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Connecticut Caregiver Outing Guide

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10 practical community outings in New Haven County

A fun day out, made simple

Enjoy a welcoming outing with caregiver, friends, and up to 2 residents.

Choose an adventure, share the experience, and let ElderCrew help you get started.

County quick index

New Haven County

Planning note

November in Connecticut can bring colder mornings, rain, wind, shorter days, and occasional frost or snow. Dress in warm layers, check weather forecasts and venue hours, allow extra travel time for changing road conditions, and pair every weather-sensitive outing with a nearby indoor backup. Quiet-time suggestions in this guide are caregiver planning strategies unless a venue-specific sensory resource is explicitly identified.

New Haven County

Ten November choices selected for realistic caregiver pacing. Weather-sensitive, high-stimulation, or limited-schedule options are identified directly.

1. Memories at the MATT | *Waterbury*

November fit: Thursday, November 19, 11:30 a.m. to 1 p.m.; registration required. This free program is specifically designed for people living with early-stage dementia and their care partners, with a trained docent, art activity, and lunch.

Setting and access: Indoor. The museum is accessible; confirm wheelchair route, seating, restroom, and any needed communication or mobility accommodation during registration.

Cost and sensory plan: Free; registration required. The program is designed as supportive and paced. Share only the minimum accommodation information needed with the organizer.

Location: Mattatuck Museum, 144 West Main Street, Waterbury | Phone: 203-753-0381 | Official or authoritative source

Call ahead: Register and confirm individual suitability, arrival procedure, caregiver participation, and accommodations.

2. Just Jazz Quintet Reflections on Ming Smith | *Waterbury*

November fit: Saturday, November 14, 3 to 5 p.m. A seated museum concert connects live music with a current photography exhibition.

Setting and access: Indoor. Confirm accessible seating, elevator route, restroom, and whether gallery viewing can be shortened.

Cost and sensory plan: $10 non-member; $5 member. Live music may be loud. Request seating near an exit and ask about amplification before booking.

Location: Mattatuck Museum, 144 West Main Street, Waterbury | Phone: 203-753-0381 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

3. Eli Whitney Museum weekend visit | *Hamden*

November fit: Saturdays and Sundays, 10 a.m. to 3 p.m.; closed Thanksgiving Day. Free industrial-history displays and hands-on design exhibits create a flexible indoor outing.

Setting and access: Mixed. Official information says indoor and outdoor facilities have ramps; contact the museum two days ahead for accommodations.

Cost and sensory plan: Free. Hands-on areas may be active. Arrive at opening and ask whether a workshop group is expected.

Location: 915 Whitney Avenue, Hamden | Phone: 203-777-1833 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

4. Yale Global Table with Asma Khan | *New Haven*

November fit: Tuesday, November 3, 6 to 8 p.m.; registration required. A free seated conversation and tasting offers a special November cultural program.

Setting and access: Indoor. Confirm wheelchair route to The Underground, accessible seating, restroom, dietary information, and companion registration.

Cost and sensory plan: Free with registration. A tasting event may be busy and aromatic. Ask about attendance, amplified sound, and seating before registering.

Location: Yale Schwarzman Center, 168 Grove Street, New Haven | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

5. Yale University Art Gallery focused visit | *New Haven*

November fit: Open on posted November days; check Thanksgiving closure. Free collections allow a caregiver to choose one floor or theme and keep the visit short.

Setting and access: Indoor. Confirm accessible entrance, elevators, wheelchairs, portable stools, seating, and group policy.

Cost and sensory plan: Free. Weekday opening hours are usually preferable; avoid tours, school groups, and special-event evenings.

Location: 1111 Chapel Street, New Haven | Phone: 203-432-0600 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

6. Yale Center for British Art | *New Haven*

November fit: Open on posted November days; check holiday schedule. Free galleries and plentiful visual focus make a calm indoor option when visited selectively.

Setting and access: Indoor. Confirm accessible entrance, elevators, wheelchairs, seating, and large-print or audio resources.

Cost and sensory plan: Free. Go at opening on a weekday and choose one gallery floor; avoid public-talk times.

Location: 1080 Chapel Street, New Haven | Phone: 203-432-2800 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

7. Yale Peabody Museum | *New Haven*

November fit: Open in November except posted holiday closures. Free natural-history galleries offer strong indoor interest and can be limited to one exhibition.

Setting and access: Indoor. Confirm accessible entrance, elevators, wheelchairs, seating, restroom, and closest drop-off.

Cost and sensory plan: Free general admission; special programs may require tickets. Often busy and family-oriented. Choose a non-holiday weekday at opening and avoid school-vacation days.

Location: 170 Whitney Avenue, New Haven | Phone: 203-432-8987 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

8. Blessed Michael McGivney Pilgrimage Center | *New Haven*

November fit: Check November hours and Thanksgiving closure. A free, compact museum near Union Station offers a weather-proof history and art visit.

Setting and access: Indoor. Confirm step-free entrance, elevator route, seating, accessible restroom, and nearby accessible parking.

Cost and sensory plan: Free. Weekday mornings outside tour times should be quieter; religious content should match the client's preferences.

Location: 1 State Street, New Haven | Phone: 203-865-0400 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

9. PEZ Visitor Center | *Orange*

November fit: Open on posted November days; verify holiday hours. The compact factory-history and memorabilia displays can be covered in a short indoor visit.

Setting and access: Indoor. Confirm step-free entrance, aisle widths, seating, restroom, and accessible parking.

Cost and sensory plan: Low-cost ticket; confirm current senior price and caregiver policy. Colorful displays and family traffic can be stimulating. Go at weekday opening and avoid school holidays.

Location: 35 Prindle Hill Road, Orange | Phone: 203-298-0201 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

10. New Haven Museum | *New Haven*

November fit: Open on posted November days; verify Thanksgiving schedule. Local history galleries provide a manageable indoor backup with elevator access to select areas to be confirmed.

Setting and access: Indoor. Confirm accessible entrance, elevator coverage, seating, restroom, and parking before arrival.

Cost and sensory plan: Confirm admission and senior rate. Choose a weekday opening hour and ask about school groups or public programs.

Location: 114 Whitney Avenue, New Haven | Phone: 203-562-4183 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.