



Unwind



Relax



Connect

# Mornington Peninsula Self Care Weekend

Join me for a blissful Self-Care Weekend on the stunning Mornington Peninsula. This is your chance to unwind, recharge, and connect with an incredible group of women in a warm, welcoming space.

## What is included?

- Me, as your host for the whole weekend
- Alba Thermal Hot Springs
- Massage tasters to melt the stress away
- Women's circle
- Yoga session
- Cocktail hour and grazing platter lunch
- Yoga & mindfulness to nourish your body and soul
- All meals
- Comfortable private house accommodation, with a pool, spa and plenty of space to enjoy
- Relaxation & connection

## PRICING

**\$895\*** per person

\* Price is based on twin-share accommodation. We can match you with someone if you are coming solo.  
\*\* Single rooms available upon request, with supplement payable