



# Mornington Peninsula Self Care Weekend

**22-24 August 2025**

Join me for a blissful Self-Care Weekend on the stunning Mornington Peninsula. This is your chance to unwind, recharge, and connect with an incredible group of women in a warm, welcoming space.

## What is included?

- ✓ Me, as your host for the whole weekend
- ✓ Alba Thermal Hot Springs
- ✓ Massage tasters to melt the stress away
- ✓ Women's circle
- ✓ Yoga session
- ✓ Cocktail hour and grazing platter lunch
- ✓ Yoga & mindfulness to nourish your body and soul
- ✓ All meals
- ✓ Comfortable private house accommodation, with a pool, spa and plenty of space to enjoy
- ✓ Relaxation & connection



**Unwind**



**Relax**



**Connect**

## PRICING

**\$745\*** per person

\* Price is based on twin-share accommodation. We can match you with someone if you are coming solo.

\*\* Single rooms available upon request, with supplement payable

