**This Morning’s Message:**

**Arrested Development: “Milk and Meat”**

**March 3rd, 2024**

*We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God’s word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. 14 But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. (Hebrews 5:11-14 NIV)*

* **3 Warning Signs of Arrested Development:**

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_ that do not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the Word.**

*“We have much to say about this, but it is hard to make clear to you because you no longer try to understand.” (Hebrews 5:11 NIV)*

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that do not \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the Word.**

“In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God’s word all over again.” (Hebrews 5:12)

*“Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have.” (1 Peter 3:15 NIV)*

1. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that do not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the Word.**

*“You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.” (Hebrews 5:12-13 NIV)*

**“Spiritual Milk”**

* **6 Basic understandings Christians Need to Know**
* **The Basics About Salvation**

1. **Repentance from acts that lead to death (sin)**
2. **Faith in God**

* **The Basics of the Church**

1. **Baptism**
2. **Laying of Hands**

* **Basics of the Afterlife**

1. **Resurrection of the Dead**
2. **Eternal Judgment**

**“Spiritual Meat”**

*“But solid food (or meat) is for the mature, who by constant use have trained themselves to distinguish good from evil.” (Hebrews 5:14 NIV)*

*“Do not merely listen to the word, and so deceive yourselves. Do what it says.” (James 1:22 NIV)*

*“Anyone, then, who know the good he out to do and does not do it, sins.” (James 4:17 NIV)*