



## Speaker Meeting Format

### Before the Meeting:

- Ask someone to read “**How It Works**” pg. 58-60 from *their* Big Book

### Beginning the Meeting:

#### ***Mute All upon entry***

My name is \_\_\_\_\_ and I am an alcoholic. Welcome to AA Unity in Recovery’s Friday night speaker meeting.

**Open** – This is an **open meeting** of Alcoholics Anonymous. Open meetings are available to anyone interested in the Alcoholics Anonymous program of recovery from alcoholism. Non-alcoholics may attend and observe open meetings.

**THE AA PREAMBLE:** Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for AA membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution, does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

To remind us why we are here, please join me in a moment of silent meditation –each in your own way– followed by the Serenity Prayer.

God grant me the serenity to accept the things I cannot change  
The courage to change the things I can  
and the wisdom to know the difference

I have asked \_\_\_\_\_ to read “**How It Works**” from page 58 of the Big Book.

A.A.'s 7<sup>th</sup> Tradition states that we are self-supporting. Please consider an online contribution to help us meet our expenses.

1. Visit <https://aaunityinrecovery.org>
2. Click on the contributions link at the top of the Page
3. All contributions above our prudent reserve are sent to On- Line Intergroup of Alcoholics Anonymous and the General Service Office.

Out of respect for our speaker and to protect our meeting the *Chat* function will be locked during the meeting, however you can Chat with the Host or Co-host if necessary.

### **Introduce the Speaker**

**Ending the meeting:** Thank the speaker for sharing their experience, strength, and hope.

**AT 7:55 READ:** If you have questions, wish to make a 7th tradition contribution, are willing to be of service by chairing or co-hosting a meeting, or need proof of attendance, please visit our website at <https://aaunityinrecovery.org>. If you are willing to chair or co-host a meeting you must have 6 months of continuous sobriety.

It is now time for us to celebrate increments of sobriety: Please raise your hand in the participants box or in the reaction section if you are celebrating 30 days, 60 days, 90 days, 6 months, or 9 months of sobriety. Does anyone have an annual birthday we can celebrate with you? Would anyone like a desire chip to symbolize a desire to stay sober for one day at a time? Please visit our website and click on chip request if you are celebrating. We would love to send you a chip.

### **STATE:**

AA Unity in recovery meets at 7:00 pm CST Monday and Wednesday for a Discussion Meeting and Friday for Open Speaker Meeting. We also meet Sunday at 10:00 am CST for our Spiritual Meeting.

Chairpersons and cohosts are scheduled in advance to ensure our meetings will be held. A monthly commitment is each Monday, Wednesday, Friday, or Sunday in a month, and training is provided. Please visit our website and fill out the Be of Service

form. Our Group Conscience meeting is held the 3rd Sunday of February, May, August, and November directly after the close of the 10am Spiritual Meeting.

Anonymity is the spiritual foundation of all our traditions ever reminding us to place principles before personalities. Our channel will be open for newcomers and AA fellowship after the close of the meeting. On Group Conscience Meeting days, we will open fellowship for 5 minutes until the start of the Group Conscience Meeting.

**Let's close with the AA Responsibility Statement.**

**I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.**