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Connecticut Caregiver Outing Guide

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10 practical community outings in New Haven County

A fun day out, made simple

Enjoy a welcoming outing with caregiver, friends, and up to 2 residents. Choose an adventure, share the experience, and let ElderCrew help you get started.

County quick index

New Haven County

Planning note

October in Connecticut can bring cool mornings, rain, wind, shorter days, and changing foliage. Dress in layers, check forecasts and venue hours, plan for leaf-season traffic, and pair every weather-sensitive outing with a nearby indoor backup. Quiet-time suggestions in this guide are caregiver planning strategies unless a venue-specific sensory resource is explicitly identified.

New Haven County

October mix: 8 options include indoor space; outdoor choices are best treated as weather-dependent. All 10 are physically located in New Haven County.

1. Yale Peabody Museum

New Haven | Indoor

Why October: Free natural-history galleries and plentiful rest spaces create a high-value October rain-day outing. **Access and walking:** Handicapped parking is identified in the visitor lots, and the museum lists rest spaces throughout; confirm elevator routes and loaner mobility devices.

Cost: Free; groups still need reservations. **Sensory and quieter-time plan:** Weekday opening time is preferable, but school groups can be active; ask Visitor Experience about a quiet route.

Address: 170 Whitney Avenue, New Haven, CT 06511 | **Phone:** 203-432-8987 | [Official or authoritative source](#)

Call ahead to confirm: Confirm parking construction, group reservation rules, and the calmest gallery sequence.

2. Yale University Art Gallery

New Haven | Indoor

Why October: Free art galleries allow a dignified, self-paced visit with a one-floor option. **Access and walking:** Confirm the accessible entrance, elevators, seating, restrooms, and group check-in before arrival.

Cost: Free. **Sensory and quieter-time plan:** Choose Thursday morning and focus on one collection; avoid tour and class times.

Address: 1111 Chapel Street, New Haven, CT 06510 | **Phone:** 203-432-0600 | [Official or authoritative source](#)

Call ahead to confirm: Confirm October hours, nearby accessible parking, and any gallery closures.

3. Mattatuck Museum

Waterbury | Indoor

Why October: Art and Waterbury history share one modern museum, a practical option for cold rain.

Access and walking: The renovated building is designed for public access; confirm parking, elevators, accessible restrooms, and loaner seating.

Cost: Check current admission; Museums for All is \$3 for up to four people with a valid EBT card. **Sensory and quieter-time plan:** Go Wednesday or Thursday at opening and avoid event evenings.

Address: 144 West Main Street, Waterbury, CT 06702 | **Phone:** 203-753-0381 | [Official or authoritative source](#)

Call ahead to confirm: Confirm senior admission, parking validation, and a quiet-hour recommendation.

4. PEZ Visitor Center

Orange | Indoor

Why October: A colorful manufacturing-history collection is a compact, weatherproof novelty stop. **Access and walking:** Confirm step-free entry, accessible restroom, seating, and whether production viewing is operating.

Cost: Low-cost ticketed admission; verify current adult and senior pricing. **Sensory and quieter-time plan:** Bright colors and family groups can be stimulating; try a weekday morning and keep the visit brief.

Address: 35 Prindle Hill Road, Orange, CT 06477 | **Phone:** 203-298-0201 | [Official or authoritative source](#)

Call ahead to confirm: Confirm October hours, factory activity, and accessibility.

5. Shore Line Trolley Museum

East Haven | Indoor and outdoor ride

Why October: A seated heritage-trolley ride and car barns suit rail enthusiasts during foliage season.

Access and walking: Historic cars may require steps or transfers; ask which vehicle can accommodate the rider and whether barns and restrooms are accessible.

Cost: Ticketed; verify senior price and whether October special events cost more. **Sensory and quieter-time plan:** Avoid Halloween-themed departures if flashing lights, actors, or crowds are unsuitable; select a daytime standard ride.

Address: 17 River Street, East Haven, CT 06512 | **Phone:** 203-467-6927 | [Official or authoritative source](#)

Call ahead to confirm: Confirm a standard October ride, boarding assistance, and event-free time.

6. Dudley Farm Museum

Guilford | Indoor and outdoor

Why October: A preserved family farm and fall landscape connect naturally with October harvest history.

Access and walking: Farm surfaces and historic buildings can be uneven; request accessible parking and a short barn or grounds route.

Cost: Check current admission or donation; market days and programs may differ. **Sensory and quieter-time plan:** Choose a non-market morning to reduce crowd and animal or vendor noise.

Address: 2351 Durham Road, Guilford, CT 06437 | **Phone:** 203-457-0770 | [Official or authoritative source](#)

Call ahead to confirm: Confirm October open dates, restroom access, and wheelchair-suitable areas.

7. Henry Whitfield State Museum

Guilford | Indoor and outdoor

Why October: Connecticut's oldest stone house offers a focused history visit near Guilford Green. **Access**

and walking: The museum is undergoing a rehabilitation project and the historic building has stairs; verify which galleries are open and accessible.

Cost: Check current state-museum admission and discounts. **Sensory and quieter-time plan:** Book the first entry and use the visitor exhibit or grounds if construction makes the house too active.

Address: 248 Old Whitfield Street, Guilford, CT 06437 | **Phone:** 203-453-2457 | [Official or authoritative source](#)

Call ahead to confirm: Confirm October opening status, construction impacts, parking, and accessible rooms.

8. Guilford Art Center gallery and shop

Guilford | Indoor

Why October: The gallery and craft shop make a compact, low-walking October stop with handmade work to discuss. **Access and walking:** Confirm the step-free entrance, aisle width, accessible restroom, and closest parking.

Cost: Gallery and shop browsing is generally free; workshops carry fees. **Sensory and quieter-time plan:** Weekday opening time is preferable; avoid sale openings and class-change periods.

Address: 411 Church Street, Guilford, CT 06437 | **Phone:** 203-453-5947 | [Official or authoritative source](#)

Call ahead to confirm: Confirm the October exhibition and accessibility.

9. Edgerton Park greenhouse and paved garden areas

New Haven | Mixed

Why October: Fall trees and greenhouse areas offer a short nature outing inside the city. **Access and walking:** Stay on paved or firm paths near the main entrance; confirm greenhouse access, restroom availability, and the best curb-free drop-off.

Cost: Free park access; classes or events may charge. **Sensory and quieter-time plan:** A weekday morning is usually calmer than weekend event periods; use the greenhouse as a weather backup only when open.

Address: 75 Cliff Street, New Haven, CT 06511 | **Phone:** 203-946-8027 | [Official or authoritative source](#)

Call ahead to confirm: Confirm greenhouse hours, restroom status, and current path conditions.

10. Silver Sands State Park boardwalk and shore view

Milford | Outdoor

Why October: Cool October air and Long Island Sound views make a refreshing short visit after summer crowds fade. **Access and walking:** The state lists a limited beach wheelchair program in season; developed parking and boardwalk access should still be confirmed for October.

Cost: Free for Connecticut-registered vehicles; verify nonresident parking rules. **Sensory and quieter-time plan:** Go on a calm weekday late morning; wind and surf can be loud and there is little indoor shelter.

Address: 1 Silver Sands Parkway, Milford, CT 06460 | **Phone:** 203-735-4311 | [Official or authoritative source](#)

Call ahead to confirm: Confirm boardwalk condition, restroom status, and whether beach chairs remain available.