



Clarity Education Systems

August 2026 PMHNP
REVIEW CONFERENCE
NEW YORK CITY



Manhattan Conference Center



307 West 38th Street, Studio 1403-B, NY NY 10018



575-321-9414



Dining is available within close proximity to the center. There are a number of local eateries in the area, supported by DoorDash, Uber Eats and others.



Hotels in the area:

- Aliz Hotel Times Square
- AC Hotel New York Times Square
- Hampton Inn Manhattan/Times Square Central
- Hilton Garden Inn New York/Times Square Central
- Doxie Hotel
- Holiday Inn New York City - Times Square by IHG
- La Quinta Inn & Suites by Wyndham Times Square South



Dress code for the Review is business casual



On August 24, 2026 you will receive an email with access to the pre-conference review assessment exam (please complete before the first day).

At the end of this two-day conference, participants will be able to:

DAY ONE

Four Two-Hour Sessions

1. Classify major psychiatric/mental health disorders, differentiating between conditions such as mood, neurocognitive, personality, and schizophrenia spectrum disorders.
2. Identify clinical presentations, diagnostic criteria, and treatment modalities for childhood psychiatric issues, including disruptive, impulse control, conduct, feeding, eating, and stress-related disorders.
3. Analyze the pathophysiology, symptoms, and interventions for substance-related and addictive disorders, as well as for serious mental illnesses.
4. Analyze and apply knowledge of psychobiology and psychoendocrinology to clinical scenarios for effective patient care.
5. Identify and differentiate between various psychopharmacological agents, including their indications for use, dosing, and mechanisms of action.
6. Recognize and manage adverse events, drug interactions, and monitoring recommendations associated with psychiatric medications.
7. Evaluate and recommend appropriate alternative therapies and herbal agents in psychiatric care.
8. Understand and apply principles of pharmacokinetics and pharmacodynamics relevant to psychiatric medications.
9. Analyze and interpret clinical guidelines, standards of care, and evidence-based practices for accurate diagnosis and management of acute, chronic, and complex conditions in adults.
10. Demonstrate proficiency in patient teaching, documentation, and establishing effective plans of care, emphasizing health promotion and risk factor management.
11. Evaluate treatment outcomes, incorporating service consultation and/or referral, ensuring adherence to the highest standards of psychiatric mental health nursing practice.
12. Understand and apply diagnostic criteria and clinical management techniques for common psychiatric disorders in children and adolescents.
13. Analyze the influences of brain development, genetics, and ethological theories on childhood psychiatric conditions.
14. Evaluate theories of development, human sexuality, and intellectual disabilities to inform evidence-based psychiatric care.

DAY TWO

Four Two-Hour Sessions

1. Interpret the anatomy, physiology, and pathophysiology related to psychiatric conditions, and proficiently conduct both acute and chronic illness assessments.
2. Demonstrate competency in crisis intervention and de-escalation techniques, diagnostic testing, and differentiate between potential diagnoses to ensure accurate psychiatric evaluations.
3. Design comprehensive plans of care, prioritize patient needs effectively, and understand the importance and methods of referral, collaborative practice, and various screening methods.
4. Interpret and apply epidemiological data, up-to-date statistics, and risk analysis to guide health promotion and disease prevention strategies in diverse populations.
5. Demonstrate knowledge of growth and development considerations, integrating patient and family teaching to promote mental health across the lifespan.
6. Distinguish between primary, secondary, and tertiary prevention, and implement appropriate screening recommendations based on evidence and population needs.
7. Analyze and demonstrate an understanding of the fundamental principles of the Nurse Practitioner/Patient relationship, emphasizing therapeutic communication, establishing rapport, and patient autonomy.
8. Evaluate and apply knowledge related to professional role and policy topics, including billing and coding, reimbursement procedures, collaboration, and the scope and standards of practice for PMHNPs.
9. Demonstrate a proficiency in understanding and implementing legal and ethical principles in psychiatric care, including informed consent, privacy and confidentiality, advanced directives, and national mandates/federal guidelines.
10. Exhibit cultural competence and sensitivity in psychiatric care by identifying and addressing the influence of family dynamics, cultural factors, and the importance of social support in patient outcomes.
11. Critically appraise and integrate research methods into evidence-based psychiatric practice, while ensuring adherence to established professional therapeutic relationships and guidelines.



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TO FIND OUT MORE INFORMATION
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