



The Partnership That Supports Your Wellness Program Delivery

With over 20 years of experience in wellness programming and a team of certified health coaches located across the United States, Lean and Green, Inc. delivers and services wellness programs to smaller worksites using the ConXus Platform by PDHI. PDHI develops and distributes a white-labeled, highly configurable cloud-based solutions for workplace wellness and health management programs. Lean and Green supplies the introduction, interpretation and navigation of the platform, plus the critical element of optimizing health behavior change within your group, while PDHI systems protect employee privacy and confidentiality.



Integrated

Built from a single database and common platform, the ConXus Platform provides seamless data integration.



Flexible

We support multiple branding and service level options to support localized programs.



Secure

The platform achieved HITRUST Certification for data security and protection of PHI.



Responsive

A dedicated client service team provides reliable and efficient ongoing support.

L&G Wellness drives program engagement. The annual calendar of communications combine with the dynamic personal dashboard to highlight key information and next steps based on the participant's health risks, goals, and progress through the program.

Your program's productivity will be optimized through L&G administration of your health coaching programs, standardization and clinical excellence of health information and delivery, and an optimal online climate for learning and progressing through health coaching.

