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Connecticut Caregiver Outing Guide

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10 practical community outings in New London County

A fun day out, made simple

Enjoy a welcoming outing with caregiver, friends, and up to 2 residents.

Choose an adventure, share the experience, and let ElderCrew help you get started.

County quick index

New London County

Planning note

November in Connecticut can bring colder mornings, rain, wind, shorter days, and occasional frost or snow. Dress in warm layers, check weather forecasts and venue hours, allow extra travel time for changing road conditions, and pair every weather-sensitive outing with a nearby indoor backup. Quiet-time suggestions in this guide are caregiver planning strategies unless a venue-specific sensory resource is explicitly identified.

New London County

Ten November choices selected for realistic caregiver pacing. Weather-sensitive, high-stimulation, or limited-schedule options are identified directly.

1. Free First Saturday at Lyman Allyn Art Museum | *New London*

November fit: Saturday, November 7; confirm program hours. Free admission makes current art exhibitions an affordable, weather-proof outing.

Setting and access: Indoor. The state tourism listing identifies the museum as ADA compliant. Confirm wheelchairs, seating, elevator route, and construction impacts on grounds.

Cost and sensory plan: Free on November 7. Free days may be busy. Arrive at opening and use a one-gallery plan.

Location: 625 Williams Street, New London | Phone: 860-443-2545 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

2. We Live Here exhibition at the Garde Gallery | *New London*

November fit: Through December 18; Tuesday-Friday 3 to 7 p.m., Saturday noon to 4 p.m.; closed November 24-28. The free housing-history exhibition supports a short indoor visit with current local relevance.

Setting and access: Indoor. Confirm step-free gallery entrance, seating, accessible restroom, and nearby parking/drop-off.

Cost and sensory plan: Free. Choose a Tuesday or Wednesday at 3 p.m. and avoid performance arrival times.

Location: 305 State Street, New London | Phone: 860-444-7373 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

3. GNACC Holiday Bazaar | *Norwich*

November fit: Saturday, November 28, 9 a.m. to 2 p.m. A daytime seasonal market offers local crafts and a clear, short visit window.

Setting and access: Indoor. Confirm accessible entrance, parking, aisle width, seating, and restroom at the event site.

Cost and sensory plan: Admission not listed; confirm. Purchases optional. Likely busy and visually dense. Arrive at 9 a.m., set a short route, and leave before midday crowds.

Location: 10 Laura Boulevard, Norwich | Phone: 860-887-1647 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

4. Norwich Stories of the American Revolution | *Norwich*

November fit: On view through December 31; confirm November museum hours. A current local-history exhibition in the Slater Memorial Museum gives a focused indoor destination.

Setting and access: Indoor. Confirm accessible entrance, elevator/lift coverage, seating, restroom, and campus parking.

Cost and sensory plan: Confirm museum admission and senior rate. Visit during a weekday public hour and avoid school-group periods.

Location: 108 Crescent Street, Norwich | Phone: 860-425-5563 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

5. JIBBOOM Club at the Custom House | *New London*

November fit: Monthly through December 15; confirm the November date and time. A recurring maritime discussion provides a seated community program for adults.

Setting and access: Indoor. Confirm entrance accessibility, seating, restroom, and parking in the historic building.

Cost and sensory plan: Confirm admission or donation. Conversation-based and potentially social; ask about attendance and amplification.

Location: 150 Bank Street, New London | Phone: 860-447-2501 | Official or authoritative source

Call ahead: Call the museum for the exact November JIBBOOM date, fee, topic, and access route.

6. Submarine Force Museum | *Groton*

November fit: Open on posted November days; check Veterans Day and Thanksgiving schedules. Free indoor exhibits and the option to skip the submarine itself make this a strong weather backup.

Setting and access: Indoor. The museum building is accessible; the historic submarine has constrained passages. Plan a museum-only route unless the venue confirms suitability.

Cost and sensory plan: Free. Weekday mornings are preferable; avoid Veterans Day ceremonies and school groups if low stimulation is needed.

Location: 1 Crystal Lake Road, Groton | Phone: 800-343-0079 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

7. Mashantucket Pequot Museum | *Mashantucket*

November fit: Open on posted November days; verify winter and holiday schedule. Large indoor galleries, films, and seating allow a full-day venue to be reduced to one selected area.

Setting and access: Indoor. Confirm elevators, loaner wheelchairs, seating, accessible parking/drop-off, companion policy, and shortest route.

Cost and sensory plan: Ticketed; ask about senior admission, caregiver policy, and discounts. Immersive audio and darkened exhibits may be intense. Ask staff for a low-sensory route and visit at opening.

Location: 110 Pequot Trail, Mashantucket | Phone: 800-411-9671 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

8. Denison Pequotsepos Nature Center | *Mystic*

November fit: Open on posted November days; outdoor trails weather dependent. Indoor animal and nature exhibits offer a compact option, with grounds added only if conditions and mobility permit.

Setting and access: Mixed. Confirm step-free entrance, seating, restroom, and which short outdoor surfaces are firm and level.

Cost and sensory plan: Low-cost admission; confirm senior price. Animal areas and family programs may be lively. Visit at opening on a non-program weekday.

Location: 109 Pequotsepos Road, Mystic | Phone: 860-536-1216 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

9. Mystic Seaport indoor galleries | *Mystic*

November fit: Open in November; confirm seasonal building access and Thanksgiving hours. Caregivers can choose one indoor exhibition rather than attempting the full outdoor campus.

Setting and access: Mixed. Historic vessels and buildings vary in access. Request an accessible route map, wheelchair information, seating, and weather backup.

Cost and sensory plan: Ticketed and relatively expensive; check senior price, library passes, and discounts. Go at opening on a weekday and avoid holiday programming. Wind and cold affect movement between buildings.

Location: 75 Greenmanville Avenue, Mystic | Phone: 860-572-0711 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.

10. Patchwork Connecticut Artists Consider 250 | *Old Lyme*

November fit: Through Sunday, November 8. The final exhibition week provides a timely indoor art outing before the show closes.

Setting and access: Indoor. Confirm accessible parking, entrance, elevators, seating, and restroom. Skip the outdoor faerie trail unless mobility and weather permit.

Cost and sensory plan: Museum admission applies; ask about senior and caregiver rates. Choose a weekday morning after the outdoor faerie event ends November 1 for a potentially calmer visit.

Location: Florence Griswold Museum, 96 Lyme Street, Old Lyme | Phone: 860-434-5542 | Official or authoritative source

Call ahead: Confirm current hours, access route, restroom availability, and any reservation needs before leaving.