Behavioural Controls and Hygiene

Simple Steps to stop the Spread

There are some simple steps in the workplace to help stop the spread of COVID-19.

Screen for risks of potential exposure before entering site

Stay at home if you feel sick

Wash hands regularly

Use hand sanitiser provided

Cough or sneeze into your elbow

Place rubbish in bins provided

Use appropriate PPE

Don't touch your face

Conduct regular toolbox meetings to share information (observe physical distancing)

Maintaining shared spaces and equipment

Recommended controls minimise the risk of spreading COVID-19 on work sites.

Clean tools before and after use

Clean frequently touched surfaces
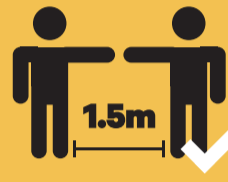
Eat at designated locations every day

Clean plant and equipment after use

Clean work vehicles regularly

Physical distancing

Guidelines for maintaining distancing between workers to minimise the spread of COVID-19. Remember to keep 1.5 metres away from others as much as possible, and where safe to do so.

1.5m

Keep your distance

Stagger start and finish times

Stagger lunch times

Self-Isolation

Advice for workers with or without symptoms of infection, who are isolating themselves due to potential exposure to COVID-19.

If you have symptoms ⬇

Stay at home, and away from others

Notify your employer

Ring the COVID Helpline 1800 675 398

Seek medical advice

Return to work after clearance from a doctor

If no symptoms ⬇

Stay at home

Notify your employer

14 DAYS

Return to work after 14 days if no symptoms develop