge at the same time. In addition, I recently approached all parish councils in the NCC division to encourage the siting of bird and bat boxes – and Outwell

members immediately took up the challenge.

Whilst this has been going on, members involved in School Liaison have been working with me on the issue of school places and have continued to support local parents in this. Beyond that, we have worked together to look at options to provide safer routes into Beaupre, and to improve the policing of the controlled area outside of the school.

Very shortly design work will be completed, which will see the new bus stop on Isle Road connected with the footway to the basin, with improved access to the rear of the properties on Wisbech Road. Again, the ambition of the council was followed with their decision to make applications for outside funding, much deriving from



the levy applied to new housing development in the area.

Finally, with some encouragement with a resident, OPC and and I are working together with a view to improving the area around the old sluice on the infilled canal adjacent the new footways from Wisbech to Isle Roads. It is hoped that we can not only make this area more attractive and accessible, but also reveal and record the remaining historic elements.

So often councils of all types receive a bad press, however in Outwell the village certainly does have a band of 'doers'!



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For more information including pricing and how to become a member, see our website at www.marchsquashclub.org.uk or contact our membership secretary via email: marchsquashjames@gmail.com

# Homestead farm is growing

The ups, downs, chickens, bees and escapees when you are creating a homestead from scratch

We are a local family living in the village and have embarked on a little adventure starting a small farm and homestead

It all started with some chickens and bees and we now have three goats, 30 or more chickens (I've lost count!), five ducks, and 17 pigs! Yes 17 and there were more.

Thankfully we have re-homed some of the beautiful Kune Kune piglets to local residents as pets and they are loving life.

I'm sure you may have heard about our recent escapade of Wilbur the boar's great escape down the main road, thankfully there were no accidents, it was a change from the usual dog and horse escapees I suppose.



I have a brilliant neighbour and friend at Hybrid Archery who detained him for me until he could be persuaded back home. I think I might frame this picture.

The whole family chip in to look after the animals and we have begun growing some herbs and vegetables. We have fruit trees on site and will be adding more from local growers to expand our yields and add variety.

We plan to open our gates in spring 2025 when we will provide group bookings of up to 30 people for parties and special occasions to enjoy the farm to themselves, so keep an eye out for our advertisements.

The Nook and Cranny will soon be opening where you can buy some unique gifts, eggs, bee products, bakes and savouries and pretty much everything in between.



Keep an eye out for the sign and drop in, it would be lovely to meet our local residents and have a chat. We're always happy to tell you about our homesteading experience and what it means to us. You may have some hints and tips for us to take on board.

Every day on the farm provides a new experience, and by experience I mean stress really, but the laughs and joy from it all far outweigh these moments.



We have embarked on independence, freedom and the ability to take control. We're living a more economical life with the added bonus of learning every day, nurturing our animals and enjoying nature.

Sarah Arden







Photo posed - we didn't have the mower running.



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# Orchard life is rewarding

We are lucky to have a traditional Fenland orchard with the majority of trees well over 100-years-old.

Once a common sight across the area, these orchards are getting few and far between, which is such a shame.

Most of our trees are Bramleys but we also have some eating varieties, which almost makes up for all the hard work that goes into looking after both the land and the trees.

We don't grow commercially, the supermarkets aren't too interested as we don't spray, so our delicious apples often come with holes or scabby bits and they can also be odd shapes. They taste just as good.

None of this matters to the amazing diversity of wildlife we share our orchard with. We look after it purely for the benefit of our little visitors and to make apple pies in the autumn!

From every bee that pollinates our blossom, to the muntjac deer doing their best to eat all the new trees we plant, they are all welcome and we work with them, not against them to ensure they have somewhere safe to live with us.



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National Inspection Council for Electrical Installation Contracting Half of the orchard is much less managed by us, with huge patches of nettles, brambles and thistles providing great cover for wildlife.

In fact about an eighth of it has never been touched by us apart from cutting back the encroaching brambles.

They grow so fast that sometimes I swear you can see them moving.

And the trees that fall are not wasted either as we use the wood for heating and also leave a healthy amount in piles around the orchard for insects to populate.

Standing dead trees are used as frameworks for climbing plants, so they are never just dead.

The entire orchard is dissected by a drain which also offers a safe place for our nesting ducks.

We are also lucky enough to have some resident water voles who are often very hard to see, but now and again we catch a glimpse.

The drain is a hive of activity and the barn owls spend a lot of time patrolling the area in search of a snack.

We also have little owls, which are very chatty, and soon shout if they think we are too close to their favourite tree. They always look so angry!

And our woodpeckers nest here every year. There's hardly a tree without at least one hole from a previous resident.

Our apples are set for the year and it looks like there will be a good crop for us and the wildlife who share it.

Donna Semmens

# OUTFEST 2024



# OUTFEST 2024

Well the gloomy weather certainly did not dampen the spirits of festival-goers in Outwell.

The burgers were flipping and the beer was flowing as our first act took to the stage.

The songbird and the crow performed a selection of sing along to songs that got the crowd going. They were followed by a very large group of young singers and dancers, Theatre Train and DanceWize. Lots of very talented future stars, and a joy to watch.

A festival favorite Maria May followed with her powerful voice to provide us with big hits to sing along to.

The beautiful Purple Angels got us on the dance floor, proving the older songs are still the best!

New to Outfest was The Lounge Lizards, a change of pace with music and as a band they certainly



turned up the volume and set us up nicely for Big Phil and the Heartbreakers who performed their last gig together. We wish them all the best for the future.

The Sixteenths got the field rocking and the rain was not going to put the dancers off. We finished on a high with The Cherry Reds performing ska and reggae music until we eventually had to stop and drag ourselves home.

Outwell village hall would like to thank everyone who helped behind the scenes to make this event possible. And to everyone who attended and supported all the local talent. See you all next year.

For anyone interested in performing please contact us via our Facebook page.

Tara Rust



# **Dedicated fire and rescue**

All crew members at Outwell oncall fire station work tirelessly, while also having families and primary employment.

The role includes weekly training to learn new skills and maintain competencies which enable us to respond 24/7 to protect our local communities when they need us the most.

Already this summer we have responded to various vehicle fires, road traffic collisions, building fires and fires in the open.

Our newest firefighter (FF) Matt Thomas only joined us last October, but is already working towards the first part of his development goals to become a competent firefighter and also to attend his initial Breathing Apparatus Course this month.

FF Ben Lanchester continues to develop his skills, to the point he

has just passed his Initial Incident Command Course, in preparation to be our next incident Commander, to enable us to maintain appliance availability in the absence of other officers. This is an exceptional achievement after only five years' service.

As part of your community, we always try to attend local events, so please make contact if you would like to invite us.

Being like a second family, you may have seen us recently when we supported and celebrated one of our crew on his wedding day at Upwell church.

With a crew of ten we are still recruiting and welcome applications from anyone who works and/or lives within around five minutes of the Outwell station.

We are also looking for any local premises that may be able to offer



us access for either one-off or regular training. Please email if you can help. Use the QR code above to visit the website

Remember, push the button and not your luck. Get out and stay out!

Watch manager Glen Gates glen.gates@norfolkgov.uk 07946331359.

Churchfield Road, PE14 8RL.





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### Harry Potter wordsearch for fun

F	L	R	J	E	Р	Н	R	s	Α	Α	G	R	F
Q	R	C	Κ	E	0	Α	Α	Т	Υ	٧	0	G	F
U	s	U	R	N	Т	G	L	R	R	S	F	E	U
I	Υ	G	0	0	Т	R	В	Α	D	E	S	Н	Р
D	Υ	R	W	I	E	I	U	W	R	R	L	I	Ε
D	R	Α	L	М	R	D	s	G	Α	0	Υ	Р	L
I	R	N	I	R	D	В	F	0	Z	D	T	Р	F
T	Α	G	N	E	M	R	Н	Н	I	E	Н	0	F
С	Н	Ε	G	Н	E	U	I	D	W	L	E	G	U
Н	Т	R	0	М	E	D	L	0	٧	В	R	R	Н
W	I	Т	С	Н	С	R	Α	F	Т	М	I	I	Н
W	Α	L	С	N	E	ν	Α	R	С	U	N	F	R
Р	s	C	Α	R	U	Α	D	L	F	D	Ε	F	Α
Υ	T	R	G	R	Υ	F	F	I	N	D	0	R	Q

VOLDEMORT RAVENCLAW HERMIONE WIZARDRY DUMBLEDORE HIPPOGRIFF GRYFFINDOR SLYTHERIN HARRY OUIDDITCH HUFFLEPUFF GRANGER ALBUS SCAR HAGRID WITCHCRAFT HOGWARTS J.K. ROWLING

> **Solution on** Page 35

Play this puzzle online at : https://thewordsearch.com/puzzle/149/



Monday - Queen Mary Centre, Wisbech, 9am, 10:30am, 4pm, 5:30pm and 7pm. Call Tina 07798894639

Tuesday - Emneth Central Hall, 9:30am. Call Carrie 07876636833 Wednesday - Wisbech Rugby Club, 9:30am. Call Carrie 07876636833 Wisbech Rugby Club, 5:30pm. Call Katie 07928395615

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# Hands up if you knew this

There's a thing called a 'fours' cake which is like elevenses, but better - and we can share the family recipe

This recipe was found in the handwritten cookery book of Andrea Alexander's great grandmother.

Her grandfather found the book and used it to occasionally make a fours cake.

Andrea has made it a few times and strongly recommends it eaten from the oven while still warm. Or with butter and jam after it's cooled.

The date in the recipe book is 1883 and Andrea has found no other reference to a Fours cake anywhere else, so perhaps it is a family name for a later afternoon treat

According to her grandfather, the cake was taken to the fields to share with the labourers at around 4pm to give them a short break and something sweet to keep them going until they could finish as it got dark.

Ingredients
2lb of plain flour
8oz lard
8oz sugar
8oz currants
8oz yeast
1 pint milk
Mixed spices (optional)
Pinch of salt

Method

Rub the flour and lard together. Add the sugar, currants, spice and pinch of salt and stir into a mixture.

Make a well in the centre of

the dry mix and pour in both the milk and the yeast. Stir until very well mixed.

Leave to stand for an hour to rise (it doesn't rise very much).

Place in the oven for around an hour on 190°C (or a bit cooler if you have a fan oven).

It can be eaten straight from the oven, allowing a bit of time to cool unless you want a burnt mouth.

Whether it's a family tradition, or more widely known among the rural community - it sounds like the perfect treat with a big cup of tea and a nice sit down!

Email opcmag@gmail.com with your 'secret' recipes.

• Turn to page 34 for pictures.



# Russell's

Family Butchers

BUTCHERS & POULTERERS, Licensed Game Dealers, Poultry & Meat produced on our own Farm.



### **WE HAVE MOVED!**

Please come and visit us, and see our familiar, friendly faces at our brand new shop! We are now located at:

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# **Upcycling** is the way to less stuff

### From jumble to boot sales, recycling is on the rise

Whether you're a charity shop demon diver or a car booter up and at 'em from 5am, recycling is what you're

And we are starting to do it really well, from charity jumble sales in the village hall, to huge organised car boot sales and more besides

There is usually someone who will pay something, however small, for the bits and pieces you no longer need or want to find room for

And the more we can do that, the less dwindling resources have to

be exploited to satisfy cheap fashion and disposable tat.

Villages have held iumble sales for ever there always seemed to be one when we were growing up. And then the charity shops came and we could donate our unwanted clothing to help a good cause.

The end result remains the same, we are recycling our clothes, shoes, household items and tovs so others can have use of them while we can use the money to buy something else, pre-loved of course



### **DON'T MISS OUT ON A WARMER HOME AND LOWER HEATING COSTS!**

If you can tick ANY of these boxes, you may be eligible for

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Council tax band A-D

A vulnerable person lives in my household

Property EPC rating D-G I/we receive a means-

tested benefit

No gas central heating/off grid My total household income is below £31,000 per vear

King's Lynn and West Norfolk Borough Council has appointed a Housing Standards Officer dedicated to ensuring that eligible houseowners, landlords and tenants can access a range of FREE improvement schemes.

### Contact

Jacob Medlock

Housing Standards Officer (Energy Efficiency) Email: Jacob.Medlock@West-Norfolk.gov.uk

Tel: 01553 616227

"Very few households will miss out. \*"

\*Social housing tenants should contact their provider\*

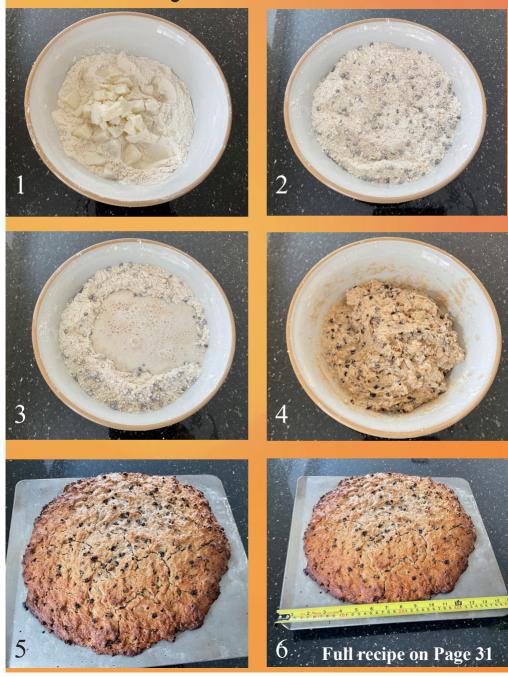








# Make your own Fours



# Working to keep our Creek beautiful





The platform for the Fishing Club for Kids, left and a fleet of barges arrive at the Basin.

The Well Creek Trust proudly sponsors the Wisbech to Upwell Tramway mementos project led by William Smith.

There are five mementos, they can be followed from outside the Upwell Health Centre Car Park (Old Goods Yard), passing through Outwell, located in The Tramway close (Old Goods Depot), moving on to the Lance Hunter-Rowe (Basin Old Goods yard) picnic site, through to Birds Corner (Boyce's Bridge Depot, through to Wisbech

outside B&Q and finally reaching its terminus at the old location of Wisbech East Station where the memento is being completed.

Please keep a look out for future charity events which we hold every year to raise funds for the Trust. Our latest one "Race Night" was held last April when over 100 people attended. Everybody had fun and we have been asked by many people to do it again next year.

All of the work mentioned, and more, is supported by volunteers

and members who sit on the committee.

We hold our AGMs in February every year and alternate the meetings between the Upwell and Outwell Halls.

If you would like to become a member, please contact us on our website: www.wellcreektrust.org. uk or you can reach us via email on wellcreektst2303@gmail.com and we can also be found on Facebook.

John Delaney

### Wordsearch solution







### TOGETHER UNLOCKING THE POTENTIAL OF EVERY CHILD, INSPIRING CHILDREN AND CHANGING LIVES

Welcome to Beaupré Community Primary School; a thriving and exciting environment for your children, where learning is at the centre of everything.

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- · Sensory Room
- · Fantastic Classrooms
- Dedicated EYFS Outdoor Area
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- Climbing and Clamber Area
- Woodland Area
- Outdoor Stage
- Brand New School Refit

### We also offer...

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- · Forest sessions every half term
- · Enjoyable trips and exciting workshops
- · Special curriculum days every half term
- · Eco-friendly recycling scheme
- · 6 delicious school meal options every day
- · Fantastic school choir
- · Fun family activities run by our successful parent fundraising group
- · Interschool activities with the Wisbech Schools' Partnership

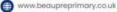
### And that's not all, contact us to find out more!



O Church Drove, Outwell, Cambs, PE14 8RH



office@beaupre.cambs.sch.uk





# Swifts flying high on success



Outwell Swifts FC men's side are a key attribute of the village and have enjoyed a lot of success recently on and off the pitch.

The club's first team, run by Mark Secker and Lewie Rawson, have achieved three title-winning promotions in the last three seasons and also the league and cup double last season.

Recently we have returned our

reserve side to the club after a few years exile and under the guidance of Luke Saunders they are building a good foundation to progress both sides up the leagues.

Off the pitch we have some good people involved, including Chairman Jason Norman and Club Welfare Officer Todd Shales. We strive to improve the club where we can, and are always looking for local

businesses to sponsor us in exchange for social media promotion. Anyone interested in getting involved please message the Outwell Swifts FC page on Facebook or Twitter (X).

For anyone interested in joining, our pre-season training takes place on Outwell playing field on Saturdays.

Mark Secker



# BEAUPRÉ COMMUNITY PRIMARY SCHOOL TOGETHER UNLOCKING THE POTENTIAL OF EVERY CHILD, INSPIRING CHILDREN AND CHANGING LIVES.

Yellow Class became Victorians for the day when they visited the Gressenhall Workhouse and Museum, and Blue Class are about to go to Banham Zoo on their school trip. It has been such a busy year!

We have had curriculum days, which ranged from celebrating Walt Disney's 100 years for our History day, to creating wonderful self portraits for our Art day.

Classes are currently busily creating their own songs based on the damage being committed to the planet and how to save it which will be shared at our Geography/Music day. Additionally, we are really looking forward to embracing the French Culture on Bastille Day in July.

Fundraising has taken place for Macmillan, Red Nose Day and Children in Need. We have enjoyed special school lunches and have embraced recycling. The children recently took part in a school competition to design posters to encourage recycling within the local community. The entries were brilliant; it was hard to pick winners.

Our Year 6 class has also been busy entering many other local Wisbech schools' initiatives: to design a kitchen for Fosters builders, and the Wisbech Reads and Writes writing competition.

All children from Reception to Year 6 have had five swimming lessons, at the Hudson Swimming Pool in Wisbech, a life-long skill that we really value, living near so much water

The new year promises to be just as exciting; we are looking forward to welcoming our new Reception Class, the Class of 2025, who start their big adventure at Beaupré after the summer break. We cannot wait to see you all!

If you have a child due to start school in September 2025 and would like to come to view the school, please contact the office; we will be very pleased to meet you. We now have a Facebook Page, please look out for this and follow us to see our updates and celebrations.

Mrs M Munday Headteacher



Get yourself a blind date with a great book at No8, High St, Downham Mkt



West Norfolk Deaf Association 01553 773399



www.wnda.org.uk











# Enjoy bowling life on the greens



Upwell Bowls Club welcomes new members, ladies and gents from aged 14 upwards.

Good exercise, meet new people. We have both mens,

ladies and a mixed team, all welcome, no previous experience required.

More information call Ashley on 07795 331067 or turn up

at our next open afternoon on Sunday 28th July from 1.30pm onwards.

Ashley Inwood



# Be a part of our new magazine

The next edition is out in mid-October and the deadline is September 30 for adverts and reports.

Full pages are £120 for a year (4 editions) and half pages are £70.

The front page banner (at the bottom of the page) is £100 for a year.

If you run a club, send a report or round-up with a photo or two.

Email: opcmag@gmail.com

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above and beyond to make sure you're happy... His prices are more than
fair. Top guy!" - Kirsty W

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