

Club Codes Of Conduct

We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, and families associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with Sally Brownhill thebrownhills94@gmail.com and Helen Humphreys hjhumphreys@aol.com (nominated Welfare Officers).

As a member of Charlotte Carr School of Gymnastics, you are expected to abide by the following club rules:

Members

- All members must participate within the rules and respect coaches, judges and their decisions.
- All members must respect opponents and fellow club members.
- Members should keep to agreed timings for training and competitions. No gymnast will be let in 15 minutes after their class has started as they will have missed the warm up.
- Members must wear suitable attire for training and events as agreed with the Head Coach. No dresses or skirts should be worn for any sessions.
- Keep all long hair tied back. Remove all body jewelry and shouldn't wear false nails. Any new piercings that cannot be removed should be taped over before attending your session.
- Members must pay any fees for training or events promptly.
- Members should treat all equipment with respect.
- Members must inform the Head Coach of any injuries or illness they may have before the warmup begins.
- Members should not eat or chew gum during a session.
- Members must not use bad language.
- Members should remain with coaches at the end of a session until collected by their parent or guardian.
- Members should not attend their class if they have been unwell and absent from school that day or have had sickness and or diarrhea within 48 hours. Our Head Coach reserves the right to send any gymnast home that we deem to be unwell to participate in their session.

Code of Conduct for Parents, Guardians and Families

As the primary mentors for young children, the conduct exhibited by parents, guardians and families is the first stage in strong moral and ethical development. To create excellent participants in the sport you should:

- Encourage your child to learn the rules and participate within them.
- Refrain from and discourage your child from challenging or arguing with coaches and officials.
- Publicly accept official judgements.
- Help your child to recognise good performance, not just results.
- Set a good example by recognising good sportsmanship and applauding the performances of all.
- Never force your child to take part in sport.
- Always ensure your child is dressed appropriately for the activity and has plenty to drink during their session.
- Keep the club informed if your child is ill or unable to attend sessions and not send your child to their session if they have been too unwell to attend school or have had sickness and or diarrhea in the 48 hours prior to their session.
- Never contact other clubs regarding competitions timings, scores or any other information. All enquires of this nature should go through our Center Manager.
- Endeavour to establish good communications with the club, coaches and officials for the benefit of all.
- Share any concerns or complaints about any aspect of the club through the approved channels. Negative, disrespectful or slanderous comments about the club, our staff, athletes or other families, whether in person, in writing or online will not be tolerated. Such behavior undermines the positive environment we strive to maintain and may result in your child losing their place at the club.
- Always use correct and proper language at all times.
- Never punish or belittle a child for poor performance or making mistakes.
- Always bring your child on time to their session, gymnasts will not be let in 15 mins after the session has started. Please collect your child promptly at the end of a session, please see Ts and Cs for information on late fees.

- Support your child's involvement and help them to enjoy their sport.
- Set a good example to your child by always speaking positively about other gymnasts and other gymnastic clubs.
- Parents and family members wishing to stay and watch their gymnasts session must stay for the entire session and should never unlock/open the front door.

Code of Conduct for Coaches, Officials and Volunteers

The essence of good ethical conduct and practice is summarized below. All Coaches, Officials and Volunteers must:

- Consider the well-being and safety of participants before the development of performance.
- Develop an appropriate working relationship with performers based on mutual trust and respect.
- Hold the appropriate, valid qualifications and insurance cover.
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitably prepared, both physically and mentally, when learning new skills.
- Display consistently high standards of behavior and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities.
- Ensure mobile phones are turned off during training times.
- Never consume alcohol immediately before or during training or events.
- Obtain prior agreement from the parent/guardian of performers before transporting them anywhere (training/competitions). Transporting gymnasts must be done so within the rules as set out by British Gymnastics
- Never have performers stay overnight at your home.
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the B.G. Child Protection procedures.
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned.
- Promote the positive aspects of the sport (e.g. fair play).
- Encourage performers to value their performances and not just results.

- Never contact gymnasts or their family through any social media platforms or any other form of communication such as texting. Any friend requests should be reported to our Head Coach.
- Never unlocked the front door unless acting in a Head or Lead Coach role.
- Follow all guidelines laid down by British Gymnastics and C C Gymnastics.

Reviewed by L Medlam, Head Coach and Center Manager, September 2025